

<p>Course Name:</p> <p>HLTH 235/3.0 Food Systems</p>	<p>Course Instructor:</p> <p>Dr. Elaine Power</p>	<p>Contact Hours:</p> <p>Lectures: 2 x 1.5 hrs/wk / 12 weeks</p> <hr/> <p>Prerequisite:</p> <p>GNDS 120/3.0 or GPHY 101/3.0 or HLTH 101/3.0 or SOCY 122/6.0</p> <p>HLTH or KINE Plan (Level 2 or above)</p> <hr/> <p>Exclusion:</p>												
<p>Course Description:</p> <p>Food systems are implicated in many contemporary crises and struggles for justice, including climate chaos, biodiversity loss, human and non-human pandemics, Indigenous resurgence and food sovereignty, war, racial capitalism, food insecurity, the suffering of sentient beings, and more. This course will introduce students to some of the ways in which colonization, globalization, and capitalism have shaped contemporary food systems, and how relations of power, including those of gender, race, and class, are produced and reproduced in food production, distribution, and consumption. While the course will highlight some of the problems, challenges, absurdities, and cruelties of the dominant industrialized food system, it will also present alternatives and possible solutions to problems that offer hope for more sustainable, resilient, and just food systems.</p>		<p>Course Text:</p> <p>Szanto, D., Di Battista, A., & Knezevic, I. (Eds. (2022). <i>Food Studies: Matter, Meaning, Movement</i>. Ottawa, ON: Food Studies Press. Available online, open-access. https://foodstudies textbook.online</p> <p>Readings available online, via OnQ.</p> <p>Electronic Course Reserves: https://ocul-qu.alma.exlibrisgroup.com/leganto/public/01OCULQU/lists/11780847880005158?auth=SAML</p>												
<p>Learning Outcomes:</p> <ul style="list-style-type: none"> • Describe the main features of the dominant industrial food system; Indigenous understandings of traditional food systems; and alternative food systems, including agroecology; • To recognize the ways in which food and agriculture were used as strategies of settler colonialism; • Describe how food systems produce social patterning through food production, distribution and consumption; • Identify and describe contemporary debates related to food systems; • Apply sociological concepts, including intersectionality; 		<p>Course Evaluation:</p> <table border="0"> <tr> <td>Online mini-quizzes (5 in total)</td> <td>10%</td> </tr> <tr> <td>Mid-term exam</td> <td>15%</td> </tr> <tr> <td>Final exam (cumulative)</td> <td>35%</td> </tr> <tr> <td>Journal entries</td> <td>15%</td> </tr> <tr> <td>Analysis of journal entries</td> <td>15%</td> </tr> <tr> <td>End-of-course reflection</td> <td>10%</td> </tr> </table>	Online mini-quizzes (5 in total)	10%	Mid-term exam	15%	Final exam (cumulative)	35%	Journal entries	15%	Analysis of journal entries	15%	End-of-course reflection	10%
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<p>structure & agency; social inequality; globalization; colonialism; and posthumanism to understand food systems and how they change;</p> <ul style="list-style-type: none"> • Apply university-level critical thinking and writing skills to analyses of food systems. 	
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Course Outline

Introduction to the course and to food consumption	Basics of a food system: Soils and seeds
Food production	Indigenous perspectives
Workers in the food system	Food insecurity
Globalization and trade	A post humanist perspective on the food system
Another way of growing food is possible	Creating change
Food and the environment	