

<p><b>Course Name:</b>  <b>HLTH 491/3.0</b></p> <p>Special Project in Health Studies</p>	<p><b>Course Coordinator:</b>          Mr. Robert Watering</p>	<p><b>Contact Hours:</b></p> <p>Independent study and meetings with supervisor (by individual contact)</p> <hr/> <p><b>Prerequisite:</b></p> <ul style="list-style-type: none"> <li>• 4th year standing in BPHEH, BSCH KINE or BAH HLTH program</li> <li>• Permission of the Course Coordinator <i>and</i> the Department Manager and Undergraduate Chair in the School of Kinesiology and Health Studies.</li> </ul> <hr/> <p><b>Exclusion:</b></p> <p>None</p>
<p><b>Course Description:</b></p> <p>This is an independent project in an area of specialization in Health Studies. The independent project has an applied aspect versus exclusively a review of literature as in HLTH 456/3.0. Students will conduct a research study or develop an applied project with a wide variety of options available in terms of the design of the study. Students must arrange for a faculty advisor approved by the School of Kinesiology and Health Studies to oversee their project.</p>		<p><b>Course Texts:</b></p> <p>N/A</p>
<p><b>Course Objectives:</b></p> <ul style="list-style-type: none"> <li>◦ To allow students to pursue a topic of interest at an advanced level in an area relevant to health and wellness.</li> <li>◦ To gain experience researching a topic in depth.</li> <li>◦ To implement, through a wide variety of options in terms of the design of the study, a project that involves the application of theoretical knowledge.</li> <li>◦ To engage in an intensive study of the particular topic or question and pursue self-directed study under the supervision of a faculty advisor.</li> <li>◦ To present work in the related disciplinary format with technical competence.</li> </ul>		<p><b>Course Evaluation:</b></p> <p>The written presentation is evaluated by the student's faculty advisor.</p> <p>Evaluation of the project is pre-determined through a contractual arrangement between the faculty supervisor and student.</p> <p>Ethics approval if appropriate.</p>

**Applied Project** – a project that involves some practical component and/or the development of a program or resource for an existing or proposed organization, group, school, etc. Examples include developing a workshop, teaching manual, or program, presenting a health promotion package, preparing and presenting a special health promotion seminar, etc. Often an applied project involves the completion of a community-based apprenticeship or volunteer hours.

**Research Project** – this is a project that involves conducting research in any area related to health enhancement and disease prevention. The primary difference between this research-based half credit project and the full credits HLTH 595/1.0 or KNPE/PHED 595/1.0, is the magnitude of the study.

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