

<p>Course Name:</p> <p>HLTH 493/3.0</p> <p>Advanced Topics in Health Indigenous Food Sovereignty</p>	<p>Course Instructor:</p> <p>Dr. Jodi John</p>	<p>Contact Hours:</p> <p>Seminar: 1 x 3 hrs/wk / 12 weeks</p> <p>Prerequisite:</p> <p>Level 4 or above and registration in a HLTH Specialization, Major, Joint Honours, or KINE Specialization.</p> <p>Exclusion:</p>
<p>Course Description:</p> <p>This course examines historic and contemporary issues impacting Indigenous food systems and health outcomes across Turtle Island (North America) and globally. Topics include Indigenous conceptions of food and health; colonization of Indigenous food systems; and changing patterns of food use and their health implications. Through engagement with diverse Indigenous perspectives, worldviews, values, and ways of being we will center the inherent right and responsibility of Indigenous Peoples to sovereignty over their food systems, and explore contemporary efforts to regain and restore food sovereignty. This course will follow a seminar format in which student preparation, presentation, participation, and discussion are key requirements.</p>		<p>Course Texts:</p> <p>There is no textbook for this course. All materials including journal articles, book chapters, and media will be provided online through the Course Reserves in OnQ. There are no costs for these materials.</p>
<p>Learning Outcomes:</p> <p>Critically examine historic and ongoing colonial structures impacting Indigenous food systems and health in Canada (and beyond).</p> <p>Explore Indigenous knowledge systems to gain a deeper understanding of the multifaceted role of food to Indigenous wellbeing and to expand on one's own understandings of food and health.</p> <p>Reflect on one's own position in the broader system of privilege and oppression and how this informs how one understands and engages with the world around us.</p>		<p>Course Evaluation:</p> <p>Reading Readiness Assessments 20%</p> <p>Partnered Seminar Facilitation 40%</p> <p>Reflection on Food, Land, Relationships & Health 15%</p> <p>Indigenous Food Sovereignty Case Report and Analysis 25%</p>

Demonstrate critical thinking, self-reflection, and communication skills through participation in course discussions, group activities, and assignments.	
Course Outline	
Course introduction and overview	Decolonizing health care
The treaties and the Indian Act	Environmental contamination and food security
Residential Schools and the Sixties Scoop	Climate Justice, Food Sovereignty
Indigenous Food Sovereignty, health, and well-being	Healing / repair / resurgence
Interdependence and co-creation	Community-led Indigenous Food Sovereignty projects
Nutritional colonialism and decolonizing food	Land-Based Education and Food Sovereignty