

<p>Course Name: KNPE 363/3.0</p> <p>Team Dynamics in Sport: Theory and Practice</p>	<p>Course Instructor: Dr. Luc Martin</p>	<p>Contact Hours: Lecture 2 x 1.5 hours wk/ 12 weeks</p>										
		<p>Prerequisite: KNPE 265/3.0 Level 3 or above in a KINE Plan.</p>										
		<p>Exclusion:</p>										
<p>Course Description:</p> <p>The purpose of this course is to have undergraduate students recognize the inevitability of group dynamics in sport. It will involve the integration of theory, research, and practice as they pertain to team dynamics. Students will be exposed to topics involving a team's structure (e.g., roles), its processes (e.g., communication), and emergent states (e.g., cohesion), and will be encouraged to critically analyze the body of research and discuss relevant practical implications.</p>		<p>Course Texts:</p> <p>Lecture notes, videos, and other materials will be available through onQ.</p>										
<p>Learning Outcomes:</p> <ul style="list-style-type: none"> Recognize the salience of groups in sport contexts and their significance in enabling productive and satisfying sport experiences. Examine seminal and contemporary research related to team dynamics. Identify, synthesize, and critically evaluate research pertaining to team dynamics in sport. Discuss how team-related constructs are used to enhance sport experiences and performance. Apply theory and research to support the practical use of team strategies in the 'real world.' 		<p>Course Evaluation:</p> <table> <tr> <td>My Life With Groups (X2)</td> <td>10%</td> </tr> <tr> <td>SIRC Blog Post</td> <td>20%</td> </tr> <tr> <td>Research Paper</td> <td>20%</td> </tr> <tr> <td>Midterm</td> <td>20%</td> </tr> <tr> <td>Final Exam</td> <td>30%</td> </tr> </table>	My Life With Groups (X2)	10%	SIRC Blog Post	20%	Research Paper	20%	Midterm	20%	Final Exam	30%
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<p>Course Outline</p>												
Why we should care about team dynamics	Team resilience											
Introduction to course 'map'	Trust, psychological safety, and thriving											
Team development and context Applied implications: Case study of the Snowbirds	Team building interventions Condition setting											
Roles and norms / Subgroups/cliques	Segment 5 continued/Future research directions											
Cooperation and competition - Teamwork	Consolidating course content											
Cohesion / Social Identity												