## Course Name:
KNPE 333/3.0  
Physical Activity for Persons with Disabilities

## Course Instructor:
Ms. Kathy Jackson

## Contact Hours:
- Lectures: 2 x 1.5 hrs/wk / 12 weeks
- Labs: 2 x 2 hrs / 6 weeks

## Prerequisite:
(KNPE 237/3.0 and Level 3 or above in a KINE or PHED plan) or (Level 3 or above in a HLTH MAJ or MED Plan and HLTH 336/3.0 or HLTH 436.)

## Exclusion:
PHED 333/3.0, PPHE 333/3.0

### Course Description:
The focus of this course is on the issues and concerns of individuals with disabilities and the influence of such issues on one’s successful participation in physical activity, including sport, recreation and fitness. Students will be introduced to fundamental principles such as inclusion, accessibility, barriers, empowerment and advocacy; to the most common disabilities, and to recreational and competitive sport opportunities for persons with disabilities. Methods and strategies for planning inclusive, adapted and individualized programs will receive considerable attention throughout the course.

### Course Objectives:
- To heighten awareness and improve understanding of persons with disabilities
- To examine the physical activity and recreational needs of individuals with disabilities
- To provide students with information and strategies to understand how to plan inclusive physical activity programs
- To encourage students to explore their personal attitudes towards persons with disabilities and to analyse the prevailing attitudes that exist within society today
- To introduce students to some of the resources and organizations associated with the provision of physical activity-based programs and services for persons with disabilities
- To prepare PHE students to complete a community-based placement in PACT 333

### Course Texts:
KNPE 333/3.0 Course Manual.  

### Course Evaluation:
- Midterm: 25%
- Final Exam: 35%
- Disability Assignment & Presentation: 25%
- Wheelchair-for-a-Day Reflection Assignment: 10%
- Random Commentary Assignments: 5%
<table>
<thead>
<tr>
<th>Course Outline</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Introduction</td>
</tr>
<tr>
<td>Overview of Disability and Adapted Physical Activity; Treatment of Persons with Disabilities</td>
</tr>
<tr>
<td>Inclusion</td>
</tr>
<tr>
<td>Accessibility and Barriers</td>
</tr>
<tr>
<td>Wheelchair-for-a-Day Assignment</td>
</tr>
<tr>
<td>Introduction to Disability Sport</td>
</tr>
<tr>
<td>Disability Sport - Paralympics</td>
</tr>
<tr>
<td>Special Olympics</td>
</tr>
<tr>
<td>Deaf Sport</td>
</tr>
</tbody>
</table>