

| | | |
|--|---|--|
| <p>Course Name: HLTH 361/3.0</p> <p>Indigenous Health</p> | <p>Course Instructor:</p> <p>Dr. Jodi John</p> | <p>Contact Hours:</p> <p>Lectures: 1 x 3 hrs / 12 weeks</p> |
| | | <p>Prerequisite:</p> <p>Prerequisite (Level 3 or above) or permission of the School.</p> <p>Exclusion Max of one course from: GNDS 325/3.0; HLTH 361/3.0; HLTH 397/3.0 (Topic Title: Indigenous Health - Fall 2025); INDG 361/3.0; INDG 395/3.0 (Topic Title: Indigenous Health - Fall 2025).</p> |
| | | <p>Exclusion:</p> |
| <p>Course Description:</p> <p>This course provides historic, contemporary, and conceptual foundations for understanding Indigenous health on Turtle Island today. Through readings, lectures, discussions, and class activities we will critically examine key determinants of Indigenous health including the historic and ongoing impacts of settler colonialism. We will (re)consider and reflect on how dominant structures, and narratives, shape our own beliefs, assumptions, and impact the lives and health of Indigenous Peoples. By engaging with multiple Indigenous perspectives, worldviews, values, and ways of being we will center Indigenous-led solutions to persistent Indigenous health disparities.</p> | <p>Textbook &/or Courseware Package</p> <p>There is no textbook for this course.</p> <p>Course readings will be placed on onQ.</p> | |
| <p>Learning Outcomes:</p> <ul style="list-style-type: none"> • Critically examine various determinants of Indigenous health and health disparities. • Explore Indigenous perspectives, worldviews and conceptions of health and healing to expand on one's understandings of health. • Analyze how mainstream/western narratives of Indigenous Peoples inform biases, assumptions, attitudes, behaviors, and impact on Indigenous health. • Reflect on one's own position in the boarder system of privilege and oppression, and how this impacts how one understands and engages with the world | <p>Course Evaluation:</p> <p>TBD</p> | |

around us.

- Demonstrate critical thinking, self-reflection, and communication skills through participation in course discussions and assignments.

Course Outline

| | |
|---|---|
| Introductions, Expectations, and A Determinants of Health Approach to Indigenous Health | Indigenous People and the Canadian Healthcare System |
| Indigenous Conceptions of Health | Health Education and Indigenous Health Research |
| Indigenous Health and the Land | Environmental Violence and Indigenous Health |
| Settler Colonialism as a Determinant of Indigenous health | Beyond the Biomedical in Indigenous Healthcare |
| “The Indian Problem”: Colonial ideology and anti-Indigenous racism in Canada | Self-Determination and Cultural Resurgence: Community-Based Solutions |
| Indigenous People and the Canadian Child Welfare and Carceral Systems | |