



# 2024-25 Draft Timetable

*Students are reminded that this document is subject to change. Please consult the [SKHS Registration website](#) to ensure that you are working with the latest version (see date in footer of this Draft Timetable).*

*Please note that information is subject to change until the start of classes.*

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## HLTH Courses

<a href="#">HLTH 101/3.0</a>	Social Determinants of Health	Fall Term St. Amant, N.
Comment		
Prerequisite		
Exclusion		
This course leads to:	HLTH 205/3.0, HLTH 235/3.0, HLTH 305/3.0, HLTH 334/3.0, HLTH 350/3.0, HLTH 351/3.0	
Enrolment Limit	676	
Before Open Enrolment	ASC – Level 1 only. KINE students are pre-registered into this course.	
After Open Enrolment	No restrictions	

<a href="#">HLTH 101/3.0</a>	Social Determinants of Health	Winter term (Online-ASO) Oncil, G.
This course leads to:	HLTH 205/3.0, HLTH 235/3.0, HLTH 305/3.0, HLTH 334/3.0, HLTH 350/3.0, HLTH 351/3.0	
Enrolment Limit	300	
Before <b>January 6, 2025</b>	Reserves in place for distance studies students (n = TBC by ASO)	
After <b>January 6, 2025</b>	No restrictions	

<a href="#">HLTH 102/3.0</a>	Personal Health and Wellness	Fall Term (ASO Online) Lim, H.
Exclusion	IDIS 199	
One-Way Exclusion	May not be taken with or after 12.0 units in KNPE	
This course leads to:	HLTH 270/3.0	
Enrolment Limits	200	
Before Open Enrolment <b>Jan.6, 2025</b>	Reserves in place for distance studies students (n=TBC by ASO)	
Open Enrolment	All plans	

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<a href="#">HLTH 102/3.0</a>	Personal Health and Wellness	Winter Term Price, J.
Exclusion	IDIS 199	
One-Way Exclusion	May not be taken with or after 12.0 units in KNPE	
This course leads to:	HLTH 270/3.0	
Enrolment Limits	425	
Course Reserves <b>Before</b> Open Enrolment	ASC	YR1-4 HLTH Plans 10 seats
		First-year students 415 seats
Before Open Enrolment	HLTH students any level. All plans – Level 1 only <i>excluding</i> KIN	
Open Enrolment	All plans	

<a href="#">HLTH 200/3.0</a>	Physical Fitness & Exercise Programming	Fall Term Price, J.
Prerequisite	Level 2	
Exclusion		
One-Way Exclusion	May not be taken with or after KNPE 227/3.0 and KNPE 255/3.0 (KIN students may take this course in Fall term of second year prior to taking KNPE 227 & KNPE 255).	
This course leads to:	KNPE 336/3.0	
Enrolment Limits	170	
<b>Until July 27th at 9:00 am</b>	Restricted to students in HLTH Plans; or the Certificate of Disability and Physical Activity (DIPA) in Level 2.	
<b>July 27 at 9:00 am</b>	Restricted to students in HLTH Plans; or the Certificate of Disability and Physical Activity (DIPA) in Level 2 or above.	
Open Enrolment	All plans.	

<a href="#">HLTH 205/3.0</a>	Introduction to Health Promotion	Fall Term Kangmennaang, J.
Prerequisite	Level 2 or above and HLTH 101/3.0	
Exclusion		
This course leads to:	HLTH 315/3.0, HLTH 416/3.0, HLTH 445/3.0	
Enrolment Limits	136	
Before Open Enrolment	Restricted to students in HLTH Major, Joint Honours or Minor/General plan (Level 2 or above).	
Open Enrolment	All plans.	

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<a href="#">HLTH 205/3.0</a>	Introduction to Health Promotion	Winter Term (ASO-Online) Fergus, S.
Prerequisite	Level 2 or above and HLTH 101/3.0	
Exclusion		
This course leads to:	HLTH 315/3.0, HLTH 416/3.0, HLTH 445/3.0	
Enrolment Limits	250	
Before <b>January 6, 2025</b>	Reserves in place for distance students (n=TBC by ASO)	
After <b>January 6, 2025</b>	No restrictions	

<a href="#">HLTH 230/3.0</a>	Basic Human Nutrition	Fall Term Lalonde, J.
Prerequisite	Level 2	
Exclusion	NURS 100/3.0	
Recommendation	4U Biology	
This course leads to:	HLTH 331/3.0	
Enrolment Limits	250	
<b>Until July 27 at 9:00 am</b>	Restricted to students in HLTH, KINE (Level 2 only) and BHSc	
<b>July 27 at 9:00 am</b>	Restricted to students in HLTH, KINE (Level 2 or above) and BHSc.	
Open Enrolment	All plans.	

<a href="#">HLTH 230/3.0</a>	Basic Human Nutrition (Online)	Summer 2025 (TBC) Lalonde, J.
Prerequisite	Level 2	
Exclusion	NURS 100/3.0	
Recommendation	4U Biology	
This course leads to:	HLTH 331/3.0	
Enrolment Limits	250	
Before/After Open Enrolment	All Plans	225 seats
	Distance Studies students	25 seats

<a href="#">HLTH 235/3.0</a>	Food Systems	Not offered
Prerequisite	GNDS 120/3.0 or GPHY 101/3.0 or HLTH 101/3.0 or SOCY 122/6.0	
Exclusion		
This course leads to:		
Enrolment Limits	120	
Before Open Enrolment	Restricted to students in HLTH or KINE plan (Level 2 or above).	
Open Enrolment	All plans.	

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<a href="#">HLTH 237/3.0</a>	An Introduction to Drugs, Drug Use and Drug Dependence	Winter term Fergus, S.
Prerequisite	PSYC 100/6.0	
Exclusion		
This course leads to:	HLTH 437/3.0	
Enrolment Limit	200	
Until July 27 at 9:00 am	Restricted to students in HLTH or KINE Plan (Level 2 only)	
July 27 at 9:00 am	Restricted to students in HLTH or KINE Plan (Level 2 or above).	
Open Enrolment	All plans.	

<a href="#">HLTH 252/3.0</a>	Introduction to Research Methods	Winter Term Wilson, S.
Prerequisite	Level 2 or above and registration in KINE or HLTH plan	
Corequisite	3.0 units from STAT 263/3.0; STAT 267/3.0; STAT 367/3.0; COMM 162/3.0; ECON 250/3.0; PSYC 202/3.0; SOCY 211/3.0; BIOL 243/3.0; CHEE 209/3.0; GPHY247/3.0; KNPE 251/3.0; POLS 285/3.0; NURS 323/3.0.	
Exclusion	BMED 270/3.0;	
One-Way Exclusion	May not be taken with or after PSYC 203/3.0	
Exclusion Note	BMED 270 may not substitute for HLTH 252 in HLTH or KIN degree plans.	
This course leads to:	HLTH 323/3.0, HLTH 352/3.0, KNPE 352/3.0, HLTH 416/3.0	
Recommended for:	HLTH 595/6.0, KNPE 595/6.0	
Enrolment Limit	265	
Before Open Enrolment	HLTH (Major or Joint Honours) or KINE Plan – Level 2 or above.	
Open Enrolment	HLTH Plans (Minor, Major, Joint Honours) or KINE Plan – Level 2 or above.	

<a href="#">HLTH 270/3.0</a>	Movement Behaviours and Health	Not offered
Note:		
Prerequisite	HLTH 102/3.0	
Exclusion	One way: May not be taken with or after KNPE 255/3.0	
This course leads to:	KNPE 337/3.0,	
Enrolment Limits	95	
Until July 27 <sup>th</sup> at 9:00 am	Restricted to students in HLTH (Level 2 only).	
July at 27 <sup>th</sup> 9:00 am	Restricted to students in HLTH (Level 2 or above).	
Open Enrolment	All plans.	

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<a href="#">HLTH 300/3.0</a>	Community-Based Practicum	Winter Term Shorey, M.
Comments	<p>Students must have applied successfully to the <i>Community-Based Practicum</i> in March (deadlines posted in UG News early in Winter Term).</p> <p>See: <a href="#">Community-Based Practicum</a> website for more details.</p> <ul style="list-style-type: none"> <li>• Course consists of pre-internship workshops, weekly seminars, and a community-based practicum (84 practicum hours).</li> <li>• It is the responsibility of the student to seek, apply and arrange placements with assistance from the Instructor.</li> <li>• Course cannot be added or dropped online.</li> <li>• Students who are accepted to HLTH 300 will be added to the course by the SKHS.</li> <li>• Students must submit a request in writing to SKHS UG Office to drop this course.</li> <li>• Transportation and other costs directly related to the student placement (e.g., Criminal Checks, if required) are the responsibility of the student.</li> </ul>	
Prerequisite	<p>A minimum cumulative GPA of 1.90. Level 3 or above in a HLTH (Major or Joint Honours) Plan. Requires permission of the SKHS Student Experience Coordinator and SKHS UG Chair.</p>	
Exclusion	KNPE 300/3.0; KNPE 330/3.0; KNPE 346/4.5	
This course leads to:		
Enrolment Limits	10	
Before/After Open Enrolment	Restricted to students in HLTH (Major or Joint Honours), Level 3 or above.	

<a href="#">HLTH 305/3.0</a>	Fundamentals of Health Policy	Winter Term Majed, Z.
Prerequisite	Level 3 or above and HLTH 101/3.0.	
Corequisite		
Exclusion		
This course leads to:		
Enrolment Limits	170	
Until July 26th at 9:00 am	Restricted to students in HLTH, Level 3 or above.	
July 26 at 9:00 am	Restricted to students in HLTH or KINE Plan – Level 3 or above.	
Open Enrolment	Level 3 or above.	

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<a href="#">HLTH 315/3.0</a>	Theory and Practice of Health Behaviour Change	Fall Term Latimer-Cheung, A.
Prerequisite	Level 3 in a HLTH Plan, KINE Specialization or DIPA certificate.	
Exclusion		
This course leads to:	HLTH 416/3.0; HLTH 417/3.0; HLTH 435/3.0; KNPE 365/3.0, HLTH 445/3.0	
Recommended for:	KNPE 463/3.0.	
Enrolment Limits	170	
Before Open Enrolment	HLTH Major, Joint Honours or Minor and DIPA	
Open Enrolment	HLTH, KINE or registered in the Certificate of Disability and Physical Activity (DIPA).	

<a href="#">HLTH 323/3.0</a>	Epidemiology	Fall Term Janssen, I.
Prerequisite	(KNPE 251/3.0 or STAT_Options) and HLTH 252/3.0	
One-Way Exclusion	May not be taken with or after EPID 301/3.0.	
This course leads to:		
Enrolment Limits	130	
Before Open Enrolment	HLTH MAJ Plans – Level 3 or above.	
Open Enrolment	HLTH, KINE or LISC(H) and BCHM(H) Plans – Level 3 or above.	

<a href="#">HLTH 331/3.0</a>	Advanced Human Nutrition	Winter Term McGlory, C.
Prerequisite	HLTH 230/3.0 or NURS 100/3.0.	
This course leads to:	KNPE 449/3.0	
Enrolment Limits	170	
Before Open Enrolment	Restricted to students in HLTH or KINE Plan (Level 2 or above).	
Open Enrolment	All plans.	

<a href="#">HLTH 332/3.0</a>	Foundations for Understanding Disability: A Health Perspective	Fall Term Tomasone, J.
Comment	Prerequisite course for all upper-year, disability-related courses and an option course in the Certificate in Disability and Physical Activity (DIPA).	
Prerequisite	Level 3 or above.	
This course leads to:	KNPE 335/3.0; KNPE 336/3.0	
Enrolment Limits	170	
Before Open Enrolment	Restricted to students in HLTH, KINE Plan (Level 3 or above) or registration in the Certificate in Disability and Physical Activity (DIPA).	
Before/After Open Enrolment	All plans.	

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<a href="#">HLTH 333/3.0</a>	Contemporary Issues in Human Sexuality	Not offered
Prerequisite	Level 3 in a HLTH or KINE plan.	
This course leads to:	HLTH 430/3.0 (students in KIN plan); HLTH 434/3.0	
Enrolment Limits	84	Tutorials (3) 28 in each
Before/After Open Enrolment	Restricted to students in HLTH or KINE Plans (Level 3 or above).	

<a href="#">HLTH 334/3.0</a>	Health, Illness and Society	Fall Term Machado Altoe, I
Prerequisite	HLTH 101/3.0 or KNPE 167/3.0 or SOCY 122/6.0 Level 3 or above in a HLTH or KINE plan.	
Exclusion		
This course leads to:	HLTH 430/3.0; HLTH 434/3.0	
Enrolment Limits	84	Tutorials (3) 28 in each
Before Open Enrolment	Restricted to students in HLTH Major (Level 3 or above).	
Open Enrolment	Restricted to students in HLTH or KINE Plan (Level 3 or above).	

<a href="#">HLTH 350/3.0</a>	Topics in Global Health	Winter Term Bisung, E.
Prerequisite	HLTH 101 and Level 3 or above.	
Exclusion		
This course leads to:		
Enrolment Limits	90	
Before Open Enrolment	Restricted to students in HLTH or KINE plan (Level 3 or above).	
Open Enrolment	Level 3 or above.	

<a href="#">HLTH 351/3.0</a>	Health in Humanitarian Crises	Not Offered
Prerequisite	HLTH 101 and Level 3 or above. Course is also open to students registered at the BISC.	
Exclusion	HLTH 397/3.0 topic ID Health in Humanitarian Crises	
This course leads to:		
Enrolment Limits		
Before Open Enrolment	Restricted to students in HLTH or KINE Plan (Level 3 or above).	
Open Enrolment	Level 3 or above.	



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<a href="#">HLTH 352/3.0</a>	Research Skills Development Practicum	Fall-Winter Watering, R. (Coord.)
Comments	<p>Students must have applied successfully to the <i>Research Skills Development Practicum</i> in March.</p> <p>The seminar schedule is posted at the start of each term.</p> <p>Students complete minimum of 80 hours of research experience and attend seminars throughout school year.</p>	
Prerequisite	<p>Level 3 in a HLTH or KNPE 251/3.0</p> <p>Permission of the course coordinator or the SKHS UG Chair</p>	
Corequisite	HLTH 252/3.0	
Exclusion	KNPE 352/3.0	
This course leads to:	Recommended for HLTH 595/6.0	
Enrolment Limits	11	
Before/After Open Enrolment	Permission of the dept required	

HLTH 360/3.0	Globalization and Black Health	Not offered
Description	<p>Global interconnectedness and interdependence have contributed to improvements in the social determinants of health (SDH): the conditions in which people live, work and play, and their access to opportunities for healthy lives and wellbeing, however, it has also brought many health risks especially for marginalized populations. This course will examine economic, social, technological, and the political dimensions of globalization and how these impact the health and wellbeing of Black populations, identifying opportunities and risks.</p>	
Prerequisite	Level 3 in a HLTH or KINE Plan	
Exclusion		
This course leads to:		
Enrolment Limits	45	
Before/After Open Enrolment	Restricted to students in HLTH or KINE Plan (Level 3 or above).	

HLTH 397/3.0	Special Topic in Health Studies	Not offered
	Topic ID: Indigenous Health	
Description		
Archived Topic IDs	<p>Winter 2022</p> <p>Winter 2021</p> <p>Winter 2020</p> <p>Winter 2019</p>	<p>Globalization and Black Health</p> <p>Health in Humanitarian Crises (BISC)</p> <p>Global Health: Challenges in Non-Traditional Security (BISC)</p> <p>Health in Humanitarian Crises (BISC)</p>
Prerequisite	Level 3 in a HLTH or KINE Plan	
Enrolment Limits	90	
Before/After Open Enrolment	Restricted to students in HLTH or KINE Plan (Level 3 or above).	

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<a href="#">HLTH 404/3.0</a>	Global Studies of Social Inclusion, Community Participation and Mental Health	Not offered
Note	This course may be offered at the Bader College or main campus.	
Prerequisite	(Level 4 or above and a cumulative GPA of 1.90 or higher and HLTH 332/3.0) or permission of Bader College or the School of Kinesiology and Health Studies	
Before Open Enrolment	Level 4 in a KIN or HLTH Major; 5 seats for DIPA students	
After Open Enrolment	Level 4 or above and a cumulative GPA of 1.90 and HLTH 332/3.0	

HLTH 410/ 3.0	Environment and Health	Winter Term Atuoye, K.
Prerequisite	Level 4 in a HLTH Major, Joint Honours or KIN Plan	
Exclusion	HLTH 497 (Topic ID Environment and Health)	
This course leads to:		
Enrolment Limits	25	
Before Open Enrolment	Restricted to students in a HLTH Major (Level 4) or KIN Plan	
Open Enrolment	HLTH Joint Honours	

<a href="#">HLTH 416/ 3.0</a>	Program Planning and Evaluation	Fall Term Levesque, L.
Notes	In special circumstances, HLTH 315/3.0 may be taken concurrently with HLTH 416/3.0 in one's final year of the HLTH MAJ. Permission of the Undergraduate Chair ( <a href="mailto:skhs.ugchair@queensu.ca">skhs.ugchair@queensu.ca</a> ) in the School of Kinesiology and Health Studies is required.	
Prerequisite	Prerequisite Level 4 or above and registration in a HLTH Major or Joint Honours Plan or KINE Plan and ( <a href="#">HLTH 252</a> and <a href="#">HLTH 315</a> ).	
Exclusion	<i>HLTH 415/6.0</i>	
This course leads to:	HLTH 417/3.0	
Enrolment Limits	100	
Before Open Enrolment	Restricted to students in a HLTH Major (Level 4)	
Open Enrolment	HLTH Major or Joint Honours (Level 4 or above).	

<a href="#">HLTH 417/3.0</a>	Community-Based Programming and Evaluation	Winter Term Levesque, L.
<b>Registration deadline</b>	This course will close to new enrolments as of <b>DEC.1</b> as students will be assigned to their winter term project/community partner during fall term.	
Prerequisite	Prerequisite Level 4 or above and registration in a HLTH Major or Joint Honours or KINE Plan and ( <a href="#">HLTH 416</a> and a minimum cumulative GPA of a 2.70 or higher).	
Exclusion	<i>HLTH 415/6.0</i>	
This course leads to:		
Enrolment Limits	40	
Before	Restricted to students in a HLTH Major or KINE Plan (Level 4)	

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Open Enrolment	
Open Enrolment	HLTH Major or Joint Honours (Level 4 or above).

<a href="#">HLTH 430/3.0</a>	Critical Weight Studies	Fall Term Murphy, K.
Prerequisite	HLTH 333/3.0 or HLTH 334/3.0 and Level 3 or above in a KINE plan or HLTH Major/Joint Honours plan	
Enrolment Limits	25	
Before Open Enrolment	Restricted to students in HLTH Major, Joint Honours or KINE (Level 4)	
Open Enrolment	HLTH (Major or Joint Honours) or KINE plan (Level 3 or above)	

<a href="#">HLTH 434/3.0</a>	Social Movements in Health	Not offered
Prerequisite	Level 4 or above in HLTH Major, Joint Honours or KINE Specialization and (HLTH 333/3.0 or HLTH 334/3.0 or DEVS 355/3.0).	
Enrolment Limits	25	
Before Open Enrolment	Restricted to students in a HLTH Major or KINE (Level 4).	
Open Enrolment	Restricted to students in HLTH or KINE Plan (Level 3 or above).	

<a href="#">HLTH 435/3.0</a>	Seminar on HIV/AIDS Prevention	Not Offered
Prerequisite	HLTH 315/3.0 Level 4 or above in a HLTH (Major or Joint Honours) or KINE plan.	
Enrolment Limits	25	
Before Open Enrolment	Restricted to students in HLTH Major or Joint Honours Plans (Level 4).	
After Open Enrolment	Restricted to students in (HLTH Major or Joint Honours) or KINE Plan.	

<a href="#">HLTH 437/3.0</a>	Seminar on Harm Reduction	Fall Term Fergus, S.
Prerequisite	Level 4 in a HLTH (Major or Joint Honours) or KIN Plan and HLTH 237/3.0	
Exclusion	No more than 3.0 units from HLTH 437/3.0; HLTH 493/3.0 topic ID Harm Reductions	
This course leads to:		
Enrolment Limits	25	
Before/After Open Enrolment	Restricted to students in a HLTH (Major or Joint Honours) or KIN Plan (Level 4).	

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HLTH 440/3.0	Sedentary Behaviour (New Course)	Not offered
<b>Description</b>	Most people spend most of their waking hours sitting, an unhealthy behaviour that has worsened in recent years. Excessive sitting, or sedentary behaviour, is a very different behaviour than a lack of exercise as the physiology, health implications, and effective interventions and policies and quite different. This course will provide an in-depth exploration of sedentary behaviour. Students will learn about important sedentary behaviour terms and concepts, sedentary habits from an evolutionary perspective, sedentary behaviour physiology, the determinants of sedentary behaviour, the health effects of excessive sedentariness, and effective strategies for reducing sedentary time in different settings.	
Prerequisite	Level 4 in a HLTH (Major or Joint Honours) or KIN Plan	
Exclusion	HLTH 495/3.0 Topic ID Sedentary Behaviour	
This course leads to:		
Enrolment Limits	25	
Before/After Open Enrolment	Restricted to students in a HLTH (Major or Joint Honours) or KIN Plan (Level 4).	

<a href="#">HLTH 445/3.0</a>	Critical Health Promotion	Not offered
Prerequisite	Level 4 or above and registration in HLTH Major, Joint Honours or KINE Specialization and HLTH 252/3.0. Recommendation: HLTH 323/3.0	
Exclusion	HLTH 493 (Topic Title: Population Health - 2021/22)	
This course leads to:		
Enrolment Limits	25	
Before Open Enrolment	Restricted to students in Level 4 HLTH Major or KINE Plan.	
After Open Enrolment	Restricted to students in Level 4 of a (HLTH Major or Joint Honours) or KINE Plan.	

HLTH 455/3.0	Health and Built Environment	Not Offered
Prerequisite	Level 4 or above in a (HLTH, Major or Joint Honours) or KINE Plan.	
This course leads to:		
Enrolment Limits	25	
Before Open Enrolment	Restricted to students in Level 4 of a HLTH Major or KINE Plan.	
Open Enrolment	Restricted to students in Level 4 of a (HLTH Major or Joint Honours) or KINE Plan.	

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<a href="#">HLTH 456/3.0</a>	Survey of Research and Literature in Health Studies	Fall, Winter or FW UG Chair
Comments	<p>Students must arrange for this independent course by asking an individual professor if they are willing to supervise a student in 2022-23.</p> <p>Students can take complete this course in Fall Term, Winter Term or across both Fall and Winter Terms. Taking HLTH 456/3.0 across both terms is recommended if you do not think you can complete all of the work in Fall Term only. This will avoid an incomplete grade on your transcript for post-degree applications.</p> <p>Course can be dropped, but not added on-line.</p> <ul style="list-style-type: none"> <li>The SKHS UG Office registers students into this course. Students must submit the <a href="#">HLTH 456 Form</a> found on the SKHS <a href="#">Independent Courses</a> website.</li> </ul>	
Prerequisite	<p>Level 4 in a (HLTH Major or Joint Honours) or KINE plan.</p> <p>Requires permission of a supervisor and the SKHS UG Chair.</p>	
Exclusion		
This course leads to:		
Enrolment Limits	6 in each term.	
Before/After Open Enrolment	Restricted to students in (HLTH Major or Joint Honours) or KINE Plan (Level 4 or above).	

HLTH 460/3.0	Anti-Black Racism and Health (new course)	Fall Term Kangmennaang, J.
<b>Description</b>	<p>The course focuses on anti-Blackness experienced by global Black communities and the resistance of white supremacy and the associated health inequities. The fundamental goal of the course is to examine the realities of anti-Black racism from the transatlantic slave trade and colonization to historical and contemporary policies and practices that have negatively impacted the health of African descendants and their communities within Canada and in transnational contexts. To meet this goal the course is designed to examine the intersection of race/ethnicity and health from multiple analytic approaches and methodologies. The course will provide a strong understanding of Blackness and race as historically produced social constructs as well as how race interacts with other axes of diversity and social and commercial determinants to produce health outcomes.</p>	
Prerequisite	Level 4 or above in a HLTH (Major or Joint Honours) or KINE Plan.	
Exclusion	HLTH 495 Topic ID: Racism and Health	
Enrolment Limits	20	
Before Open Enrolment	Restricted to students in Level 4 of a HLTH Major or KINE Plan.	
Open Enrolment	Restricted to students in Level 4 of a (HLTH Major or Joint Honours) or KINE Plan.	

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<a href="#">HLTH 491/3.0</a>	Special Project in Health Studies	Fall, Winter or FW UG Chair
Comments	<p>Students must arrange for this independent course by asking an individual professor if they are willing to supervise a student.</p> <p>Students can take complete this course in Fall Term, Winter Term or across both Fall and Winter Terms. Taking HLTH 491/3.0 across both terms is recommended if you do not think you can complete all of the work in Fall Term only. This will avoid an incomplete grade on your transcript for post-degree applications.</p> <p>Course can be dropped, but not added on-line.</p> <ul style="list-style-type: none"> <li>The SKHS UG Office registers students into this course. Students must submit the <a href="#">HLTH 491 Form</a> found on the <a href="#">Independent Courses</a> website.</li> </ul>	
Prerequisite	Level 4 in a (HLTH Major or Joint Honours) or KINE plan. Requires permission of a supervisor and the SKHS UG Chair.	
Exclusion		
This course leads to:		
Enrolment Limits	6 in each term	
Before/After Open Enrolment	Restricted to students in (HLTH Major or Joint Honours) or KINE Plan (Level 4 or above).	

HLTH 493/3.0	Advanced Topics in Health Studies I Topic ID: Indigenous Food Sovereignty	Winter term QNS Hire
Comments	Included in the Socio-Cultural category of the KINE plan requirements.	
Description		
Archived Topic IDs	Fall 2022	Indigenous Resilience
	Winter 2020	Seminar on Harm Reduction as a Health Promotion Strategy (S. Fergus)
	Winter 2016	Seminar on Harm Reduction as a Health Promotion Strategy (S. Fergus)
Prerequisite	Level 4 in a HLTH (Major or Joint Honours) or KINE Plan.	
Exclusion		
Enrolment Limits	25 5 seats reserved for students in INDG Plan	
Before Open Enrolment	Restricted to students in HLTH Major or KINE Plans (Level 4 or above).	
After Open Enrolment	Restricted to students in (HLTH Major or Joint Honours) or KINE Plans (Level 4 or above).	

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<a href="#">HLTH 495/3.0</a>	Special Topics in Health Studies Topic ID: Critical Poverty Studies	Fall Term Halpenny, C.
Comments	Not offered on a regular basis	
Description		
Archived	Fall 2023: Critical Poverty Studies (C.Halpenny) Winter 2022: Racism & Health (J. Kangmennaang) Winter 2021 and 2022: Intersectional Justice: Sport, Health and the Environment (C. Szto) Fall 2019: Critical Issues in Gerontology (R. Stone)	
Prerequisite	Level 4 in a HLTH (Major or Joint Honours) or KINE Plan.	
Exclusion		
Enrolment Limits	25	
Before Open Enrolment	Restricted to students in HLTH Major or KINE Plan (Level 4 or above).	
After Open Enrolment	Restricted to students in (HLTH Major or Joint Honours) or KINE Plan (Level 4 or above).	

<a href="#">HLTH 495/3.0</a>	Special Topics in Health Studies Topic ID: Contextualizing Health	Winter Term Adams, M.L.
Description	What's going on in the world and what can we do to help change it?	
Archived	Fall 2023: Critical Poverty Studies (C.Halpenny) Winter 2022: Racism & Health (J. Kangmennaang) Winter 2021 and 2022: Intersectional Justice: Sport, Health and the Environment (C. Szto) Fall 2019: Critical Issues in Gerontology (R. Stone)	
Prerequisite	Level 4 in a HLTH (Major or Joint Honours) or KINE Plan.	
Exclusion		
Enrolment Limits	24	
Before Open Enrolment	Restricted to students in HLTH Major or KINE Plan (Level 4 or above).	
After Open Enrolment	Restricted to students in (HLTH Major or Joint Honours) or KINE Plan (Level 4 or above).	

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<a href="#">HLTH 497/3.0</a>	Special Topics in Health Studies Topic ID: Anxiety, Precarity and Social Change Full title: Anxious Times: Mental Health and Social Change in an Age of Precarity	Winter term King, S.
Comments	Not offered on a regular basis. Winter 2024 Topic ID: Ecological Embodiment (A.Reid)	
Description	Why are we so anxious and what can we do about it? This seminar explores the social and economic roots of anxiety as a subset of the broader mental health crisis. Our goal is to understand how systemic issues such as the cost of living, the climate crisis, war and genocide, healthcare collapse, social media culture, and academic competitiveness manifest physically and emotionally, in ways that feel individual. Our goal will be to map the problem and then to consider how we can harness our knowledge, our collective resources, and our interdependence to counter mass anxiety.	
Prerequisite	Level 4 in a HLTH (Major or Joint Honours) or KINE Plan	
Exclusion		
Enrolment Limits	22	
Before Open Enrolment	Restricted to students in HLTH Major or KINE plan (Level 4 or above).	
After Open Enrolment	Restricted to students in (HLTH Major or Joint Honours) or KINE plan (Level 4 or above).	

<a href="#">HLTH 595/6.0</a>	Honours Thesis in Health Studies	Fall-Winter UG Chair
Comments	Students must arrange to do a thesis by contacting a professor who would be willing to supervise an Honours Thesis Course can be dropped, but not added on-line. <ul style="list-style-type: none"> <li>The SKHS UG Office registers students into this course. Students must submit the <i>HLTH 595 Form</i> found on the <a href="#">Independent Courses</a> website (complete with their signature and the signature of the professor).</li> </ul>	
Recommendation	HLTH 252/3.0	
Prerequisite	A cumulative GPA of 3.5. Level 4 in a HLTH (Major or Joint Honours) Limited spaces available; priority to Health Studies students. Requires permission of a supervisor and the SKHS UG Chair.	
Exclusion		
This course leads to:		
Enrolment Limits	8	
Before/After Open Enrolment	Restricted to students in HLTH Major or Joint Honours Plan (Level 4 or above).	



## HLTH Option Courses

The following courses are option courses in the Major, Joint Honours and/or Minor Health plan requirements.

Option Courses in the Health Major Plan	
200 - Level	DEVS 275/3.0; ECON 243/3.0; GPHY 229/3.0; HIST 228/3.0; HLTH 200/3.0; HLTH 230/3.0; HLTH 235/3.0; HLTH 237/3.0; HLTH 270/3.0; KNPE 225/3.0; KNPE 265/3.0; PHIL 201/3.0; PHIL 203/3.0
300 - Level	DEVS 355/3.0; DEVS 366/3.0; GNDS 325/3.0; GPHY 336/3.0; GPHY 339/3.0; GPHY 349/3.0; HLTH 300/3.0; HLTH 331/3.0; HLTH 332/3.0; HLTH 333/3.0; HLTH 334/3.0; HLTH 350/3.0; HLTH 351/3.0; HLTH 352/3.0; HLTH 360/3.0; HLTH 397/3.0; KNPE 335/3.0; KNPE 336/3.0*; KNPE 337/3.0; KNPE 338/3.0; KNPE 365/3.0; KNPE 366/3.0; LLCU 327/3.0; PHIL 301/3.0; PSYC 332/3.0;
400 - Level & above	ENSC 420/4.0; HLTH 401/3.0; HLTH 402/3.0; HLTH 403/3.0; HLTH 404/3.0; HLTH 410/3.0; HLTH 417/3.0; HLTH 430/3.0; HLTH 434/3.0; HLTH 435/3.0; HLTH 437/3.0; HLTH 440/3.0; HLTH 445/3.0; HLTH 456/3.0; HLTH 460/3.0; HLTH 491/3.0; HLTH 493/3.0; HLTH 495/3.0; HLTH 497/3.0; HLTH 595/6.0; KNPE 400/3.0; KNPE 433/3.0; KNPE 436/3.0*
Notes: <ol style="list-style-type: none"> <li>Some courses (e.g. ECON 243, GPHY 229 and PSYC 332) have prerequisites not required in the HLTH plan, check in <a href="#">Arts &amp; Science Calendar</a>.</li> <li>KNPE 336 &amp; KNPE 436 count towards DIPA certificate. In some cases will count towards degree</li> </ol>	

## KNPE Courses

<a href="#">KNPE 125/3.0</a>	Introduction to Human Physiology	Winter Term Gurd, B.
Comments	First-year KINE students are automatically registered.	
Prerequisite	Level 1 or above in a HLTH or KINE plan.	
Exclusion	IDIS 150/6.0 or (PHGY 215/3.0 or PHGY 216/3.0); <i>PHGY 210/6.0</i> ; PHGY 212/6.0; PHGY 214/6.0	
This course leads to:	KNPE 225/3.0; KNPE 227/3.0; KNPE 255/3.0; KNPE 327/3.0; KNPE 355/3.0; <i>KNPE 427/3.0</i> ; KNPE 429/3.0; KNPE 455/3.0; KNPE 459/3.0	
Enrolment Limits	240	
Before Open Enrolment	Restricted to students in HLTH (Major or Joint Honours) and KINE Plans (Level 1 or above).	
After Open Enrolment	Restricted to students in HLTH (Major, Joint Honours or Minor) and KINE Plans (Level 1 or above).	

<a href="#">KNPE 153/3.0</a>	Introductory Biomechanics	Fall Term Amiri, P.
Comments	First-year KINE students are automatically registered. Course cannot be dropped on-line, see SKHS UG Office for assistance.	
Prerequisite	Level 1 or above in a KINE plan.	
Exclusion		
This course leads to:	KNPE 254/3.0, KNPE 354/3.0, KNPE 450/3.0, KNPE 454/3.0	
Enrolment Limits	195	Tutorials (6) 30-32 in each
Before/After Open Enrolment	Restricted to students in KINE Plan (Level 1 or above).	

<a href="#">KNPE 167/3.0</a>	Socio-Cultural Dimensions of Sport and Physical Activity	Winter Term St. Amant, N.
Comments	First-year KINE students are automatically registered. Course cannot be dropped on-line, see SKHS UG Office for assistance.	
Prerequisite	Level 1 or above in a KINE plan	
Exclusion		
This course leads to:	HLTH 334/3.0, KNPE 367/3.0, KNPE 473/3.0	
Enrolment Limits	195	Tutorials (6) 30 in 002-007
Before/After Open Enrolment	Restricted to students in KINE (Level 1 or above).	

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<a href="#">KNPE 225/3.0</a>	Advanced Human Physiology	Fall Term Tschakovsky, M.
Comment	Second-year KINE students are automatically registered.	
Prerequisite	KNPE 125/3.0 Level 2 or above in a HLTH or KINE plan.	
Note	PHGY 170 may not be taken with or after KNPE 225. PHGY 170 is not allowed in the KINE core requirements.	
Exclusion	PHGY 210/6.0; PHGY 212/6.0; PHGY 214/6.0; (PHGY 215/3.0 and PHGY 216/3.0)	
This course leads to:	KNPE 227/3.0; KNPE 255/3.0; KNPE 327/3.0; KNPE 339/3.0; KNPE 355/3.0; KNPE 427/3.0; KNPE 425/3.0; KNPE 429/3.0; KNPE 455/3.0; KNPE 429/3.0; KNPE 459/3.0	
Enrolment Limits	195	Tutorials (6) 32-33 in each
Before/ After Open Enrolment	Restricted to students in HLTH or KINE plans (Level 2 or above).	

<a href="#">KNPE 227/3.0</a>	Exercise Physiology	Winter Term Tschakovsky, M.
Comment	Second-year KINE students are automatically registered.	
Prerequisite	KNPE 125/3.0, KNPE 225/3.0 Level 2 or above in a KINE plan.	
Exclusion		
This course leads to:	KNPE 255/3.0; KNPE 327/3.0; KNPE 339/3.0; KNPE 345/3.0; KNPE 349/3.0; KNPE 355/3.0; KNPE 425/3.0; KNPE 429/3.0; KNPE 455/3.0; KNPE 459/3.0	
Enrolment Limits	195	
Before/After Open Enrolment	Restricted to students in a KINE plan (Level 2 or above).	

<a href="#">KNPE 237/3.0</a>	Child and Adolescent Motor Development	Not offered
Prerequisite	Level 2 or above in a KINE plan.	
Exclusion		
This course leads to:	KNPE 337/3.0	
Recommended for:	KNPE 203/3.0; KNPE 465/.30	
Enrolment Limits	60	
Before/After Open Enrolment	Restricted to students in a KINE plan (Level 2 or above).	

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<a href="#">KNPE 251/3.0</a>	Introduction to Statistics	Fall Term Yakimowski, S.
Comment	Second-year KINE students are automatically registered.	
Comments	This course is taught in a blended learning model with other departmental statistics courses.	
Prerequisite	Level 2 or above in a HLTH or KINE plan.	
Exclusion	BIOL 243/3.0; CHEE 209/3.0; ECON 250/3.0; GPHY 247/3.0; NURS 323/3.0; POLS 385/3.0; PSYC 202/3.0; SOCY 211/3.0; STAM 200/3.0; STAT 263/3.0; STAT 267/3.0; STAT 367/3.0; COMM 162/3.0	
<b>Note</b>	HSCI 190/3.0 is NOT an acceptable substitute for KNPE 251/3.0	
This course leads to:	HLTH 252/3.0; HLTH 323/3.0; HLTH 352/3.0; KNPE 352/3.0	
Enrolment Limits	280	
Before Open Enrolment	Restricted to students in (HLTH Major or Joint Honours) and KINE Plans (Level 2 or above).	
After Open Enrolment	Restricted to students in (HLTH Major, Joint Honours or Minor), KINE plans (Level 2 or above).	

<a href="#">KNPE 254/3.0</a>	Biomechanical Analysis of Human Movement	Winter Term TBC
Comment	Second-year KINE students are automatically registered.	
Prerequisite	KNPE 153/3.0 Level 2 or above in a KINE plan.	
Recommended	ANAT 315/3.0	
Exclusion	KNPE 353/3.0 (2013/14 or earlier)	
This course leads to:	KNPE 345/3.0; KNPE 354/3.0; KNPE 450/3.0; KNPE 454/3.0	
Enrolment Limits	195	Tutorials (6) 32 (002-004) 33 (005-007)
Before/After Open Enrolment	Restricted to students in a KINE plan (Level 2 or above).	

KNPE 255/3.0	Physical Activity, Fitness and Health	Not offered
Comment	Third-year KINE students will be pre-enrolled to take this course in 2025	
Prerequisite	Level 2 or above in a KINE plan and KNPE 225, 251 and HLTH 252.	
Recommended for	KNPE 459/3.0	
Exclusion		
This course leads to:	KNPE 336/3.0, KNPE 349/3.0, KNPE 355/3.0, KNPE 455/3.0	
Enrolment Limits		Tutorials (6) 32 (002-004) 33 (005-007)
Before/After Open Enrolment	Restricted to students in a KINE plan (Level 2 or above).	

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<a href="#">KNPE 261/3.0</a>	Theory of Motor Behaviour and Motor Learning		Fall Term Manson, G.
Prerequisite:	Level 2 or above in a KINE plan.		
Exclusion			
This course leads to:	KNPE 353/3.0, KNPE 454/3.0		
Enrolment Limits	165	Labs (6)	28 in 002-004 27 in 005-007
Before/After Open Enrolment	Restricted to students in a KINE plan (Level 2 or above).		

<a href="#">KNPE 265/3.0</a>	Psychology of Sport and Exercise		Fall Term Côté, J.
Comment	Second-year KINE students are automatically registered.		
Prerequisite	Level 2 or above in a HLTH or KINE plan.		
Corequisite	PSYC 100/6.0		
Exclusion			
This course leads to:	HLTH 315/3.0; KNPE 203/3.0; KNPE 363/3.0; KNPE 365/3.0; KNPE 463/3.0; KNPE 465/3.0		
Enrolment Limits	200		
Before/After Open Enrolment	Restricted to students in HLTH or KINE plan (Level 2 or above).		

<a href="#">KNPE 300/3.0</a>	Community-Based Practicum		Winter Term Shorey, M.
Comments	<p>Students must have applied successfully to the <i>Community-Based Practicum</i> in March (deadlines posted in UG News early in Winter Term).</p> <p>See: <a href="#">Community-Based Practicum</a> website for more details.</p> <ul style="list-style-type: none"> <li>• Course consists of pre-practicum workshops, weekly seminars, and a community-based practicum (84 practicum hours).</li> <li>• It is the responsibility of the student to seek, apply and arrange placements with assistance from the Instructor.</li> <li>• Course cannot be added, or dropped online.</li> <li>• Students accepted into KNPE 300 will be added to the course by the SKHS.</li> <li>• Students must submit a request in writing to SKHS UG Office to drop this course.</li> </ul>		
Prerequisite	<p>A minimum cumulative GPA of 1.90.</p> <p>Level 3 or above in a KINE plan.</p> <p>Requires application to the SKHS Internship Coordinator and SKHS UG Chair.</p>		
Exclusion	HLTH 300/3.0; KNPE 330/4.5; KNPE 346/4.5		
This course leads to:			
Enrolment Limits	10		
Before/After Open Enrolment	Restricted to students in a KINE plan (Level 3 or above).		

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<b>KNPE 303/3.0</b>	Coaching and Leadership in Sport <b>New course level</b>	Winter term Côté, J.
Prerequisite	Level 3 or above in a KINE plan and KNPE 265/3.0.	
Corequisite	KNPE 261/3.0	
Exclusion	KNPE 203/3.0	
Enrolment Limits	45	
Before/ After Open Enrolment	Restricted to students in a KINE plans (Level 3 or above).	

<a href="#">KNPE 327/3.0</a>	Exercise Physiology Laboratory	Fall term Gurd, B.
Prerequisite	KNPE 125/3.0, KNPE 225/.30 and KNPE 227/3.0 Level 3 or above in a KINE plan.	
Exclusion		
This course leads to:		
Enrolment Limits	60	Labs (2) 20 (002-004)
Before/After Open Enrolment	Restricted to students in a KINE plan (Level 2 or above).	

<a href="#">KNPE 330/4.5</a>	Athletic Therapy Field Placement	Fall or Fall-Winter Student Experience Coordinator Bennett, R. (ARC) Beamish, N. (SKHS faculty)
Comments	<p>Students must have applied successfully to the Athletic Therapy Mini-Stream at the end of first year and have proof of completing 36 hours of Athletic Therapy experience by the end of second year.</p> <ul style="list-style-type: none"> <li>The date of the Mini-Stream Information Session held in February and the deadline to apply will be posted in the UG News.</li> <li>Students must hold valid First Aid/CPR certification.</li> <li>Course cannot be added, or dropped on-line.</li> <li>Students who are accepted to level 2 of the <i>Athletic Therapy Mini-Stream</i> will be added to the course by the SKHS.</li> <li>Students must submit a request in writing to SKHS UG Office to drop this course.</li> <li>Students who successfully complete both KNPE 330/4.5 and KNPE 430/4.5 will have 9.0 units towards their overall GPA.</li> </ul>	
Prerequisite	(ANAT 315/3.0 and KNPE 331/3.0) and a GPA of 2.70. Permission of the course coordinator and the UG Chair required. Level 3 or above in a KINE plan.	
Exclusion	KNPE 300/3.0; KNPE 346/4.5	
This course leads to:	KNPE 430/4.5	
Enrolment Limits	25	

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<a href="#">KNPE 331/3.0</a>	Care and Prevention of Athletic Injuries	Winter Term Soleyn, J (TBC)
Comments	Level 2 students in a KINE plan who are accepted in the mini-stream will be added to the course by the SKHS. Details on <a href="#">Athletic Therapy Mini-Stream</a> website. Lab materials estimated cost \$15.	
Prerequisite	Level 3 or above in a KINE plan. ANAT 315/3.0 and ANAT 316/3.0	
Exclusion		
This course leads to:	KNPE 330/4.5, KNPE 430/4.5	
Enrolment Limits	106	Labs (3) 40 in each
Before/ After Open Enrolment	Restricted to students in a KINE Plan (Level 3 or above).	

<a href="#">KNPE 335/3.0</a>	Healthy Aging	Fall Term Robertson, M.
Comment		
Prerequisite	Level 3 or above and (registration in a HLTH, KINE or DIPA plan)	
Corequisite	None	
Exclusion		
This course leads to:		
Enrolment Limits	135	
Before/After Open Enrolment	Restricted to students in HLTH or KINE Plan (Level 3 or above) or registered in the Certificate of Disability and Physical Activity (DIPA) (Level 3 or above).	

<a href="#">KNPE 336/3.0</a>	Community Field Placement in Disability and Physical Activity	Fall and Winter Term Tomasone, J. Cunningham, A.
Comments	See: <a href="#">Certificate in Disability and Physical Activity (DIPA)</a> website for more details. <ul style="list-style-type: none"> <li>• There will be 18 seminar hours (1.5 hours per week) over the term.</li> <li>• Students will acquire 84 practicum hours over the term with Revved Up. There is also a mandatory in-gym training scheduled before the term starts (hours are included as part of the 84 practicum hours.)</li> <li>• Student will use private study hours to complete course assignments, including online modules prior to the in-gym training day.</li> <li>• Course can be dropped, but not added on-line. Students are registered into the course by SKHS.</li> </ul>	
Note	Students must hold valid First Aid/CPR certification and CPIC. Course costs estimated cost \$25.	
Prerequisite	Prerequisite Level 3 or above and ( <a href="#">HLTH 200</a> or registration in a KIN plan) and registration in the Certificate in Disability and Physical Activity.	
Corequisite	HLTH 332/3.0	
This course leads to:	KNPE 436/3.0	
Enrolment Limits	25 per term	

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Before/After Open Enrolment	Restricted to students registered in the Certificate in Disability and Physical Activity (DIPA).
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<a href="#">KNPE 337/3.0</a>	Physical Activity Promotion for Children and Youth	Not offered
Note	<p>Transportation and other costs (e.g. required Criminal Checks) are the responsibility of the student.</p> <p>Students will be paired and expected to do a three-hour, weekly placement in a local school for Weeks 5 to 12 of term. The Internship Coordinator will assist with this process, but it is ultimately the responsibility of the students to manage/organize.</p>	
Prerequisite	(KNPE 237/3.0 or HLTH 270/3.0) Level 3 or above in a KINE or HLTH Plan.	
Corequisite		
Exclusion		
This course leads to:		
Enrolment Limits	42	Lab (1) 42
Before/After Open Enrolment	Restricted to students in HLTH or KINE Plan (Level 3 or above).	

<a href="#">KNPE 338/3.0</a>	Field Course in Kinesiology and Health Studies	Not offered
Topic IDs	2023 - Food as Fuel, Health and Revolution	
Description		
Note	An additional course fee of \$25 per student will be charged to offset travel costs for field excursions.	
Prerequisite	Level 3 or above. Restricted to students in a HLTH (Major or Joint Honours) or KINE Plan.	
Enrolment Limits	18	
Before/After Open Enrolment	Restricted to students in Honours HLTH (Major or Joint Honours) or KINE Plan (Level 3 or above).	

<a href="#">KNPE 339/3.0</a>	Advanced Exercise Metabolism	Winter Term Gurd, B.
Prerequisite	Level 3 or above in a KINE plan. KNPE 225/3.0 and KNPE 227/3.0	
Exclusion		
This course leads to:	KNPE 439/3.0	
Enrolment Limits	60	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 3 or above).	



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<a href="#">KNPE 345/3.0</a>	The Science and Methodology of Sport Training Conditioning Programs	Winter Term McAuslan C. & Karagiozov, E.
Comments	Level 2 students in a KINE plan who are accepted will be automatically added to the course by the SKHS. Details on <a href="#">Strength and Conditioning Mini-Stream</a> website.	
Prerequisite	KNPE 227/3.0 Level 3 or above in a KINE plan.	
Corequisite	KNPE 254/.30	
Exclusion		
This course leads to:	KNPE 346/4.5; KNPE 446/4.5 (Strength and Conditioning Mini-Stream)	
Enrolment Limits	60	Labs (3) 20 in each
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 3 or above)	

<a href="#">KNPE 346/4.5</a>	Strength and Conditioning Field Placement	Fall or Fall-Winter Term Student Experience Coordinator (SKHS) McAuslan, Colin & Karagiozov, E. (ARC) Beamish, N. (SKHS faculty)
Comments	<p>Students must have applied successfully to the Strength and Conditioning Mini-Stream at the end of first year and have proof of completing 36 hours Strength and Conditioning experience by the end of second year. (Note: cost of the lab materials in first year of the mini-stream is estimated at \$30.00)</p> <p><i>Mini-Stream Information Session</i> for first years is held in March and the deadline to apply will be posted on the SKHS website.</p> <p>Students must hold valid First Aid/CPR certification.</p> <p>Course cannot be added or dropped on-line.</p> <ul style="list-style-type: none"> <li>Level 2 students in a KINE plan who are accepted will be added to the course by the SKHS. Details on <a href="#">Strength and Conditioning Mini-Stream</a> website.</li> <li>Students must submit a request in writing to SKHS UG Office to drop this course.</li> </ul> <p>Students who successfully complete both KNPE 346/4.5 and KNPE 446/4.5 will have 9.0 units towards their overall GPA.</p>	
Prerequisite	ANAT 315/3.0 and KNPE 345/3.0 GPA of 2.70. Level 3 or above in a KINE plan. Permission of the course coordinator or the UG Chair is required.	
Exclusion	KNPE 300/3.0; KNPE 330/4.5;	
This course leads to:	KNPE 446/4.5	
Enrolment Limits	15	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 3 or above)	

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<a href="#">KNPE 349/3.0</a>		Sports Nutrition	Fall Term McGlory, C.
Comments	The aim of this course is to provide foundational knowledge regarding the basic physiological pathways that support energy production during endurance-type and resistance-type exercise. After establishing this knowledge, you will then investigate and critically evaluate nutritional interventions to potentiate these energy systems and promote post-exercise recovery. Finally, you will develop and apply bespoke nutritional interventions to maximize sporting performance.		
Prerequisite	Level 3 or above KIN and KNPE 227/3.0 and KNPE 255/3.0		
Exclusion			
This course leads to:	KNPE 449/3.0		
Enrolment Limits	60	Labs (2): 30 in each	
Before/After Open Enrolment	Restricted to students in KINE Plans (Level 3 or above)		
Note	Nutrition software package: estimated cost \$75		

<a href="#">KNPE 352/3.0</a>		Research Skills Development Practicum	Fall & Winter Watering, R. (Coord.)
Comments	<p>Students must arrange for a practicum by contacting a professor who will be supervising research interns.</p> <p>Students complete minimum of 80 hours of research experience and attend seminars throughout school year.</p> <p>Course can be dropped, but not added on-line.</p> <ul style="list-style-type: none"> <li>Apply directly to the professor/research lab by the annual deadline in March</li> <li>The SKHS UG Office registers students into this course. Students must submit the <i>Research Practicum Form</i> found on the <a href="#">Research Mini-Stream</a> website.</li> </ul>		
Prerequisite	KNPE 251/3.0 Level 3 of a KINE plan and permission of the course coordinator or the UG Chair.		
Corequisite	HLTH 252/3.0		
One-Way Exclusion	HLTH 352/3.0		
This course leads to:	Recommended for KNPE 595/6.0.		
Enrolment Limits	25		
Before/After Open Enrolment	Restricted to students in YR 3 of an honours KINE Plan.		

<a href="#">KNPE 353/3.0</a>		Experiments in Neuromechanical Kinesiology	Not offered
Prerequisite	KNPE 153/3.0 and KNPE 254/3.0		
Corequisite	KNPE 261/3.0		
This course leads to:			
Enrolment Limits	30		
Before/After Open Enrolment	Restricted to students in a KINE plan (Level 2 or above).		

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<a href="#">KNPE 354/3.0</a>	Occupational Biomechanics and Physical Ergonomics	Not Offered
Prerequisite	KNPE 254/3.0	
Exclusion		
This course leads to:		
Enrolment Limits	60	
Before/After Open Enrolment	Restricted to students in a KINE plan (Level 2 or above).	

<a href="#">KNPE 355/3.0</a>	Lifestyle and Cardiometabolic Assessment Laboratory	Fall Term Beamish, N.
Comments	One- hour lecture plus a three-hour lab per week.	
Prerequisite	Level 3 or above and registration in a KINE Plan and <a href="#">KNPE 225/3.0</a> , <a href="#">KNPE 227/3.0</a>	
Corequisite	KNPE 325	
Enrolment Limits	80	Labs (4) 20 in each
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 3 or above).	

<a href="#">KNPE 356/3.0</a>	Exercise Prescription <b>*New Course</b>	Winter Term Beamish, N.
<b>Description</b>	Students will apply their foundational knowledge of human and exercise physiology to develop skills in patient/client interactions, exercise assessments, and exercise prescriptions. Topics include communication skills, documentation, health screening and assessments, clinical exercise testing, and exercise prescription for healthy adults and specific patient populations. Through an experiential learning, case-based approach, by the end of this course, students will be able to conduct physical assessments and interpret clinical findings to create patient/client-centred exercise interventions aimed at improving health and well-being.	
Comments	One- hour lecture plus a two-hour lab per week.	
Prerequisite	KNPE 355/3.0 Level 3 or above in a KINE plan.	
Enrolment Limits	40	Labs (2) 20 in each
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 3 or above).	

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<a href="#">KNPE 363/3.0</a>	Team Dynamics in Sport: Theory and Practice	Winter Term Martin, L.
Prerequisite	KNPE 265/3.0 Level 3 or above in a KINE plan.	
Exclusion		
This course leads to:		
Enrolment Limits	65	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 3 or above).	

<a href="#">KNPE 365/3.0</a>	Motivational Interviewing for Physical Activity Behaviour	Fall term Levesque, L.
Prerequisite	PSYC 100/6.0 and (KNPE 265/3.0 or HLTH 315/3.0) Level 3 or above in a HLTH or KINE plan.	
Exclusion		
This course leads to:		
Enrolment Limits	80	Labs (4) 20 in each
Before/After Open Enrolment	Restricted to students in HLTH or KINE Plan (Level 3 or above).	

<a href="#">KNPE 366/3.0</a>	Race, Sport and Physical Activity	Not offered
Prerequisite	Level 3 or above in Kinesiology or Health Studies and (KNPE 167 or HLTH 101)	
Exclusion	KNPE 397 topic ID Race, Sport and Physical Cultures (F'18; F'20)	
This course leads to:		
Enrolment Limits	50	
Before/After Open Enrolment	Restricted to students in HLTH or KINE Plan (Level 3 or above).	

<a href="#">KNPE 367/3.0</a>	Fitness, the Body and Culture	Not Offered
Note	Lecture 3hr/week plus 1.5 hr lab six weeks during term.	
Prerequisite	KNPE 167/3.0 or (SOCY 226/3.0 and SOCY 227/3.0) or SOCY 221/6.0	
Corequisite		
Exclusion		
This course leads to:		
Enrolment Limits	60	
Course Reserves <b>Before</b> Open Enrolment	KINE Plans (Level 3 or above)	54 seats
	Students with SOCY prerequisites.	6 seats
Before/After Open Enrolment	Restricted to students in KINE and students with SOCY prerequisites.	

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KNPE 397/3.0	Special Topics in Kinesiology	Not Offered
Course description		
Prerequisite	Level 3 in a KINE Plan.	
Exclusion		
This course leads to:		
Enrolment Limits	65	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 3 or above).	

<a href="#">KNPE 400/3.0</a>	Professional Issues in Allied Health	Fall Term Beamish, N.
Note	Lecture 2hr/week plus 1hr group work (tutorial)/week.	
Prerequisite	Level 4 in KINE or HLTH Major Plan.	
Exclusion		
This course leads to:		
Enrolment Limits	200	Tutorials (6) 002-009 – 25 students
Before Open Enrolment	Restricted to students in KINE Plans (Level 4).	
Open Enrolment	Restricted to students in HLTH (Major) or KINE plans (Level 4).	

KNPE 425/3.0	Physiology of Stress	Not offered
Prerequisite	KNPE 225/3.0 and KNPE 227/3.0 Level 4 or above in a KINE plan.	
Exclusion	KNPE 493/3.0 Topic ID: Stress Physiology (offered Winter 2016).	
This course leads to:		
Enrolment Limits	25	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 4).	

<a href="#">KNPE 429/3.0</a>	Skeletal Muscle Oxygen Delivery: Demand Matching in Exercise	Not offered
Prerequisite	Level 3 or above in a KINE plan. KNPE 125/3.0, KNPE 225/3.0 and KNPE227/3.0.	
Exclusion		
This course leads to:		
Enrolment Limits	45	Tutorial (3) 15 in each.
Before/After Open Enrolment	Restricted to students in a KINE plan (Level 3 or above).	

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<a href="#">KNPE 430/4.5</a>	Athletic Therapy Internship	Fall-Winter Term Student Experience Coordinator (SKHS) Bennett, Ryan (ARC) Beamish, N. (SKHS faculty)
Comments	<p>Students must be accepted into level 3 of the <i>Athletic Therapy Mini-Stream</i> (after the completion of level 2/KNPE 330)</p> <p>See: <a href="#">Athletic Therapy Mini-Stream</a> website for more details.</p> <ul style="list-style-type: none"> <li>• Students must hold valid First Aid/CPR certification.</li> <li>• Course cannot be added or dropped on-line.</li> <li>• Level 3 students in a KINE plan who are accepted will be added to the course by the SKHS.</li> <li>• Students must submit a request in writing to SKHS UG Office to drop this course.</li> <li>• Students who successfully complete both KNPE 330/4.5 and KNPE 430/4.5 will have 9.0 units towards their overall GPA.</li> </ul>	
Prerequisite	<p>KNPE 330/4.5 and a GPA of 2.70. Permission of the course coordinator and the UG Chair required. Level 4 in a KINE plan.</p>	
Exclusion		
Enrolment Limits	20	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 4).	

<a href="#">KNPE 433/3.0</a>	Global Sport and Disability	Not Offered
Prerequisite	<p>HLTH 332/3.0 Level 4 or above in a HLTH (Major or Medial), KINE Plan or DIPA.</p>	
Exclusion	HLTH 497 Topic ID: Global Sport and Disability (May 2016).	
This course leads to:		
Enrolment Limits	30	
Before Open Enrolment	Level 4 in a KIN or HLTH Major; 5 seats for DIPA students	
After Open Enrolment	Level 4 in a KIN or HLTH Major or Joint Honours Plan or DIPA certificate	

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<a href="#">KNPE 436/3.0</a>	Advanced Placement in Disability and Physical Activity	Fall or Winter Term Tomasone, J. Cunningham, A.
Comments	<p>See: <a href="#">Certificate in Disability and Physical Activity (DIPA)</a> website for more details.</p> <ul style="list-style-type: none"> <li>• There will be 18 seminar hours (1.5 hours per week) over the term.</li> <li>• Students will acquire 84 practicum hours over the term with Revved Up. There is also a mandatory in-gym training scheduled before the term starts (hours are included as part of the 84 practicum hours.)</li> <li>• Student will use private study hours to complete course assignments, including online modules prior to the in-gym training day.</li> <li>• Course can be dropped but not added on-line. Students are registered into the course by SKHS.</li> </ul>	
Note	Students must hold valid First Aid/CPR certification and CPIC. Course costs estimated cost \$25.	
Prerequisite	A minimum of B on the practical assessments of KNPE 336/3.0 Level 4 or above. Registration in the Certificate of Disability and Physical Activity (DIPA). Permission of the Course Coordinator and SKHS Undergraduate Chair.	
Enrolment Limits	25 in each term	
Before/After Open Enrolment	Restricted to students registered in the Certificate in Disability and Physical Activity (DIPA).	

<a href="#">KNPE 439/3.0</a>	Critical Appraisal and Translation of Muscle Physiology Research	Not Offered Gurd, B.
Prerequisite	KNPE 339/3.0 and Level 4 in a KINE Plan	
Exclusion	KNPE 493 Topic ID: Exercise Metabolism (Fall 2016).	
This course leads to:		
Enrolment Limits	25	
Before/After Open Enrolment	Restricted to students in Level 4 of a KINE Plan.	

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<a href="#">KNPE 446/4.5</a>	Strength and Conditioning Internship	Fall-Winter Term Student Experience Coordinator (SKHS) McAuslan, Colin & Karagiozov, E. (ARC) Beamish, N. (SKHS faculty)
Comments	<p>Students must be accepted into level 3 of the <i>Strength and Conditioning Mini-Stream</i> (after the completion of level 2/KNPE 346)</p> <p>Students must hold valid First Aid/CPR certification.</p> <p>Course cannot be added, or dropped on-line.</p> <ul style="list-style-type: none"> <li>• Level 3 students in a KINE plan who are accepted will be added to the course by the SKHS. Details on <a href="#">Strength and Conditioning Mini-Stream</a> website.</li> <li>• Students must submit a request in writing to SKHS UG Office to drop this course.</li> <li>• Students who successfully complete both KNPE 346/4.5 and KNPE 446/4.5 will have 9.0 units towards their overall GPA.</li> </ul>	
Prerequisite	<p>KNPE 346/4.5 A GPA of 2.70. Permission of the course coordinator and the UG Chair. Level 4 in a KINE Plan.</p>	
Exclusion		
Enrolment Limits	12	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 4).	

<a href="#">KNPE 447/3.0</a>	Advanced Exercise Physiology Laboratory <b>*New Course</b>	Winter Term Tschakovsky, M.
<b>Description</b>	<p>The physiological systems involved in exercise will be explored in weekly laboratory experiments by imposing experimental disturbances during exercise. Students will develop skills in reading and interpreting research, predicting the effects of experiment disturbances, and testing, analyzing and interpreting physiological responses in their experiments. The course format is intended to prepare students for knowledge consumption, application, and creation in the field of exercise physiology.</p>	
Comments	KIN category: Exercise Science and Lab	
Prerequisite	Level 4 in a KINE Specialization Plan and (KNPE 225/3.0, KNPE 227/3.0 and KNPE 327/3.0)	
Exclusion		
Enrolment Limits	40	Labs (2) 20 in each
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 4).	



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<a href="#">KNPE 449/3.0</a>	Advanced Protein Metabolism	Not offered
Comments	NOTE: Nutrition software package: estimated cost \$75.	
Prerequisite	Level 4 in a KINE Plan and (HLTH 331/3.0 or KNPE 349/3.0)	
Exclusion	KNPE 493 topic ID: Advanced Protein Metabolism (W'20; W'21)	
Enrolment Limits	25	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 4).	

<a href="#">KNPE 450/3.0</a>	Ergonomics	Fall Term Davies, C. (Mech Eng) TBC
Comments	Offered jointly with MECH 495/3.0 (Applied Science).	
Prerequisite	(ANAT 101/3.0 or ANAT 315/3.0) and (KNPE 254/3.0) or 6.0 units in PHYS at the 100 level. Level 4 in a HLTH or KINE Plan.	
Exclusion	MECH 495/3.0, PT 419/3.0; RHBS 428/3.0.	
Enrolment Limits	24	Labs (2) 12 in each
Before/After Open Enrolment	Restricted to students in a HLTH or KINE Plan (Level 3 or above).	

<a href="#">KNPE 453/3.0</a>	Locomotor Neuromechanics	Winter Term Abdulrabba, S.
Description	The purpose of this course is to provide you with a comprehensive understanding of the mechanics, energetics, and control of human locomotion. We will explore current theories in biomechanics and motor control, as well as the foundational behavioral and sensorimotor evidence that underpin these theories. A focus will be placed on applying this understanding to the rehabilitation of movement disorders and the design and control of robotic assistive devices.	
Prerequisite	KNPE 254/3.0 and KNPE 261/3.0 Level 3 or above in a KINE plan.	
Exclusion	KNPE 493 (Topic: Locomotor Neuromechanics)	
This course leads to:		
Enrolment Limits	25	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 3 or above).	

<a href="#">KNPE 454/3.0</a>	Clinical Biomechanics	Not offered
Prerequisite	KNPE 254/3.0 or <i>KNPE 353/3.0</i> Level 3 or above in a KINE plan.	
Exclusion		
This course leads to:		
Enrolment Limits	25	Lab (1) 25 in 002 bi-weekly
Before/After	Restricted to students in a KINE Plan (Level 3 or above).	

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Open Enrolment	
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<a href="#">KNPE 455/3.0</a>	Advanced Physical Activity and Health	Fall Term Ross, B.
Prerequisite	KNPE 125/3.0, KNPE 225/3.0, KNPE 227/3.0 and KNPE 255/3.0 Level 3 or above in a KINE plan.	
Exclusion		
This course leads to:		
Enrolment Limits	27	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 3 or above).	

<a href="#">KNPE 456/3.0</a>	Survey of Research and Literature in Kinesiology and Physical Education	Fall, Winter or FW UG Chair
Comments	<p>Students must arrange for this independent course by asking an individual professor if they are willing to supervise a student.</p> <p>Students can take complete this course in Fall Term, Winter Term or across both Fall and Winter Terms. Taking KNPE 456/3.0 across both terms is recommended if you do not think you can complete all of the work in Fall Term only. This will avoid an incomplete grade on your transcript for post-degree applications.</p> <p>Course can be dropped, but not added on-line.</p> <ul style="list-style-type: none"> <li>The SKHS UG Office registers students into this course. Students must submit the <i>KNPE 456 Form</i> found on the <a href="#">Independent Courses</a> website (complete with their signature and the signature of the professor).</li> </ul>	
Prerequisite	Level 4 in a KINE plan. Requires permission of a supervisor and the SKHS UG Chair.	
Exclusion		
This course leads to:		
Enrolment Limits	10 in each term	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 4).	

<a href="#">KNPE 459/3.0</a>	Clinical Exercise Physiology	Not offered
Prerequisite	KNPE 125/3.0, KNPE 225/3.0 and KNPE 227/3.0 Level 3 or above in a KINE plan.	
Recommendation	KNPE 255/3.0	
Exclusion		
This course leads to:		
Enrolment Limits	45	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 3 or above).	

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KNPE 463/6.0	Community-Based Physical Activity Promotion	Not Offered
Comments	Classes will be held in 18 out of 24 weeks to allow for practicum work in community.	
Prerequisite	KNPE 265/3.0 A GPA of 2.9 in all KNPE courses. Level 4 in a KINE plan.	
Recommendation	HLTH 315/3.0.	
Exclusion		
This course leads to:		
Enrolment Limits	24	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 4).	

<a href="#">KNPE 465/3.0</a>	Sport Participation and Performance	Fall Term Côté, J.
Prerequisite	A grade of B in KNPE 265/3.0. Level 4 in a KINE plan.	
Recommendation	KNPE 237/3.0	
Exclusion		
This course leads to:		
Enrolment Limits	22	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 4).	

<a href="#">KNPE 473/3.0</a>	Sport and Culture	Not offered
Prerequisite	Level 4 in a KINE plan.	
Exclusion		
This course leads to:		
Enrolment Limits	24	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 4).	

KNPE 475/3.0	Sport and the Environment	Not offered
Description	This course is designed to deepen student understandings around sport, the built environment, and climate degradation. This seminar class prioritizes intersectional justice as a way to learn and think about human interactions with each other and with "nature."	
Prerequisite	Level 4 in a KINE plan and KNPE 167/3.0.	
Exclusion	HLTH 495 Topic ID: Sport, Health and Environment	
This course leads to:		
Enrolment Limits	25	
Before/After	Restricted to students in a KINE Plan (Level 4).	

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Open Enrolment	
<a href="#">KNPE 491/3.0</a>	Special Project in Kinesiology and Physical Education Fall, Winter or FW UG Chair
Comments	<p>Students must arrange for this independent course by asking an individual professor if they are willing to supervise a student.</p> <p>Students can take complete this course in Fall Term, Winter Term or across both Fall and Winter Terms. Taking KNPE 491/3.0 across both terms is recommended if you do not think you can complete all of the work in Fall Term only. This will avoid an incomplete grade on your transcript for post-degree applications.</p> <p>Course can be dropped, but not added on-line.</p> <ul style="list-style-type: none"> <li>The SKHS UG Office registers students into this course. Students must submit the <i>KNPE 491 Form</i> found on the <a href="#">Independent Courses</a> website (complete with their signature and the signature of the professor).</li> </ul>
Prerequisite	Level 4 in a KINE plan. Permission of a supervisor and the SKHS UG Chair.
Exclusion	
This course leads to:	
Enrolment Limits	10 in each term.
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 4).

<a href="#">KNPE 493/3.0</a> 001	Special Topics in Kinesiology Topic ID: Sensorimotor Control Fall Term Manson, G.				
Course Description	This course is designed to with the voluntary control of limb movements. These principles and theories will provide the student with selected concepts of human movement control and a framework for their application in research, teaching, and coaching. The objective of the course is the understanding of concepts and phenomenon associated with sensory and central nervous system contributions to the execution of goal-directed limb movements.				
Comments	Not offered on a regular basis. Course will count towards the Psychology & Socio-Cultural Studies option.				
Archived	<table border="1"> <tr> <td>2020</td> <td>Locomotor Neuromechanics (J. Selinger)</td> </tr> <tr> <td>2021</td> <td>Critical Appraisal: Exercise Physiology</td> </tr> </table>	2020	Locomotor Neuromechanics (J. Selinger)	2021	Critical Appraisal: Exercise Physiology
2020	Locomotor Neuromechanics (J. Selinger)				
2021	Critical Appraisal: Exercise Physiology				
Prerequisite	Level 4 in a KINE plan.				
Exclusion					
This course leads to:					
Enrolment Limits	25				
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 4).				

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<a href="#">KNPE 493/3.0</a> 001	Special Topics in Kinesiology Topic ID: Interventions in Sport Psychology	Winter Term Martin, L.
Course Description	The purpose of this course is to integrate theory, research, and practice in relation to interventions in sport psychology. Specifically, with the overarching objective of understanding the facilitation of athlete thriving, we will explore the process of engaging in one-on-one consultation, team building practices, and broader intervention development and delivery.	
Comments	Not offered on a regular basis. Course will count towards the Psychology & Socio-Cultural Studies option.	
Archived	2020 2021	Locomotor Neuromechanics (J. Selinger) Critical Appraisal: Exercise Physiology
Prerequisite	Level 4 in a KINE plan.	
Exclusion		
This course leads to:		
Enrolment Limits	25	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 4).	

<a href="#">KNPE 493/3.0</a> 002	Special Topics in Kinesiology Topic ID: Clinical Exercise Science	Winter Term Ross, B.
Course Description	This course will examine the means by which knowledge is generated for the creation of exercise related guidelines and public health recommendations that are used across a wide range of health care settings. Specific topics include: what is best evidence in exercise science; knowledge generation; performing systematic reviews; randomized trials; prospective cohort trials, best evidence in basic science verses applied or clinical science.	
Comments	Not offered on a regular basis. When offered, a special course description will be posted here.	
Archived	2020 2021	Locomotor Neuromechanics (J. Selinger) Critical Appraisal: Exercise Physiology
Prerequisite	Level 4 in a KINE plan.	
Exclusion		
This course leads to:		
Enrolment Limits	25	
Before/After Open Enrolment	Restricted to students in a KINE Plan (Level 4).	

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<a href="#">KNPE 595/6.0</a>	Honours Thesis in Kinesiology and Physical Education	Fall-Winter UG Chair
Comments	<p>Students must arrange to do a thesis by contacting a professor who would be willing to supervise an Honours Thesis.</p> <p>Course can be dropped, but not added on-line.</p> <ul style="list-style-type: none"> <li>The SKHS UG Office registers students into this course. Students must submit the <b>KNPE 595 Form</b> found on the <a href="#">Independent Courses</a> website (complete with their signature and the signature of the professor). The absolute deadline to register is the second Friday of classes in September but students should take care of the paperwork before their appointment time in July.</li> </ul>	
Prerequisite	<p>A cumulative GPA of 3.5 (A-). Level 4 in a KINE plan. Permission of a supervisor and SKHS UG Chair.</p>	
Recommendation	HLTH 252/3.0	
Exclusion		
This course leads to:		
Enrolment Limits	18	
Before/After Open Enrolment	Restricted to students in a KINE plan (Level 4).	

## Timetabling Notes

- The [Arts & Science Calendar](#) is the final authority on all course information. (An “equivalent” prerequisite would be a course with academic content like that of the prerequisite, e.g. a course taken at another university).
- The official Course Timetable (University Registrar) is scheduled to be posted on SOLUS **JUNE 19, 2023** and is subject to change up to the beginning of classes. It is the final authority on time and location of classes.
- If a course is not listed in the official Course Timetable on SOLUS it will **not** be offered. (Not every course in the Arts & Science Calendar is scheduled every year due to faculty sabbaticals and other professional commitments).
- This SKHS Draft Timetable does not include times and locations of classes but is intended for planning purposes.
- Students are advised to consult the [SKHS Registration](#) website for updates (see date in footer of this Draft Timetable to ensure you are working with the latest version). This document is subject to change.
- Warning: All courses have enrolment limits, be sure to select your courses at your assigned time.** Print off the Registration Timelines and post it where you can see it!
- Each course clearly states which courses are available to students in specific degree plans and years during courses.

## Registration Tips and Hints

Registration can be confusing. There are some important websites that can help you navigate the process.

### [Class Registration in Arts and Science](#)

#### *Course Registration Checklist*

- The important dates and tasks of registration.

#### *Academic Advisement in SOLUS*

- How to use the planner in SOLUS to ensure you are meeting your degree requirements.

#### *Course Wait Lists FAQ's*

- Tips and hints on how to use the wait lists on SOLUS to your advantage.

#### *Timetabling*

- Worksheet to help you with your timetable.

### [Office of the University Registrar – Registration](#)

#### [Registration Basics](#)

##### *Step 1: Selecting your Courses*

- Explanation of course selection (appointment times), open enrolment (July) and open enrolment (before classes).
- Preloaded courses.

##### *Step 2: Paying your Tuition / Student Assistance Levy*

- Finding out what you owe.
- Cannot pay your Tuition and Student Assistance Levy (SAL) by the deadline?

##### *Step 3: Validating your Student ID Card*

##### *Step 4: Withdrawal from Studies*

- If you are unable to attend university in the coming year, follow these steps.

#### [Managing Academics](#)

**Topics include:** Academic Planner; Apply for Graduation; Class Schedule; Course History; Enrolment Appointments; Enrolment Verification; Enrolment – Add Classes; Enrolment – Drop Classes; Enrolment – Edit; Enrolment – Swap Classes; Exam Schedule; Grades; Program/Plan Selection; Transcript – Request Official; and, Transcript – View Official.

#### [Swapping a Course on SOLUS](#) (found in Managing Academics above)

- Screen shots will show you step-by-step how to drop a course and add another one in one step.

- Use “swap” to ensure you don’t lose a place in the original course if the available seat in the preferred course is taken before you confirm your registration into it.

## SKHS Contact Information

The School of Kinesiology and Health Studies works as a team during registration to ensure that we are not duplicating our efforts during the busiest time of the year. Please email the correct person. *Do not send the same email to multiple people (we will forward to the correct contact if needed).*

- ❖ During peak periods in registration, there may be an unavoidable delay in response – we thank you in advance for your patience.
- ❖ Including your full name, student number, program and year in your email allows us to respond more quickly.

<a href="#">Contact Us</a>	All emails must include: name as it appears on SOLUS; student number; program; and, year.
<a href="#">Trish Stenzl</a> Undergraduate Program Assistant	<ul style="list-style-type: none"> <li>• General registration inquiries.</li> </ul>
<a href="#">Vanessa McCourt</a> Academic Advisor & Undergraduate Program Coordinator	<ul style="list-style-type: none"> <li>• Questions about degree and plan requirements.</li> <li>• Prerequisite issues.</li> <li>• Program/plan changes.</li> <li>• General advice about planning for international exchanges</li> </ul>
Dr. Stevenson Fergus Undergraduate Chair	<ul style="list-style-type: none"> <li>• Transfer credit assessments for courses taken at other institutions (within Canada and international).</li> <li>• Appeals for exceptions to program/plan requirements.</li> <li>• Approval for all independent courses and mini-streams.</li> </ul>
<a href="#">Rob Watering</a> Laboratory and Educational Coordinator	<p>Queries about:</p> <ul style="list-style-type: none"> <li>• <i>Research-Based Practicum</i> (HLTH 352/3.0 and KNPE 352/3.0)</li> <li>• <i>Independent Study courses</i> (HLTH/KNPE 456/3.0, HLTH/KNPE 491/3.0 and HLTH/KNPE 595/6.0)</li> </ul>
<a href="#">Amanda Cunningham</a> Revved Up Coordinator	<p>Queries about:</p> <ul style="list-style-type: none"> <li>• Certificate in Disability and Physical Activity</li> <li>• <i>Exercise, Disability and Aging Mini-Stream.</i></li> </ul>

The SKHS controls enrolment into HLTH and KNPE courses. If you need registration assistance with other courses, you will need to contact the appropriate department (e.g. access to course, prerequisite issues and so on).



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Course Code	"Contact Us" Websites
ANAT	<a href="#">Biomedical and Molecular Sciences</a>
BIOL	<a href="#">Biology</a>
CHEM	<a href="#">Chemistry</a>
CISC	<a href="#">School of Computing</a>
COMM	<a href="#">Commerce</a> (School of Business)
DEVS	<a href="#">Global Developmental Studies</a>
ECON	<a href="#">Economics</a>
ENVS	<a href="#">Environmental Studies</a>
GPHY	<a href="#">Geography</a>
LLCU	<a href="#">Languages, Literatures and Cultures</a>
MATH/STAT	<a href="#">Mathematics and Statistics</a>
NURS	<a href="#">School of Nursing</a>
PHIL	<a href="#">Philosophy</a>
PHGY	<a href="#">Biomedical and Molecular Sciences</a>
PHYS	<a href="#">Physics</a>
PSYC	<a href="#">Psychology</a>
RELS	<a href="#">School of Religion</a>
Not listed above?	<a href="http://www.queensu.ca">www.queensu.ca</a>   <i>Search</i>
<i>Registration Help</i>	<a href="#">Faculty of Arts &amp; Science</a>
<i>All online courses</i>	<a href="#">Arts &amp; Science Online</a>