

<p><b>Course Name:</b>  <b>HLTH 404/3.0</b></p> <p>Global Studies of Social Inclusion, Community Participation, and Mental Illness</p>	<p><b>Course Instructor:</b></p> <p>E. Wychopen</p>	<p><b>Contact Hours:</b>  Lecture 5 x 4 hr / 2 weeks  Field Studies 2 x 2 hr / 2 weeks</p>
		<p><b>Prerequisite:</b>  Registration at the BISC; HLTH 332/3.0, Level 4; or Level 3 with minimum GPA 2.9. Students lacking the prerequisites may be considered on a case by case basis.</p>
		<p><b>Exclusion:</b>  None</p>
<p>Mental health is a complex, interdisciplinary topic that is attracting more and more attention worldwide. This course will explore the definitions, concepts, and frameworks for how mental health is understood in the context of global health and disability. By utilizing social frameworks to understand what influences mental health outcomes, this course will analyze how mental health is understood, defined, and treated in various contexts. This course will examine the shifting role that technology plays in shaping mental health outcomes as well as the implications for how culture and language shape understandings of mental health. Broader implications for how larger influences such as globalization, climate change, and global health institutions shape understandings and inform global mental health policy will be discussed.</p>		<p><b>Course Texts:</b></p> <p>Journal articles, book chapters and other reading materials available on onQ</p>
<p><b>Course Objectives</b></p> <p>On completion of the course, students will be able to:</p> <ul style="list-style-type: none"> <li>• identify definitions of mental health outlined by global institutions to utilize in practice</li> <li>• articulate and contract the conflict of discourse by demonstrating mental health as shaped through a biomedical and traditionalist model</li> <li>• examine the mental health outcomes at the community level, notably for geriatric populations and people with disabilities, to highlight the challenges of health program development</li> <li>• analyze the role that technology and social media play in shaping the current mental health landscape to create tailored mental health interventions</li> <li>• evaluate mental health in the context of humanitarian crises to better inform practice and implementation of treatment</li> </ul>	<p><b>Course Evaluation:</b></p> <ul style="list-style-type: none"> <li>• Participation &amp; Professionalism 15%</li> <li>• Video Campaign &amp; Analysis 20%</li> <li>• Community Assessment 15%</li> <li>• Mindfulness Log 15%</li> <li>• Case Study Presentation 35%</li> </ul>	

<ul style="list-style-type: none"> <li>critically examine the construction, perpetuation, and distribution of mental health and disability knowledge in the Global North and Global South to inform policy.</li> </ul>	
What is Mental Health?	Current Research Trends
Mental Health Issues	Discourse, Culture, Language-Go Global
Individual and Family	Development and Colonialism
Community and Institution	Mental Health and Humanitarian Crises
Society and Policy	Future Challenges: Immigration, Climate Change, Technology, Policy