Queen's University School of Kinesiology and Health Studies



Course Name: KNPE 439/3.0	Course Instructor: Dr. Brendon Gurd	Learning Hours: Lectures: 1 x 3 hrs / 12 weeks	
Critical Appraisal and Translation of Muscle Physiology Research		Prerequisite:	
Not Offered 2020-21		Level 4 in a PHED or KINE plan and KNPE 339/3.0	
		Exclusion:	
Course Description: This course will provide students with an opportunity to read, evaluate and discuss recent scientific literature in the areas of exercise metabolism, exercise nutrition, and performance. In addition, the course will focus on developing a systematic approach to scientific writing and will provide opportunities to write translational literature that accurately communicates recent scientific findings to the general population.		No more than 3.0 units from KNPE 439/3.0 and KNPE 493/3.0 (Fall Term 2016-17)	
		Readings:	
		Course notes will be limited, but when available they will be posted on OnQ.	
Learning Outcomes:		Evaluation:	
 Develop an advanced understanding of current topics in exercise/muscle physiology and an ability to discuss these topics within the context of physiological models Gain a cursory knowledge of the methodology used in 		Reading Quizzes 2% each (9 in total) Presentations SIT v END Presentation	18% 6%
muscle physiologyRead and critique literature from the field of muscle		Non-response Presentation	6%
physiology: a) Identify and evaluate problem statements		Final Presentation	25%
(specifically the 4 key proposition statements)b) Extract and present prior literature that supports		Infographic Assignment	15%
 each proposition statement c) Evaluate ppropriateness/strengths/weaknesses of study design and methodology d) Discuss importance/significance for the general public 		Written Assignment Proposal and Annotated Bibliography Final Assignment	5% 25%
 Translate scientific article in a form appropriate for public consumption 			
a) Be able to clearly in important for the general purpose sentence to b) Clearly develop a p	dentify what you think is eneral public to know (develop a for your work) blan for translating important point outline of how you will		

achieve your purpose) c) Translate information in a variety of forms (infographics and written article)			
Course Outline			
Becoming an expert and presenting problem statements	Non-response: measurement error		
How to present	Writing with purpose: The 5 paragraph essay		
Why does SIT work?	Writing sentences, paragraphs, essays, posts		
Presentation workshop #2	Infographics and workshop		
Non-response to exercise			