

<p>Course Name: HLTH 237/3.0</p> <p>An Introduction to Drugs, Drug Use and Drug Dependence</p>	<p>Course Instructor: Dr. Stevenson Fergus</p>	<p>Contact Hours: Lectures: 1 x 3 hrs / 12 weeks</p>								
<p>Course Description:</p> <p>This course provides students with a contemporary and evidence-informed perspective on drugs, addiction, harm reduction and treatment. From pharmacokinetics to public policy, and from psychedelics to behavioural addictions, we examine the timeless human interaction with these peculiar substances.</p>		<p>Prerequisite: PSYC 100/6.0</p> <p>Exclusion: None</p> <p>Course Texts (required):</p> <p>Bruno T & Csiernik R (2018). The Drug Paradox: An Introduction to the Sociology of Psychoactive Substances in Canada. Toronto: Canadian Scholars' Press. You can purchase it from the Queen's Campus Bookstore (https://www.campusbookstore.com/), the publisher (https://canadianscholars.ca/book/the-drug-paradox/), or any other book seller that carries it. It is available in print or digitally.</p> <p>Maté G (2018). In the Realm of Hungry Ghosts: Close Encounters with Addiction. Toronto: Vintage Canada. You can purchase it from the Queen's Campus Bookstore (https://www.campusbookstore.com/), the publisher (https://www.penguinrandomhouse.ca/books/635866/in-the-realm-of-hungry-ghosts-by-gabor-matemd/9780307371737), or any other book seller that carries it. It is available in print or digitally. Note that the original edition was published in 2009, and a new edition was published in 2018. You can purchase either.</p> <p>There will be additional readings reserved on the Course Reserves page.</p>								
<p>Learning Outcomes:</p> <ul style="list-style-type: none"> • Describe the major types of psychoactive drugs • Contrast biological, psychological, and social theories of drug use and addiction • Compare and critique enforcement, prevention, treatment, and harm reduction as responses to drug use addiction • Model empathy and cultural competence for engaging with people who use drugs and people 	<p>Course Evaluation:</p> <table> <tr> <td>Tests x 2</td> <td>30%</td> </tr> <tr> <td>Book Club Discussions x 2</td> <td>10%</td> </tr> <tr> <td>Individual Essay</td> <td>30%</td> </tr> <tr> <td>Final Exam</td> <td>30%</td> </tr> </table>		Tests x 2	30%	Book Club Discussions x 2	10%	Individual Essay	30%	Final Exam	30%
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with drug use disorder	
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Course Outline

Introduction to Course Material and Course Overview – Drugs in Canada and Explaining Drug Use – Classifying Drugs and Drug Problems	Cannabis Cultural Constructs: Peculiar Substances and Consuming Habits; the Anthropology and History of drugs
Studying Drug Use and Who Uses Drugs – Addressing Drug Use and Drug Policies	Stimulants - Alcohol and its Impacts with a Particular Focus on Campus Alcohol health prevention and promotion
The Psychedelic Renaissance and Total Drug Effect	MDMA and Behavioral Addictions
The Neuroscience of Drugs, Consciousness and Addiction	Decriminalization, Legalization and Public Policy
Harm Reduction - The Stages of Change, Drugs Treatment and the Future of Mental Health	Exam Review