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<tr>
<th>Course Name: Knpe 491/3.0</th>
<th>Course Coordinator: Mr. Robert Watering</th>
<th>Contact Hours: Independent study and meetings with supervisor (by individual contact)</th>
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<td>Special Project in Physical Education or Kinesiology</td>
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**Prerequisite:**
- 4th year standing in BPHEH or BSCH KINE program
- Permission of the Course Coordinator and Department Manager and Undergraduate Chair in the School of Kinesiology and Health Studies.

**Exclusion:**
PHED 491/3.0

**Course Description:**
This is an independent project in an area of specialization in Physical Education or Kinesiology. The independent project has an applied aspect versus exclusively a review of literature as in KNPE 456/3.0. Students will conduct a research study or develop an applied project with a wide variety of options available in terms of the design of the study. Students must arrange for a faculty advisor approved by the School of Kinesiology and Health Studies to oversee their project.

**Course Texts:**
N/A

**Course Objectives:**
- To allow students to pursue a topic of interest at an advanced level in an area relevant to physical education or kinesiology.
- To gain experience researching a topic in depth.
- To implement a project that involves the application of theoretical knowledge.
- To engage in an intensive study of the particular topic or question and pursue self-directed study under the supervision of a faculty advisor.
- To present work in the related disciplinary format with technical competence.

**Course Evaluation:**
The written presentation is evaluated by the student's faculty advisor.

Evaluation of the project is pre-determined through a contractual arrangement between the faculty supervisor and student.

Ethics approval if appropriate.

- **Applied Project** – a project that involves some practical component and/or the development of a program or resource for an existing or proposed organization, group, school, etc. Examples include developing a workshop, teaching manual, or program; preparing a promotional resource; conducting focus groups; etc. Often an applied project involves the completion of a community-based apprenticeship or volunteer hours.

- **Research Project** – this is a project that involves conducting research in any area related to health enhancement and disease prevention. The primary difference between this research-based half credit project and the full credits HLTH 595/6.0 or KNPE 595/6.0, is the magnitude of the study.