

NAME:

NUMBER:

2024-25 Kinesiology – Specialization (Science) – Bachelor of Science (Honours)								
Core Courses: 51.0 units								
HLTH 101	YR1	3.0	ANAT 316	YR2	3.0	KNPE 254	YR2	3.0
KNPE 125	YR1	3.0	KNPE 225	YR2	3.0	KNPE 265	YR2	3.0
KNPE 153	YR1	3.0	KNPE 227	YR2	3.0	KNPE 255	YR3	3.0
KNPE 167	YR1	3.0	KNPE 251	YR2	3.0	KNPE 261	YR3	3.0
PSYC 100	YR1	6.0	HLTH 252	YR2	3.0	KNPE 400	YR4	3.0
ANAT 315	YR2	3.0						
Note: Any statistics course that is listed as an exclusion to KNPE 251 on SOLUS (or the Arts & Science Calendar) may be substituted for KNPE 251.								
HLTH, KNPE Options: 27.0 units								
<i>Note: These 27.0 units must include 3.0 units each of three categories as well as 3.0 units of lab (see below).</i>								
3.0 units at any level.								
	YR2/3/4	3.0						
18.0 units at the 300-level or above.								
	YR3/4	3.0				YR3/4	3.0	
	YR3/4	3.0				YR3/4	3.0	
	YR3/4	3.0				YR3/4	3.0	
6.0 units at the 400-level or above.								
	YR3/4	3.0				YR3/4	3.0	
Students are limited to <u>one</u> mini-stream only (Athletic Therapy or Strength and Conditioning)								
Professional/Applied Courses (Limit 12.0)	KNPE 300/3.0; KNPE 330/4.5; KNPE 331/3.0; KNPE 337/3.0; KNPE 345/3.0; KNPE 346/4.5; KNPE 430/4.5; KNPE 446/4.5; and prior to 2019-20 KNPE 336/3.0 and KNPE 436/3.0.							

Option Categories: 3.0 units required from each category		Lab Courses: 3.0 units required
Applied Exercise Science	KNPE 327/3.0; KNPE 339/3.0; KNPE 353/3.0; KNPE 354/3.0; KNPE 355/3.0; KNPE 356/3.0; KNPE 349/3.0; KNPE 425/3.0; KNPE 429/3.0; KNPE 439/3.0; KNPE 447/3.0; KNPE 449/3.0; KNPE 450/3.0; KNPE 453/3.0; KNPE 454/3.0; KNPE 455/3.0; KNPE 459/3.0	KNPE 327/3.0 KNPE 353/3.0 KNPE 355/3.0 KNPE 356/3.0 KNPE 447/3.0 KNPE 450/3.0 KNPE 459/3.0
Psychology and Socio-Cultural Studies of Physical Activity and Health	HLTH 235/3.0; HLTH 315/3.0; HLTH 333/3.0; HLTH 334/3.0; HLTH 350/3.0; HLTH 402/3.0; HLTH 404/3.0; HLTH 430/3.0; HLTH 434/3.0; HLTH 445/3.0; HLTH 455/3.0; HLTH 495/3.0; HLTH 497/3.0; KNPE 203/3.0; KNPE 237/3.0; KNPE 303/3.0; KNPE 363/3.0; KNPE 365/3.0; KNPE 366/3.0; KNPE 367/3.0; KNPE 465/3.0; KNPE 473/3.0; KNPE 475/3.0	
Physical Activity Epidemiology and Health Promotion	HLTH 102/3.0; HLTH 205/3.0; HLTH 230/3.0; HLTH 237/3.0; HLTH 305/3.0; HLTH 323/3.0; HLTH 331/3.0; HLTH 332/3.0; HLTH 350/3.0; HLTH 351/3.0; HLTH 360/3.0; HLTH 401/3.0; HLTH 402/3.0; HLTH 403/3.0; HLTH 404/3.0; HLTH 410/3.0; HLTH 416/3.0; HLTH 417/3.0; HLTH 435/3.0; HLTH 437/3.0; HLTH 440/3.0; HLTH 445/3.0; HLTH 455/3.0; HLTH 460/3.0; HLTH 493/3.0; KNPE 335/3.0; KNPE 338/3.0; KNPE 433/3.0; KNPE 463/6.0;	
Notes		
1. You can count HLTH 350, HLTH 402, HLTH 404, HLTH 445 and HLTH 455 in only one category (see above).		
2. A lab course is allowed to double-count in the above option categories.		
3. Special topics courses (HLTH 497, KNPE 493) and independent study courses (KNPE 352, KNPE 456, KNPE 491, KNPE 595) will count toward the most relevant option category depending on the topic.		

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Physical and Natural Sciences Courses: 24.0 units in Total	
Go to website for Natural & Physical Sciences	
12.0 units at any level.	<p>What counts as a Natural/Physical Science?</p> <p>Some disciplines include both natural/physical science and social science courses. Approved natural and physical science courses in Arts and Science can be found in the Kinesiology Course Lists under “ASC_Science_Excluding_KNPE_HLTH” in the Academic Calendar. Please confirm how your course selection will count before registration.</p> <p><i>Personal Interest Credits</i> are not allowed for Natural & Physical Science requirements.</p>
3.0	
3.0	
3.0	
3.0	
9.0 units at the 200 level or above.	
3.0	
3.0	
3.0	
3.0 units at the 300 level or above.	
3.0	

Arts & Science Elective Courses (including HLTH/KNPE): 18.0 units in Total			
	3.0		3.0
	3.0		3.0
	3.0		3.0

Note: Students are **limited to 6.0 units** towards their degree from other Faculties (e.g. BMED, COMM, GLPH, HSCI, LAW, NURS, Applied Science). [See FAS Calendar](#)

Normal Course Load by Year (Guideline)								
	Core	Taken	Options	Taken	Natural & Physical Sciences	Taken	ASC electives	Taken
Year 1	18.0		0.0		12.0		0.0	
Year 2	24.0		3.0		0.0		3.0	
Year 3	6.0		12.0		6.0		6.0	
Year 4	3.0		12.0		6.0		9.0	
Total	51.0		27.0		24.0		18.0	

Overall Units Required			
	Normal	Taken	Difference
Year 1	30.0		
Year 2	30.0		
Year 3	30.0		
Year 4	30.0		
Total	120.0		

Academic Regulation 13.8.1 - A student shall be deemed ineligible to proceed to an Honours Degree if they have attempted 132.0 or more units at the time of assessment and has a Cumulative GPA of less than 1.90.

Academic Regulation 16.2.1 – The awarding of an honours degree is conditional on receiving a minimum cumulative GPA of 1.90 and a minimum GPA of 1.90 on the courses used towards the Plan requirements of the degree.