

**TEACHING POSITION AVAILABLE – 25/26**  
**KNPE 255\* - Physical Activity, Fitness and Health**  
**School of Kinesiology and Health Studies**  
**Queen's University, Kingston, ON CAN K7L 3N6**

The School of Kinesiology and Health Studies at Queen's University invites applications from suitably qualified candidates interested in teaching a course in Physical Activity, Fitness and Health (KNPE 255\*). This is an in-person teaching, introductory course with an expected enrolment of 195 students. Candidates should have a M.A., M.Sc. or Ph.D, and teaching experience at the university level in Kinesiology or a related discipline. This is a fall term appointment for the period September 1, 2025, to December 31<sup>st</sup>, 2025, with classes in session from September 3<sup>rd</sup>, 2025, to December 3<sup>rd</sup>, 2025.

The University invites applications from all qualified individuals. Queen's is strongly committed to employment equity, diversity and inclusion in the workplace and encourages applications from Black, racialized/visible minority and Indigenous people, women, persons with disabilities, and 2SLGBTQ+ persons. All qualified candidates are encouraged to apply; however, in accordance with Canadian immigration requirements, Canadian citizens and permanent residents of Canada will be given priority. Please indicate in your application if you have a valid legal work status in Canada. Applications from all qualified candidates will be considered in the applicant pool. In order to support your employment at Queen's, we require you to indicate whether or not you will need a work permit.

The University will provide support in its recruitment processes to applicants with disabilities, including accommodation that takes into account an applicant's accessibility needs. If you require accommodation during this process, please contact: Michelle Shorey, Department Manager at [skhs.manager@queensu.ca](mailto:skhs.manager@queensu.ca) or 613-533-6000 ext. 74685.

The academic staff at Queen's University are governed by the *Collective Agreement* between the Queen's University Faculty Association (QUFA) and the University, which is posted at [Collective Agreements/LoU's/MoA's](#).

Applications should include:

1. An expression of interest (1-2 pages max) that outlines the candidate's vision for the course including a list of possible topics and assessment strategies;
2. A complete and current curriculum vitae;
3. Letters of reference from two (2) referees, and;
4. Any other relevant materials the candidate wishes to submit for consideration such as a teaching dossier, etc.

**Please arrange to have applications and supporting letters sent directly to [skhs.manager@queensu.ca](mailto:skhs.manager@queensu.ca), to the attention of:**

Dr. Samantha King, Director  
School of Kinesiology and Health Studies  
Queen's University  
Kingston Ontario Canada K7L 3N6

Applications will be received until June 2<sup>nd</sup>, 2025. Review of applications will commence shortly thereafter, and the final appointment is subject to budgetary approval. Additional information about the School of Kinesiology and Health Studies can be found at <https://skhs.queensu.ca/>.

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**Course Description:****KNPE 255\* Physical Activity, Fitness and Health / Units: 3.0**

Introduction to the interrelationships between physical activity, inactivity, cardiorespiratory fitness and health. Current knowledge with respect to the identification of health-related fitness components, cardio metabolic risk factors among adults with various phenotypes are considered. Concepts related to physical activity and exercise prescription as treatment strategies for reducing lifestyle-based disease is introduced.

**Course Learning Hours: 108 (36 Lecture, 72 Private Study)****Course Learning Outcomes:**

1. Describe basic concepts related to physical activity, cardiorespiratory fitness, sedentary behaviour and health, and the interrelationship among these variables.
2. Describe the dose-response relationships between physical activity, cardiorespiratory fitness and selected health outcomes.
3. Describe the forms of evidence used to answer questions related to physical activity and health risk factors and health outcomes.

**Prerequisites:** KNPE 125/3.0, Level 2 or above in a KINE plan

Posted: May 15, 2025