## **Queen's University School of Kinesiology and Health Studies**



Course Name:	Course Instructor:	Contact Hours:
HLTH 495-01 / 3.0	Dr. Mary Louise Adams	Seminar: 1 x 3 hrs/wk / 12 weeks
Special Topics in Health Studies Topic ID: Contextualizing Health		Prerequisite:  Level 4 in a HLTH (Major or Joint Honours) or  KINE Plan.
		Exclusion:
Course Description:		Course Texts:
It would be an understatement to say that we are living in tumultuous times. Forest fires, floods, tropical storms, and melting glaciers provide incontrovertible evidence of global environmental crisis, and yet governments and industry seem incapable of acting effectively to protect the planet. Around the world major geo-political events have forced tens of millions people from their homes. War, genocide, and other forms of state-sanctioned violence and repression against minorities and dissidents suggest that the lessons that emerged from the horrors of the 20 <sup>th</sup> century – in light of colonialism, the Holocaust, the on-going dispossession of Indigenous peoples, dictatorships, fascism – have yet to be learned. Science is under attack. Legal protections for minorities are being challenged and, in some jurisdictions, rescinded. Liberal democracies are starkly divided. Anxiety is rampant. The wealth gap increases steadily. It is an overwhelming list.		All readings and other materials will be available on OnQ.
One of the defining principles of Health Studies at Queen's is that we can understand neither health nor ill-health unless we understand the historical and current contexts out of which it emerges. In this course we will try to develop a stronger understanding of the background to our current social, economic, political, and cultural context. We will also endeavour to develop habits of mind and approaches to learning that will facilitate personal and collective reflection on the world we live in, with a view to imagining better futures and contributing to social change. Our aim is to challenge and not foster despondency.		
Learning Outcomes:		Course Evaluation:
<ul> <li>Develop an understanding of the critical pedagogy</li> </ul>		TBD

## framework

- Develop a strong understanding of contextualization as a tool for critical thinking
- Learn about current major global issues that shape the possibility of achieving health
- Practice thinking historically and sociologically about social change for health
- Develop stronger critical reading skills
- Practice writing as a tool of critical thinking
- Practice discussing important and sometimes difficult issues.
- Identify, reflect upon, and assess our own perspectives and opinions.
- Gain the confidence and skills to express personal views
- Develop quality listening skills
- Understand and empathize with others who are involved in social issues
- Develop the art of the good question
- Work together to become more insightful, imaginative, curious, and enthusiastic learners
- Gain the confidence and skills to collaborate effectively with our peers
- Foster agency

## **Course Outline**

Introduction to the course	Capitalism
Critical pedagogy (what is learning for?)	The climate
Authoritarianism and fascism	Settler colonialism/decolonization
Democracy	Work and Labour