## Course Name:
**KNPE 463 A&B/6.0**
Community-Based Physical Activity Promotion

## Course Instructor:
Dr. Lucie Lévesque

## Contact Hours:
Classes will be held in 18 out of 24 weeks to allow for practicum work in community.

## Prerequisite:
- KNPE 265/3.0 or PHED 165/3.0) and a GPA of 2.9 in all KNPE courses.
- Level 4 in a KINE or PHED plan.

## Exclusion:
PHED 463/3.0, KINE 463/3.0

## Course Description:
Program planning and evaluation for the promotion of physical activity in the community, workplace, school, and health care settings. This course uses a combination of lecture, group discussions, and community-based activities to prepare students with the skills and philosophies used in promoting physical activity involvement in community. Linkage with community-based organizations and groups adds a service-learning dimension to the course.

## Course Texts:
All course materials are available through library holdings or on public access websites.

## Course Objectives:
- Understand the importance of settings to physical activity involvement.
- Understand the importance of social determinants to physical activity involvement.
- Identify current programs and strategies to promote physical activity involvement in Canada, Ontario, and Kingston.
- Understand key concepts and implications in promoting physical activity involvement from an ecological approach.
- Identify sources and resources to construct an organizational / community profile
- Understand ethical issues in promoting community physical activity involvement, including the need for developing authentic partnerships with organizations and communities.

## Course Evaluation:
- Seminar Participation (individual) 20%
- Seminar Moderation (pairs) 15%
- Community Profile 5%
- Brief Literature Review 10%
- Placement Report Participation 15%
- Written Report 35%
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