

<p>Course Name:</p> <p>HLTH 210/3.0</p> <p>Health and Human Performance: Foundations Through Experiential Learning</p>	<p>Course Instructor:</p> <p>Dr. Nicole Beamish</p>	<p>Contact Hours:</p> <p>Lectures: 1 x 2 hour/week / 12 weeks LEARNING HOURS 120 (40Pc;24G;56P)</p>
		<p>Prerequisite:</p> <p>Prerequisite Level 2 or above and a minimum cumulative GPA 2.70 and permission of the School.</p>
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<p>Course Description:</p> <p>HLTH 210, a foundational experiential learning course, will be co-created with instructors, community members, and students, guided by community-engaged pedagogy. Students will be introduced to practical and professional skills for careers in kinesiology, athletic therapy, strength and conditioning, and community health. Through reflective practice, they will develop proficiency in communication, collaboration, interprofessional practice, and ethical behaviour. Seminars and peer mentorship will connect theoretical knowledge to real-world applications. By the end of this course, students will be prepared for experiential opportunities in clinical, high-performance, or community-based settings. NOTE Experiential learning fee: estimated cost \$320. NOTE Students must hold valid first aid/CPR and CPIC certifications. LEARNING HOURS 120 (40Pc;24G;56P)</p>		<p>Required Textbook:</p> <p>TBD</p>
<p>Learning Outcomes:</p> <ul style="list-style-type: none"> TBD 	<p>Course Evaluation:</p> <p>TBD</p>	
Course Outline		
TBD		

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