

TEACHING POSITION AVAILABLE – 25/26
HLTH 102* - Personal Health and Wellness
School of Kinesiology and Health Studies
Queen's University, Kingston, ON CAN K7L 3N6

The School of Kinesiology and Health Studies at Queen's University invites applications from suitably qualified candidates interested in teaching a course in Personal Health and Wellness (HLTH 102*). This is an in-person teaching, introductory course with an expected enrolment of 425 students. Candidates should have a M.A., M.Sc. or Ph.D, and teaching experience at the university level in Health Studies or a related discipline. This is a winter term appointment for the period January 1st, 2026, to April 30th, 2026, with classes in session from January 5th, 2026, to April 6th, 2026.

The University invites applications from all qualified individuals. Queen's is strongly committed to employment equity, diversity and inclusion in the workplace and encourages applications from Black, racialized/visible minority and Indigenous people, women, persons with disabilities, and 2SLGBTQ+ persons. All qualified candidates are encouraged to apply; however, in accordance with Canadian immigration requirements, Canadian citizens and permanent residents of Canada will be given priority. Please indicate in your application if you have a valid legal work status in Canada. Applications from all qualified candidates will be considered in the applicant pool. In order to support your employment at Queen's, we require you to indicate whether or not you will need a work permit.

The University will provide support in its recruitment processes to applicants with disabilities, including accommodation that takes into account an applicant's accessibility needs. If you require accommodation during this process, please contact: Michelle Shorey, Department Manager at skhs.manager@queensu.ca or 613-533-6000 ext. 74685.

The academic staff at Queen's University are governed by the *Collective Agreement* between the Queen's University Faculty Association (QUFA) and the University, which is posted at [Collective Agreements/LoU's/MoA's](#).

Applications should include:

1. An expression of interest (1-2 pages max) that outlines the candidate's vision for the course including a list of possible topics and assessment strategies;
2. A complete and current curriculum vitae;
3. Letters of reference from two (2) referees, and;
4. Any other relevant materials the candidate wishes to submit for consideration such as a teaching dossier, etc.

Please arrange to have applications and supporting letters sent directly to skhs.manager@queensu.ca, to the attention of:

Dr. Samantha King, Director
School of Kinesiology and Health Studies
Queen's University
Kingston Ontario Canada K7L 3N6

Applications will be received until June 2nd, 2025. Review of applications will commence shortly thereafter, and the final appointment is subject to budgetary approval. Additional information about the School of Kinesiology and Health Studies can be found at <https://skhs.queensu.ca/>.

Course Description:**HLTH 102* Personal Health and Wellness / Units: 3.0**

This course has been designed for undergraduate students who want to enhance their personal health awareness, knowledge, and practices. Through a combination of theoretical and experiential learning opportunities, this course offers an introduction to the concepts of health and wellness from a personal perspective. Course content and assignments will help students learn to think critically about health information and apply the information to their own health behaviours.

Course Learning Hours: 108 (24 Lecture, 12 Online Activity, 72 Private Study)

Course Learning Outcomes:

1. Identify and explain terminology, concepts, and assumptions related to personal health and well-being.
2. Evaluate and critically appraise information and resources relevant to personal health.
3. Apply course content to one's own personal health practices.

Prerequisites: None

Exclusion: IDIS 199/3.0. One-Way Exclusion May not be taken after 12.0 units in KNPE.

Posted: May 15, 2025