

<p><b>Course Name:</b>  <b>KNPE 303/3.0</b></p> <p>Coaching and Leadership  in Sport</p>	<p><b>Course Instructor:</b></p> <p>Dr. Jean Côté</p>	<p><b>Contact Hours:</b></p> <p>Lectures: 2 x 1.5 hrs/wk x 12 weeks</p>									
		<p><b>Prerequisite:</b>  KNPE 265/3.0  Level 2 or above in a KINE plan.</p>									
		<p><b>Exclusion:</b></p>									
<p><b>Course Description:</b></p> <p>The aim of this course is to introduce the theory and methods of coaching. This course addresses topics such as athlete development, coaching models, coach education, coach behaviours, interpersonal relationships, and contextual influences on coaching. This course also reflects on methodological issues related to coaching research. A central aim of this course is to encourage students to reflect on how they might apply course content to real-life situations.</p> <p>As coaches, athletes, and members of the sport community, this course will ask students to reflect on their own life experiences. Sharing these personal experiences is highly valued (but not required) and will help to make lectures lively and interesting. Students' opinions and/or disagreements are not frowned upon, but encouraged; they can lead to great conversations and an increased understanding of the course materials for everyone.</p>		<p><b>Course Text:</b></p> <p>Readings will be posted on onQ</p>									
<p><b>Learning Outcomes:</b></p> <ul style="list-style-type: none"> <li>• Describe and differentiate key models of coaching and leadership.</li> <li>• Observe and interpret coaching behaviours.</li> <li>• Identify factors that influence skill acquisition and leadership development</li> <li>• Explore strategies to improve coaching effectiveness and reflect on various coaching practices.</li> <li>• Evaluate and critique coaching education programs and coaching research.</li> <li>• Adapt course content to propose practical applications for your own leadership development as well as coaches, athletes, parents, and sport practitioners.</li> </ul>	<p><b>Course Evaluation:</b></p> <table border="0"> <tr> <td>Coaching in the News Presentations</td> <td>10%</td> </tr> <tr> <td>Coaching in the News Video</td> <td>20%</td> </tr> <tr> <td>Coach Observation</td> <td>25%</td> </tr> <tr> <td>Coaching Profile Analysis</td> <td>20%</td> </tr> <tr> <td>Leadership Self-Reflection</td> <td>25%</td> </tr> </table>	Coaching in the News Presentations	10%	Coaching in the News Video	20%	Coach Observation	25%	Coaching Profile Analysis	20%	Leadership Self-Reflection	25%
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### Course Outline

Wheelchair basketball: Practical session	Making reflective practice beneficial
The field of coaching and coaching research	Transformational coaching
Coaching effectiveness	Reflection and self-regulation
Coaching Observation	Coach learning
Coach professional knowledge	Coach education
Theories of leadership	Coaching para-athletes
Transformational leadership	Women in coaching
Coaching in the news presentations	Coach well being
Game day coaching	Course integration and wrap-up.