

<p><b>Course Name:</b>  <b>HLTH 237/3.0</b></p> <p>An Introduction to Drugs,  Drug Use and Drug  Dependence</p>	<p><b>Course Instructor:</b>    TBD</p>	<p><b>Contact Hours:</b>  Lectures: 1 x 3 hrs / 12 weeks</p>
		<p><b>Prerequisite:</b>  PSYC 100/6.0</p>
		<p><b>Exclusion:</b>  None</p>
<p><b>Course Description:</b></p> <p>This course provides students with a contemporary and evidence-informed perspective on drugs, addiction, harm reduction and treatment. From pharmacokinetics to public policy, and from psychedelics to behavioural addictions, we examine the timeless human interaction with these peculiar substances.</p>		<p><b>Course Text (required):</b></p> <p>Csiernik R (2021). Substance Use and Misuse: Everything Matters (3rd Ed.). Toronto: Canadian Scholars Press.</p> <p>There will be additional readings reserved on the Course Reserves page.</p>
<p><b>Learning Outcomes:</b></p> <ul style="list-style-type: none"> <li>• Describe the major types of psychoactive drugs</li> <li>• Contrast biological, psychological, and social theories of drug use and addiction</li> <li>• Compare and critique enforcement, prevention, treatment, and harm reduction as responses to drug use addiction</li> <li>• Model empathy and cultural competence for engaging with people who use drugs and people with drug use disorder</li> </ul>		<p><b>Course Evaluation:</b></p> <p><b>TBD</b></p>
<p><b>Course Outline</b></p>		
<p>Introduction to Course Material and Course Overview – Drugs in Canada and Explaining Drug Use – Classifying Drugs and Drug Problems</p>		<p>Cannabis Cultural Constructs: Peculiar Substances and Consuming Habits; the Anthropology and History of drugs</p>
<p>Studying Drug Use and Who Uses Drugs – Addressing Drug Use and Drug Policies</p>		<p>Stimulants - Alcohol and its Impacts with a Particular Focus on Campus Alcohol health prevention and promotion</p>
<p>The Psychedelic Renaissance and Total Drug Effect</p>		<p>MDMA and Behavioral Addictions</p>
<p>The Neuroscience of Drugs, Consciousness and Addiction</p>		<p>Decriminalization, Legalization and Public Policy</p>

Harm Reduction - The Stages of Change, Drugs  
Treatment and the Future of Mental Health

Exam Review