

Course Name: HLTH 205/3.0 Introduction to Health Promotion	Course Instructor: Dr. Joseph Kangmennaang	Contact Hours: Lectures: 1 x 1.5 hrs / 12 weeks Tutorials: 1 x 1.5 hrs / 12 weeks
		Prerequisite: Level 2 or above and HLTH 101/3.0
		Exclusion: None
Course Description: This course provides students with a broad overview of the practice of health promotion. Topics range from the practicalities of designing, delivering, and evaluating health promotion interventions, to consideration of how health promotion practice intersects with issues of health equity and the social determinants of health.		Course Texts: <i>Foundations for Health Promotion</i> , 5th ed. Elsevier Limited (UK)
Learning Outcomes: - Describe the practice of health promotion and its relationship to the individual and social determinants of health. - Assess principles of program planning and evaluation in designing and implementing health promotion interventions. - Identify the importance of practices that promote cultural safety and health equity. - Compare approaches to health promotion for a variety of public health issues.		Course Evaluation: Class participation 5% Concept check-in quizzes 15% Two module exams (10% each) 20% Group Discussion and debates 10% Group Major assignment part 1 10% Group Major assignment Part 2 25%
Course Outline		
Introduction to HLTH 205: Introduction Health Promotion	Strengthening Community Action	
What is Health?	Building Healthy Public Policy	
What is Health Promotion?	Using technology/AI in health promotion	
Ethics and Politics of Health Promotion	Assessing Health Needs	
Reorienting Health Services	Planning Health Promotion Interventions	
Behaviour Change/Personal Skills	Evaluating Health Promotion Interventions	