Queen's University School of Kinesiology and Health Studies



Course Name:	Course Instructor:		Contact Hours:
HLTH 493/3.0	TBD		Seminar: 1 x 3 hrs/wk / 12 weeks
			Prerequisite:
Advanced Topics in Health Indigenous Food Studies Sovereignty			Level 4 in a HLTH (Major or Joint Honours) or KINE Plan.
			Exclusion:
Course Description:			Course Texts:
Indigenous Food Sovereignty highlights the innate ability of Indigenous peoples to be in charge of their own food systems, including the ability to define one's own food sources and processes. This course will explore the reciprocal nature of food sovereignty, foregrounding the interdependent relationships humans have with the land, plants, and animals that give their lives for sustenance, as well as Indigenous Food Sovereignty's inherently anti-colonial foundations, which prioritize the resurgence and revitalization of Indigenous cultures and ways of being that support physical, emotional, mental, and spiritual wellbeing. <i>Health 493 will be taught in Winter 2025 by the Queen's National Scholar in Indigenous Food Sovereignty and Community Health, and the course focus may be subject to change.</i>		TBD	
Learning Outcomes:			Course Evaluation:
• TBD		TBD	
Course Outline			
TBD			