

# ATHLETIC THERAPY MINI-STREAM

**EARN CREDITS WHILE GAINING VALUABLE PRACTICAL EXPERIENCE**

This three-year mini-stream is offered through a partnership between the SKHS and Queen's Athletics and Recreation for students in Kinesiology. As *Athletic Therapy Trainers*, the mini-stream students help to assess and treat various injuries while working with a Queen's varsity team. Students gain invaluable hands-on experience and a total of 12.0-course units. Students apply at the end of 1st year to enter level 1 of the mini-stream.

## LEVEL 1

### ADMISSION REQUIREMENTS

*Successful application and interview  
& minimum cumulative GPA of 2.70  
Current First Aid, CPR, and CPIC  
Note: 25 spaces available each year*

### EXPECTATIONS

*Students will be expected to complete 24 practicum hours with the Athletic Therapy program*

### KNPE 331 / 3.0

*Students will take a foundation course KNPE 331/3.0 (Care & Prevention of Athletic Injuries) in the winter term*

## LEVEL 2

### ADMISSION REQUIREMENTS

*Minimum cumulative GPA of 2.70  
Permission of the AT Coordinator  
Current First Aid & CPR  
Prerequisites: KNPE 331 & ANAT 315*

### EXPECTATIONS

*Students will be placed with a varsity team, where they will be responsible (with supervision) for the field coverage and taping for their team, and assist with assessments and rehabilitation of team members.*

### KNPE 330 / 4.5

*Students will be in KNPE 330/4.5 (Field Placement in Athletic Therapy) and will be expected to complete at least 165 practicum hours with the Athletic Therapy program. Students will also complete a first aid practical exam, a short assignment, a longer group assignment and presentation.*

## LEVEL 3

### ADMISSION REQUIREMENTS

*Minimum cumulative GPA of 2.70  
Permission of the AT Coordinator  
Current First Aid & CPR  
Prerequisite course: KNPE 330*

### EXPECTATIONS

*Students will spend half of their time with a varsity team (mentoring other student trainers) and the other half working in the Athletic Therapy clinic, helping with assessments, treatments, bracing, and administrative work.*

### KNPE 430 / 4.5

*Students will be in KNPE 430/4.5 (Internship in Athletic Therapy) and will be expected to complete at least 165 practicum hours with the Athletic Therapy program. Students will also complete a clinical practical exam, in addition to an individual research assignment and presentation.*