

### Mark your Calendar!

FRI JUN 29	★ Last date to drop May-July online courses without academic penalty.
TUE JUL 3	★ July-August online courses begin.
MON JUL 9	★ Last date to add July-August online courses. ★ Last date to drop July-August online course without financial penalty.
SUN JUL 15	★ First date to apply in SOLUS to graduate in Fall 2018.
MON JULY 16 – WED JUL 25	★ Restricted Enrolment on SOLUS for FW 18-19
THUR JUL 26 – FRI AUG 3	★ Open Enrolment
MON JUL 30	★ Last date to drop July-August online courses without academic penalty.
TUE JUL 31 – FRI AUG 3	★ Exams for May-July online courses.
MON AUG 6 – FRI AUG 17	★ Enrolment hiatus: annual vacation for administrative staff.
WED AUG 15 – FRI AUG 17	★ Exams for July-August online courses.
TUE AUG 21	★ Open Enrolment for FW 18-19 reopens.
SUN SEPT 2 – WED SEPT 5	★ Orientation
THUR SEPT 6	★ First day of classes (see page 4 below for changes to Fall Term)
SAT SEPT 8 – SUN SEPT 9	★ Orientation activities conclude.
MON OCT 8	★ Thanksgiving (no classes)
THUR OCT 25 – SUN OCT 28	★ Fall Mid-Term Break (no classes)
TUE SEPT 25 – FRI SEPT 28	★ Tai Chi 2018 Conference at Lakehead University – see Issue 27 (2017-18).

### In the News

Courtney Meeks (HLTH Major '18)

[Leading by example](#), Queen's Gazette, May 29, 2018

Jeffrey Masuda (SKHS Faculty)

[The Allure of East Van's Gritty Goods](#), The Tyee, May 22, 2018

Kyra Pyke (SKHS Faculty)

[Healthy competition at Science Rendezvous](#), Queen's Gazette, May 7, 2018

Ejaz Causer (KIN '19)

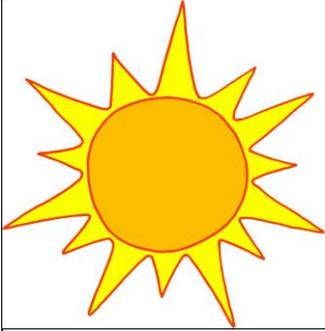
[Causer, Osei-Kusi and Richards headed to U SPORTS East-West Bowl](#), Gaels News, May 1, 2018

Brittany McBeath (SKHS MSc '19)

[Initiative encourages outdoor play](#), Whig Standard, April 29, 2018

Greta Chase (PHE '19)

[ROWONTARIO selects Munro, Chase and Grubic for Ontario Athlete Assistance Program](#), Gaels News, April 18, 2018



The Registration Issue of the UG News contains a lot of important information – with some important news items and updates near the end. The next issue will be September 7, 2018.

**A reminder that the entire UG Team is on holidays for two weeks in August (we'll need them!) AUG 6 to 16** – please hold all email/phone inquiries during that time.

**Have a great summer!**



Welcome to Michelle Gallant who will be joining the SKHS as the Acting Chair of Undergraduate Studies for 2018-19.

Currently in her position as Senior Associate to the Associate Deans (Studies) she works on student issues and development of academic policies and processes. She acts on behalf of the Associate Deans (Studies) on issues of admissions, exams and special projects.

Best wishes to Anna van der Meulen, SKHS UG Chair, who will be taking a one-year leave to pursue her other interests.

Keep in touch Anna!



The School of Kinesiology and Health Studies works as a team to ensure that we are working efficiently in a timely manner.

- **Please** do not send the same email to multiple people, we will forward it to the correct contact if needed.
- During peak periods, there may be an unavoidable delay in response – we thank you in advance for your patience.
- Including detailed information such as your student number, program and year allows us to respond more quickly.

<a href="#">Contact Us</a>	All emails must include: name as it appears on SOLUS; student number; program; and, year.
<a href="#">Trish Stenzl</a> Undergraduate Program Assistant	<ul style="list-style-type: none"> <li>• General registration inquiries.</li> <li>• Booking advising appointments.</li> </ul>
<a href="#">Melody Monte</a> Academic Advisor & Program Coordinator, Undergraduate Studies	<ul style="list-style-type: none"> <li>• Questions about degree and plan requirements.</li> <li>• Prerequisite issues.</li> <li>• Program/plan changes.</li> <li>• General advice about planning for international exchanges</li> </ul>
<a href="#">Anna van der Meulen</a> Undergraduate Chair of Studies  Please note that Anna will be on leave from July 27, 2018 – August 2019. During that time Dr. Michelle Gallant will be the Acting CHUG (same email).	<ul style="list-style-type: none"> <li>• Transfer credit assessments for courses taken at other institutions (within Canada and international).</li> <li>• Appeals for exceptions to program/plan requirements.</li> <li>• Approval for all independent courses and mini-streams.</li> </ul> Queries about: <ul style="list-style-type: none"> <li>• <i>Research-Based Internship</i> (HLTH 352/3.0 and KNPE 352/3.0)</li> </ul>
<a href="#">Michelle McCalpin</a> Internship Coordinator	Queries about: <ul style="list-style-type: none"> <li>• <i>Community-Based Internship</i> (HLTH 300/3.0 and KNPE 300/3.0).</li> <li>• <i>Exercise, Disability and Aging mini-stream</i> (KNPE 336/3.0 and KNPE 436/3.0).</li> <li>• <i>Athletic Therapy mini-stream</i> (KNPE 330/4.5 and KNPE 430/4.5).</li> <li>• <i>Strength &amp; Conditioning mini-stream</i> (KNPE 346/4.5 and KNPE 446/4.5).</li> <li>• <i>Coaching Internship</i> (PACT 403/3.0)</li> </ul>
<a href="#">Rob Watering</a> Laboratory and Educational Coordinator	<ul style="list-style-type: none"> <li>• On <a href="#">paternity leave</a> from April 30 to September 6.</li> </ul>



## Sessional Dates Changes to Fall Term 2018

For the first time at Queen's, there will be a Mid-Term Break in Fall Term. Please be sure to review the following dates and put them into your calendar.

Week 1: THUR SEPT 6 to WED SEPT 12\*

Week 2: THUR SEPT 13 to WED SEPT 19\*

Week 3: THUR SEPT 20 to WED SEPT 24\*

Week 4: THUR SEPT 27 to WED OCT 3\*

Week 5: THUR OCT 4 to WED OCT 10 \*

(no classes on MON OCT 8 *Thanksgiving*)

Week 6: THUR OCT 11 to WED OCT 17\*

Week 7: THUR OCT 18 to WED OCT 24\*

**\*Classes held THUR, FRI, MON, TUE and WED.**

Mid-Term Break: THUR OCT 24 to SUN OCT 28

Week 8: MON OCT 29 to FRI NOV 2

Week 9: MON NOV 5 to FRI NOV 9

Week 10: MON NOV 12 to FRI NOV 16

Week 11: MON NOV 19 to FRI NOV 23

Week 12: MON NOV 26 to FRI NOV 30



Western  
HealthSciences

School of Physical Therapy

Admission & Application Requirements

Go go [Prerequisite Courses](#)

“Note: Beginning with the 2019 application cycle, English is no longer a requirement of the MPT program.”

## Registration Basics

<p>Know your plan.</p>	<p>Go to: <a href="http://www.skhs.queensu.ca">www.skhs.queensu.ca</a>   go to Current Students   choose <a href="#">Undergraduate Studies</a></p> <p>Select: HLTH, KIN or PHE</p> <p>Select: Plan Requirements</p> <p>Select: <b>Degree Audit Forms</b></p>
<p>Understand your plan.</p>	<p>All degrees are made up of two sets of degree requirements.</p> <ol style="list-style-type: none"> <li>1. Plan requirements</li> <li>2. Elective requirements.</li> </ol> <p><u>Plan requirements</u> include:</p> <ol style="list-style-type: none"> <li>1. Core courses – that you must take.</li> <li>2. Option courses – from which you get to choose.</li> <li>3. PHE plans also include practicum courses – some of which you must take and others where there is a choice.</li> </ol> <p><u>Elective requirements</u> include:</p> <ol style="list-style-type: none"> <li>1. Arts and Science courses in any subject at any level.</li> <li>2. KIN plans also include Natural and Physical Science courses which have level requirements. The <a href="#">Natural &amp; Physical Sciences</a> website outlines which courses are allowed in this category.</li> <li>3. The PHE plan has restrictions on how many KNPE courses count in the elective requirements. [Note – the KIN plan has had these restrictions removed.]</li> </ol>
<p>Read the notes.</p>	<p>The <b>Degree Audit Forms</b> have important notes that answer common questions.</p>
<p>Assess your progress.</p>	<p>Fill out your <b>Degree Audit Form</b>.</p> <ul style="list-style-type: none"> <li>➤ Put grade achieved beside courses that are completed.</li> <li>➤ On second page, make a note of the total units that you have completed at the end of the last term.</li> </ul>
<p>Plan for the next year.</p>	<p>Review the <u>plan requirements</u>.</p> <ul style="list-style-type: none"> <li>➤ Know which core courses you need to take next (see YR beside the course on the <b>Degree Audit Form</b>).</li> <li>➤ Choose your preferred option courses.</li> </ul> <p>Review your <u>elective requirements</u>.</p> <ul style="list-style-type: none"> <li>➤ Know how many electives you should be taking next.</li> </ul>
<p>Know what is offered.</p>	<p>Go to: <a href="#">SKHS Draft Timetable</a> found on the SKHS <a href="#">Registration</a> website</p> <p>Review the following information on a course-by-course basis:</p> <ul style="list-style-type: none"> <li>• Professor and term offered.</li> <li>• <u>Prerequisites</u>: course which must be taken before you can register into it.</li> <li>• <u>Exclusions</u>: course(s) which you cannot take for credit if you also take this course.</li> <li>• <u>Corequisites</u>: course(s) which must be taken either before or at the same time as this course.</li> <li>• <u>Leads to</u>: this course will be required as a prerequisite in order to take other courses.</li> </ul>

## Registration Basics (cont'd)

	<ul style="list-style-type: none"> <li>Click on the course hyperlink – it will take you to the course summary with details on the course content, contact hours, marking scheme last time it was offered, etc.</li> </ul>
<p>Know the course restrictions.</p> <p>Know the plan restrictions.</p>	<p>The <a href="#">SKHS Draft Timetable</a> lists the following information on a course-by-course basis.</p> <ul style="list-style-type: none"> <li><u>Enrolment limit</u>: class size can be limited by multiple factors, e.g. classroom size, T.A. support, etc.</li> <li>SOLUS can allocate the number of seats for students in different plans and/or year in program, e.g. 160 seats are reserved for KIN students in HLTH 101 and the remaining 490 seats are reserved for first-year students.</li> </ul> <p>Some courses are restricted to students in specific degree plans and/or level in program.</p> <ul style="list-style-type: none"> <li><u>Open Enrolment</u>: some classes are restricted until Open Enrolment which means certain students are waiting for seats, e.g. HLTH 101 for upper-year students.</li> <li><u>Timed Enrolment</u>: some classes have unique registration pressures so access is “rolled out”.             <ul style="list-style-type: none"> <li>HLTH 237 (Addictions) is restricted to second-year HLTH, KIN and PHE students until the evening following the last appointment time for YR2 students.</li> <li>For <b>one</b> evening, July 25, preceding Open Enrolment, upper-year HLTH, KIN and PHE students.</li> <li>As of Open Enrolment HLTH 237 is available to all students at Queen’s.</li> </ul> </li> </ul>
<p>Have a registration strategy.</p>	<p>Print off the <a href="#">Registration Worksheet</a>.</p> <ul style="list-style-type: none"> <li>Start with your <u>core courses</u> and list by Fall or Winter Term.</li> <li>Next, select your preferred <u>option courses</u> and list by Fall or Winter Term.</li> <li>Finally, select the <u>elective courses</u> that you’d like to take by Fall or Winter Term.</li> </ul> <p>Did you?</p> <ul style="list-style-type: none"> <li>➤ Include all required core courses?</li> <li>➤ Plan ahead to the following year’s option/elective courses to ensure you’re taking the prerequisites this year?</li> <li>➤ Remember that although all <i>Courses of Instruction</i> are listed in the online <a href="#">Arts and Science Calendar</a>, that only those courses that are offered in Fall-Winter are on SOLUS when the final Timetable is posted?</li> <li>➤ Know that all courses have course/plan restrictions? Check with the appropriate department for further information if you need more information.</li> </ul>

## Dean’s Honour Lists for 2017–18

If you read [Academic Regulation 12 – Dean’s Honour Lists](#), you will learn that the required GPA of 3.50 for the academic year of 2017-18 includes Summer Term 2018. The Faculty of Arts & Science will be running the reports for grades at the end of August and it takes a couple weeks beyond that for the rulings to be confirmed and entered on individual transcripts.

The rulings of “Dean’s Honour List” or “Dean’s Honour List with Distinction” (top 3% of all students within their program group – see above regulation) will start appearing on transcripts from **mid- to late September**, so do not look for it before that date.

Courses offered at the [Bader International Study Centre](#) (England)  
[2018-19 SKHS Draft Timetable](#)

**Fall 2018**

- HLTH 101

**Winter 2019**

- HLTH 102
- HLTH 332
- HLTH 350
- HLTH 397

**May 2019**

- HLTH 402
- HLTH 403
- HLTH 404



Incoming first-year KIN students are advised that they can register for SOAR on the [Summer Orientation to Academics and Resources](#) website.

Please read the information posted below to understand which courses that they will be automatically registered into by the School of Kinesiology & Health Studies.

Please note that we recommend that students take [Natural and Physical Sciences](#) electives in first year when they have the highest enrolment priority for seats in 100-level courses.

**Preloading of courses for you by the SKHS (see PROG/YR below for details).**

**Warning – remove courses we preloaded for you from your shopping cart.**

- When you go to register, SOLUS programming will delete any preloaded course that is also in your shopping cart. For example, if we put you into KNPE 125 make sure it's not in your cart!
- As courses have waiting lists, losing a seat in a course may mean another student will automatically be added by SOLUS and you may not get back in.

**“Academic Record on Hold”**

- If you have a debt with the University Registrar, we cannot preload your courses. Please contact the Registrar directly and let us know as soon as the hold is removed so we can add your courses.

**Course not preloaded and no hold on your academic record.**

- Please contact Trish Stenzl ([stenzlt@queensu.ca](mailto:stenzlt@queensu.ca)) by email with details. Please note that if you failed or dropped a course, it is your responsibility to register yourself in the course.

KIN YR1	<p>When you have your appointment time, you will be preloaded in the following courses.</p> <ul style="list-style-type: none"> <li>➤ <u>Core courses</u>: HLTH 101, KNPE 125, KNPE 153, KNPE 167, PSYC 100</li> <li>➤ <u>Elective courses</u>: BIOL 102, BIOL 103             <ul style="list-style-type: none"> <li>○ The majority of KIN students take BIOL 102 and 103 which have labs. To ensure that you get a conflict-free time, these two courses are preloaded. <b>You <u>do not</u> have to take them, it is OK to drop them and add other electives.</b></li> <li>○ In 2018-19, <b>CHEM 112 A/B LECT 003 and the corresponding LABs</b> that fit this lecture section will have the least amount of conflicts with HLTH/KNPE courses.                 <ul style="list-style-type: none"> <li>▪ LECT 001 is on west campus.</li> <li>▪ LECT 002 conflicts with HLTH 101 (LECT 002) and HLTH 101 (TUT 003/004/027/028).</li> </ul> </li> </ul> </li> </ul>
HLTH YR1	<p>Students in Arts &amp; Science are not accepted into a HLTH Plan until Spring 2019 and are responsible for registering into all courses. They are advised to read the material posted on the <a href="#">Plan Selection, First-Year Students</a> website.</p> <ul style="list-style-type: none"> <li>➤ <u>Core courses</u>: HLTH 101 (required), HLTH 102 (highly recommended) and PSYC 100 (highly recommended)</li> </ul>
KIN YR2	<p>When you have your appointment time, you will be preloaded in the following courses.</p> <ul style="list-style-type: none"> <li>➤ <u>Core courses</u>: ANAT 315, ANAT 316, HLTH 252*, KNPE 225, KNPE 227, KNPE 251, KNPE 255, KNPE 254, KNPE 265             <ul style="list-style-type: none"> <li>○ <b>*Please note</b>: you may decide to take HLTH 252 in YR 3, if you would prefer to take an elective or option course in Fall 2018.</li> </ul> </li> <li>➤ <u>Mini-stream</u>: If you were accepted into the Athletic Therapy Mini-Stream, KNPE 331. If you were accepted into the Strength and Conditioning Mini-Stream, KNPE 345.</li> </ul>
HLTH YR2	<p>You are responsible for registering into all core, option and elective courses.</p> <ul style="list-style-type: none"> <li>➤ HLTH students who need HLTH 102: please contact Trish Stenzl (<a href="mailto:stenzlt@queensu.ca">stenzlt@queensu.ca</a>) before appointment times begin to request that you be preregistered to this course.</li> </ul>
KIN YR3	<p>You are responsible for registering into all other core, option and elective courses. Only the following courses will be preloaded for students:</p> <ul style="list-style-type: none"> <li>➤ <u>Mini-stream</u>: If you are in the Athletic Therapy Mini-Stream, KNPE 330. If you are in the Strength and Conditioning Mini-Stream, KNPE 346. If you are in the Exercise, Disability &amp; Aging Mini-Stream, HLTH 332 and KNPE 336.</li> <li>➤ <u>Research Internship</u>: If you were accepted by a supervisor, KNPE 352.</li> <li>➤ <u>Community-Based Internship</u>: If you were accepted, KNPE 300.</li> <li>➤ <u>Physical Activity Promotion for Children and Youth</u>: If you were accepted, KNPE 337 (and if needed, the prerequisite course, KNPE 237, will also be preloaded)</li> </ul>

Preloading of courses for you by the SKHS (see PROG/YR below for details)... cont'd.

PHE YR3	<p>You are responsible for registering into all other core, option and elective courses. Only the following courses will be preloaded for students:</p> <ul style="list-style-type: none"> <li>➤ <u>Mini-stream</u>: If you are in the Athletic Therapy Mini-Stream, KNPE 330. If you are in the Strength and Conditioning Mini-Stream, KNPE 346. If you are accepted in the Excercise, Disability &amp; Aging Mini-Stream, HLTH 332 and KNPE 336.</li> <li>➤ <u>Research Internship</u>: If you were accepted by a supervisor, KNPE 352.</li> <li>➤ <u>Community-Based Internship</u>: If you were accepted, KNPE 300.</li> </ul>
HLTH YR3	<p>You are responsible for registering into all other core, option and elective courses. Only the following courses will be preloaded for students:</p> <ul style="list-style-type: none"> <li>➤ <u>Mini-stream</u>: If you are accepted into the Excercise, Disability &amp; Aging Mini-Stream, HLTH 332 and KNPE 336. If you were accepted into the Movement and Health Mini-Stream, HLTH 270 and KNPE 337.</li> <li>➤ <u>Research Internship</u>: If you were accepted by a supervisor, HLTH 352.</li> <li>➤ <u>Community-Based Internship</u>: If you were accepted, HLTH 300.</li> </ul>
KIN YR4	<p>You are responsible for registering into all other core, option and elective courses. Only the following courses will be preloaded for students:</p> <ul style="list-style-type: none"> <li>➤ <u>400-level courses</u>: KNPE 400 (cored) and sufficient 400-level courses to complete your 400-level option course requirements.</li> <li>➤ <u>Mini-stream</u>: If you are in the Athletic Therapy Mini-Stream, KNPE 430. If you are in the Strength and Conditioning Mini-Stream, KNPE 446. If you are in the Excercise, Disability &amp; Aging Mini-Stream, KNPE 436.</li> <li>➤ <u>Independent courses</u>: If you were accepted by a supervisor, KNPE 456, KNPE 491 and/or KNPE 595.</li> </ul>
PHE YR4	<p>You are responsible for registering into all other core, practica, option and elective courses. Only the following courses will be preloaded for students:</p> <ul style="list-style-type: none"> <li>➤ <u>400-level courses</u>: Sufficient 400-level courses to complete your 400-level option course requirements.</li> <li>➤ <u>Mini-stream</u>: If you are in the Athletic Therapy Mini-Stream, KNPE 430. If you are in the Strength and Conditioning Mini-Stream, KNPE 446. If you are in the Excercise, Disability &amp; Aging Mini-Stream, KNPE 436.</li> <li>➤ <u>Independent courses</u>: If you were accepted by a supervisor, KNPE 456, KNPE 491 and/or KNPE 595.</li> </ul>
HLTH YR4	<p>You are responsible for registering into all other core, practica, option and elective courses. Only the following courses will be preloaded for students:</p> <ul style="list-style-type: none"> <li>➤ <u>400-level courses</u>: Sufficient 400-level courses to complete your 400-level option course requirements.</li> <li>➤ <u>Mini-stream</u>: If you are in the Excercise, Disability &amp; Aging Mini-Stream, KNPE 436.</li> <li>➤ <u>Independent courses</u>: If you were accepted by a supervisor, HLTH 456, HLTH 491 and/or HLTH 595.</li> </ul>

## New course addition

<a href="#">HLTH 497/3.0</a>	Special Topics in Health Studies Topic ID: Cultural Embodiment in Powwow	Winter Term Meness, Jennifer
Description	Explore cultural embodiment through the lens of powwow dance. This course provides an overview of contemporary powwow history, introduces Indigenous world views, and explores theories of performance, embodiment, and material culture through the embodied experience of powwow dance. The course is not intended to teach participants to be powwow dancers; it is designed to foster a culturally sensitive and informed understanding of some aspects of contemporary Indigenous culture through movement.	

## Graduating with Distinction vs Repeating a Course

Students who obtain a 3.50 CGPA (all courses taken) and a 3.50 Plan GPA (all courses towards the plan requirements) will receive a notation of graduating “With Distinction” on their transcript.

If you are thinking of repeating a course with the sole purpose of improving your CGPA (versus gaining better mastery of the content), be aware that any repeated course will disqualify you from graduating with distinction.



[Academic Regulation 16.3 – Degrees with Distinction](#)

## Police Background Checks

- Background checks are usually valid for one year. Thus, they have to be renewed/redone **EVERY** year.
- You should check yes to the question about Vulnerable Populations (i.e., children and youth, seniors and persons with disabilities.)

Students requiring police background checks.

- Upper-year PHE students who are completing PACT 333, 335, or 403 must provide a **current** *Police Background Check* in order to complete the community based placements for each of these activity courses.
- Upper-year KIN and PHE students who are completing the *Athletic Therapy or Strength and Conditioning* mini-streams. This is an Athletics and Recreation policy.
- Upper-year HLTH, KIN and PHE students in who are completing the *Exercise and Disability and Aging* mini-stream. This is requirement of the Revved Up program.

**It is important that you start the process to get the background check organized for your return to campus in September. Failure to do so may delay the start of your course-related placement.**

## Release of Information

FIPPA (*Freedom of Information and Privacy Act*) forbids us from speaking to a third party acting on your behalf unless you have specifically named them on SOLUS.

Please update this information on SOLUS if there is any possibility that a parent or guardian may contact Queen's on your behalf (e.g. an illness or inability to access the internet), **especially for help with course registration.**

### Registration Tips & Hints

Contact information	<ul style="list-style-type: none"> <li>Email only one person in the SKHS. We will redirect your inquiry to the correct person.</li> <li><a href="mailto:askhlth@queensu.ca">askhlth@queensu.ca</a> (<a href="mailto:askkin@queensu.ca">askkin@queensu.ca</a>) or (<a href="mailto:askbphe@queensu.ca">askbphe@queensu.ca</a>).</li> <li>Include your full name, student number, program and year.</li> <li>Before hitting send, did you ask all your questions?</li> </ul>
Contact the right department	<ul style="list-style-type: none"> <li>If you are inquiring about a PSYC course, contact the PSYC UG Office by finding the contact information on their departmental website.</li> <li>See page 48 of the <a href="#">SKHS Draft Timetable</a> for a list of contact information.</li> </ul>
Course conflicts	<ul style="list-style-type: none"> <li>You are not allowed to register into two courses which are held at the same time unless you get both departments that offer the course to agree and give you a permission number. Warning – permission is not usually given.</li> <li>Core courses have a higher priority than option (or practica) courses.</li> <li>Prerequisite courses for courses required in your next year of your program have a higher priority.</li> <li>Courses that do not act as a prerequisite for another required course can be taken in a later year.</li> </ul>
Winter Term courses	<ul style="list-style-type: none"> <li>If a Winter Term course (e.g. HLTH 331) has a Fall Term prerequisite (e.g. HLTH 230), you must register into the prerequisite course <u>before</u> SOLUS will let you add the Winter Term course.</li> <li>The Shopping Cart will load the Fall <u>but not the Winter Term course, you will need to wait until your appointment time.</u></li> <li>Always register into a full course load for Winter Term, even if you have to select a lesser-preferred course – you can always swap courses when seats become available.</li> <li>Open enrolment for Winter Term courses continues throughout Fall Term. The last date to add is the second Friday of classes in January.</li> </ul>
Corequisites	<ul style="list-style-type: none"> <li>If a course has a corequisite, you'll need to add it <u>before you can register</u> into it. See above item.</li> </ul>
Adding/dropping courses.	<ul style="list-style-type: none"> <li>Only drop a course if you are absolutely certain you do not need it and do not want to take it.</li> <li>If you drop a course in high demand, it is unlikely that you'll get a seat in it if you change your mind later.</li> <li>Use the SWAP function (one step) rather than Add/Drop (two steps). If a seat is available it will allow the change, if not your seat in the lesser-preferred course is protected.</li> </ul>

**WARNING: Only make changes to your lab/tutorial section if there is space in both the lecture and the lab/tut that you would like to be added to. Otherwise, you could lose your seat in the course.**

<p>Changing lab/tut sections. (see warning above: do not attempt to change lab/tut sections in a wait listed class)</p>	<p>To <b>swap</b> a lab or tutorial in an open course, use <b>EDIT</b> and <b>enter the Lecture code twice</b>.</p> <ul style="list-style-type: none"> <li>• <b>Drop</b> – enter the Lecture code</li> <li>• <b>Add</b> – enter the same Lecture code and then the code for the preferred lab/tutorial.</li> </ul>
<p>Limits on course registration</p>	<ul style="list-style-type: none"> <li>• The Faculty of Arts &amp; Science limits the number of courses that students can register into during July.</li> <li>• The limits are removed when Open Enrolment begins before Fall Term.</li> <li>• Academic <a href="#">Regulation 3.2.2</a> limits students to 36.0 units a term. To exceed this amount, you must appeal to the Associate Deans of Studies in the <a href="#">Faculty of Arts &amp; Science</a> in Dunning Hall.</li> </ul>
<p>SOLUS Error Messages</p>	<p><u>Departmental Consent Needed</u></p> <ul style="list-style-type: none"> <li>• This means that the department that offers the course is controlling access to the course. You will need to contact them directly.</li> </ul> <p><u>Enrolment Prerequisite not met.</u></p> <ul style="list-style-type: none"> <li>• You either do not have the course prerequisite or you are not in a plan that has access to this course.</li> </ul> <p><i>Shopping Cart Mode</i></p> <ul style="list-style-type: none"> <li>• If you are having problems or getting error messages in this mode, please wait and try again during your appointment time. Sometimes it's that simple.</li> </ul>
<p>Online courses</p>	<p><a href="#">Arts and Science Online</a> (Continuing &amp; Distance Studies) controls online course registration.</p> <ul style="list-style-type: none"> <li>• Online courses are on SOLUS, located under "Career" – choose "Undergraduate Online" and "Mode of Instruction" – choose "Online".</li> <li>• Until 12:01 a.m. on the first day of classes in both Fall Term and Winter Term, CDS reserves a limited number of seats (normally 10%) in all online courses for distance students.</li> <li>• If you are on the wait list, you should check after 12:01 a.m. on SEPT 6 (Fall Term) or JAN 7 (Winter Term) to see if you were successful in getting a seat in the course.</li> </ul>
	<ul style="list-style-type: none"> <li>• If you are thinking of taking a first-year French course, you will need to take the online <a href="#">French Placement Test</a>.</li> </ul>

# Waiting Lists FAQs

- When are wait lists active?
- How does the wait list work?
- If a space opens in the class I am wait listed for, how do I get moved from the wait list into the class?
- I see that there is a space available in the class, but the class is still showing as closed. Why?
- When can I wait list for a class?
- How many classes can I be on a wait list for?
- How many spots are there on the wait list?
- Can I go on a wait list for a class that meets at the same time as another class that I am enrolled in?
- How do I know where I am on the wait list?
- What are my chances of getting into the wait listed class?
- If I don't get in the class, will I just stay on the wait list forever?
- How will I know if I have been enrolled in the class I wait listed for?
- What would prevent me from getting on a wait list?
- I am number one on the wait list and a spot opened up in the class but I didn't get in. How come?
- What happens when I want to change my lab or tutorial but the one I want is full? Can I wait list for the one I want?



Go to: [Class Selection in Arts and Science](#) and scroll down to *Waiting Lists FAQ's* for the answers!



School of Kinesiology and Health Studies who were registered in the Interdisciplinary *Studies in Global Health and Disability Program* at the Bader International Studies Centre at Hertsmonceaux Castle in England smile for the camera!

They were at the United Nations headquarters located in Geneva, where they had the opportunity to tour the organization. Students heard about the history and development of the United Nations, the role of member states, assembly structures and conflict resolution approaches.

May 2018

Advice for HLTH Students	
Core Prerequisites	<ul style="list-style-type: none"> <li>• HLTH 205 (Fall) is a prerequisite for HLTH 315 (Fall) which in turn is a prerequisite for HLTH 415 (Fall-Winter). Plan carefully.</li> <li>• To appeal for an exception to be allowed to take HLTH 315 and 415 concurrently, email the SKHS UG Coordinator, Anna van der Meulen, at (<a href="mailto:skhsug@queensu.ca">skhsug@queensu.ca</a>).</li> </ul>
HLTH 252	<ul style="list-style-type: none"> <li>• HLTH Honour students who take an alternate <i>Research Methods</i> course (e.g. PSYC 203), must take an extra HLTH option course to replace it.</li> <li>• HLTH 252 is a prerequisite for both HLTH 323 and 352 (also recommended for HLTH 415). Plan ahead.</li> </ul>
Double-counting	<ul style="list-style-type: none"> <li>• Students may not double-count the same course in two different plans (e.g. PSYC 202 or PSYC 332) in both the HLTH and a PSYC Medial plan requirements.</li> <li>• SOLUS is programmed to use any statistics course in the HLTH Medial (e.g. PSYC 202, STAT 263, etc.). Contact the SKHS and other departmental UG Office to let both know if you want statistics to count in the other discipline.</li> <li>• HLTH Majors with a PSYC Minor are reminded that PSYC 100 is core to their HLTH Plan and will not be used in the PSYC Minor. If extra HLTH option courses are taken, you may email (<a href="mailto:askhlth@queensu.ca">askhlth@queensu.ca</a>) to arrange for PSYC 100 to be moved to the Minor.</li> </ul>
BSch and BAH, HLTH Minor	<ul style="list-style-type: none"> <li>• Reminder to the Class of 2020 that you need to take HLTH 205 no later than Fall 2018 as it is a prerequisite for HLTH 315 (Fall 2019).</li> <li>• If you no longer wish to complete a Minor in Health Studies, email (<a href="mailto:askhlth@queensu.ca">askhlth@queensu.ca</a>) to ask that it be removed from your SOLUS record.</li> </ul>
Advice for KIN Students	
KNPE 456, 491 and/or 595	<ul style="list-style-type: none"> <li>• These courses may count towards one of the required options categories (i.e. Applied Exercise Science; Psychology and Socio-Cultural Studies of Physical Activity and Health; or, Physical Activity Epidemiology and Health Promotion).</li> <li>• However, they cannot be automatically programmed on SOLUS.</li> <li>• After registration on SOLUS, KIN students can contact (<a href="mailto:montem@queensu.ca">montem@queensu.ca</a>) directly and ask that an <i>Academic Exception Report</i> be submitted on their behalf so that the course counts in their requirements correctly.</li> </ul>

## Advice for PHE Students

### PACT 338/3.0 Fall Camp School

WED AUG 29 – WED SEPT 5, 2018



WED AUG 29 - Class session begins at 3:00 p.m. in KHS-101

THUR AUG 30 - Departure for camp, 8:00 a.m. from SKHS Building

WED SEPT 5 - Return to campus, ETA at SKHS Building around 5:00 p.m.

[Application Form](#) | [Information Sheet](#) | [Clothing and Equipment](#) | [Waiver Form and Liability](#)

Prerequisite: YR3 or YR4 PHE and PACT P01

Cost: \$400.00 supplementary fee\* plus tuition

\* The supplementary fee covers the cost of transportation to and from Camp Oconto, accommodation and meals, and expenses related to the five-day canoe trip (e.g. permits, etc.)

All registrations for this course must be completed by **Tuesday July 17, 2018.**

The information sheet should be sent to [Trish Stenzl](#) as soon as possible.f

**Drop course after August 1: Financial penalty will apply** (i.e. any refund of the \$400.00 supplementary fee is subject to admin and pre-paid costs and will be pro-rated depending on date the course is dropped.)

### PACT 403/3.0 COACHING INTERNSHIP

- **Note: Students may take this course in Fall Term, Winter Term or across Fall-Winter Term.**
- **The Coaching Practicum matches the season of the sport you will be coaching.**

Students must complete the [PACT 403 form](#) indicating the details and contact information regarding the coaching experience. Once the form is completed and signed, please send it to the [SKHS UG Office](#) for approval and registration.

If you already have a coaching placement lined up and can get the form completed before (or during) course registration in July, you can be registered in the course this summer. If you cannot get the signature or don't yet have a coaching experience set up, this can be done at the start of the fall term. If you need assistance in setting up a coaching internship, send your details to [Michelle McCalpin](#), Education and Lab Coordinator, with your athletic/coaching background and which sport you would like to coach, e.g. rowing, long-distance running, etc.

**IMPORTANT:** Students must register into PACT 403 by the **end of the second week of classes** in the appropriate term.



Elizabeth Stanton (KIN '20) and Liz Birchard (KIN 18) are currently in East Berbice-Corentyne, Guyana, are wrapping up their final week of teaching with Queen's Health Outreach (QHO) and send us this report.

"As members of QHO, we provide needs-based peer to peer education to students in the area, specifically focusing on mental, physical and sexual health. Pictured here are some of our incredible students from Manchester Secondary School and J. C. Chandisingh Secondary School, who have been enthusiastic in learning about topics ranging from substance use to contraceptives to mental illness. We have really enjoyed getting to know the students that we teach, as well as the community that has been so welcoming to us. Although we are sad to leave in just a few short days, we are so thankful for our time here and can't wait to share our experience with our peers back home in Canada."



## Attention: Applicants to Rehabilitation Therapy Graduate Schools in Ontario

According to the ORPAS [Undergraduate Academic Record](#) requirements, courses not included in the ORPAS sub-grade point average (GPA) include the category of “practicums, placements, internships and activity courses”.

As such, the following courses would not count.

- [KNPE 330/4.5](#) and [KNPE 430/4.5](#) (Athletic Therapy Mini-Stream)
- [KNPE 346/4.5](#) and [KNPE 446/4.5](#) (Strength and Conditioning Mini-Stream).
- [KNPE 336/3.0](#) and [KNPE 436/3.0](#) (Exercise, Disability and Aging Mini-Stream).
- [HLTH 300/3.0](#) / [KNPE 300/3.0](#) (Community-Based Internship).
- All PACT courses.

Please note that course taken at international universities outside of Canada and the U.S. are also excluded from the sub-GPA calculation.

Please monitor the [ORPAS](#) site for the most current application guidelines.

### Going on Exchange in 2018-19?



- Depending on whether you are going on an exchange for one term or two, you may be in the position of needing to take a course in a different year than recommended.
- If you want to take a 400-level course in 2019-20 and will not be here to take the prerequisite in 2018-19, you should see if you can take the prerequisite while on exchange.
- Problems or questions with exchange course selections? Send an email outlining your questions to [Melody Monte](#) (Academic Adviser)

## Congratulations to the graduates in the Class of 2018!



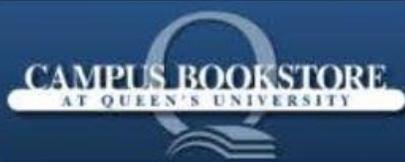
Read about their Career Paths on the following links:

- Health Studies [Class of 2018](#)
- Kinesiology [Class of 2018](#)
- Physical and Health Education [Class of 2018](#)

## Congratulations to Dr. Kyra Pyke!

**Inaugural recipient of the John G. Freeman Faculty Excellence Award for 2017-2018.**

**This award is given to a faculty member who has made a significant contribution to the SGPS (Society of Graduate and Professional Students) membership in the realm of teaching, supervision, and/or mentorship.**



**[Campus Bookstore](#)**

**Get a head start!**

If you have a busy year planned with extra-curricular commitments or part-time work, why not get a head-start on your courses? Go to the Campus Bookstore website to search for the textbook that they will be using and purchase it. Every hour you study in advance is an hour saved during a busy term.

If the course you're planning to take (e.g. PSYC 100, BIOL 102, CHEM 112, ANAT 101 or 315) does not yet have the textbooks posted on the Campus Bookstore website, then contact the Campus Bookstore directly for information. The Textbook Manager will often know "inside information" that will be useful to you (e.g. The PSYC 100 "course package" comes with an electronic code for the blended course requirements and may not be ready until later in the summer).

Yes, the Campus Bookstore will ship a textbook to you directly... or, if you verify the textbooks (be careful you get the right edition), you can see if they're available in a bookstore nearer to you.



Dr. Luc Martin (Sports Psychology with an emphasis on the principles of group dynamics) reports to us from Barrie Ontario where he was given the opportunity to fly with the Snowbirds. Read more on the [SKHS Facebook](#) page.

### [Ontario Kinesiology Association](#)

Consider taking out a student membership!



"I joined the OKA and ACE as a student member in my last year of school at Queens. I knew that I would like to pursue a career in kinesiology, and further my studies later on as time and space permitted. I attended the OKA conference in the Fall of 2014. It was an excellent opportunity to network and connect with other like minded people, who had been working and advocating for the profession for many years. At the end of the conference, there was a panel discussion with five speakers sharing about their experiences as entrepreneurs in kinesiology.

One of the five speakers was Mike Affleck, from CBI Health Group - Workplace Solutions. He spoke about stimulating change within a company as an "intreprenuer." What he had to say really resonated with me- and I later spoke with him and offered to volunteer just to learn. Mr. Affleck as his associates later sought me out for an employment opportunity; tracking me through Dr. Fischer, whom I had as an ergonomics professor. I began work with CBI in on the job training as a student prior to completing my last set of final exams.

One of the best pieces of encouragement that I can give you, is to take to opportunity to connect in a genuine manner with others in the industry. Authentically seek to contribute to the betterment of others, rather than climb the corporate ladder- and then your character will match your capacity to contribute."

*Lori Anne Thompson KIN '15*



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# INTERN ABROAD

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## TOP INTERNATIONAL INTERNSHIPS OF 2018

### PRIVATE ISLAND MARINE EXPERIENCE

TOM OWENS CAVE, BELIZE

Volunteer for marine conservation in Belize! You will have the opportunity to improve the Belize Barrier Reef at this paradise private island project.



### AFRICAN WILDLIFE RANCH

WESTERN CAPE, SOUTH AFRICA

Volunteer with wildlife in South Africa! This project is flexible and the internship option can be shaped to fit each intern's specific school requirements.

### EMPOWERING WOMEN IN KATHMANDU

KATHMANDU, NEPAL

Help Nepalese women break down gender barriers by providing educational classes and mentorship in the city of Kathmandu.





### **TEACHING & MACHU PICCHU TREK**

**VARIOUS LOCATIONS, PERU**

Assist local school teachers in the ancient Peruvian city of Cuzco and venture on a four-day trek to Machu Picchu. (Basic Spanish required.)

### **CANARY ISLANDS DOLPHIN RESEARCH**

**CANARY ISLANDS, SPAIN**

Volunteer in the Spanish Canary Islands to conduct research on dolphin, whale and other local marine life populations surrounding the islands.



### **EDINBURGH HOSPITALITY INTERNSHIP**

**EDINBURGH, SCOTLAND**

Travel to the capital city of Scotland to enhance your hospitality and business skills through this internship! Spend your free time exploring the country.

### **ANTIGUA MEDICAL INTERNSHIP**

**ANTIGUA, GUATEMALA**

Travel to Antigua to gain hands-on experience assisting health care professional in hospitals, clinics or assisted living centers.





### ROAD TRIP INDIA

VARIOUS LOCATIONS, INDIA

Embark on a vibrant, four-week trip to experience the diversity and culture of India! Travel from Delhi to Goa, helping local communities as you go along.

### WILDLIFE SANCTUARY

HARTEBEESSPOORT, SOUTH AFRICA

Live among some of Africa's spectacular wildlife while working on a team expedition to complete projects that better life on the sanctuary.



### VEGAN BAKERY INTERNSHIP

TEL AVIV, ISRAEL

Learn the ins and outs of operating a vegan bakery in Israel's vegan capital, Tel Aviv! Create delicious masterpieces each day at this unique internship.

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## The benefits of volunteering abroad with GoEco:



**Professional Development:** GoEco internships maximize experiential learning to prepare students for their future career



**Support:** Every location has a local team of specialists who provide 24 hour support



**Location:** GoEco offers internships and volunteering in over 150 countries around the world



**Give Back:** Interns perform real field work, so they make an impact while they learn



**Accommodations:** All GoEco programs include room and board



**Travel Highlights:** Each location has a unique package of tours, sightseeing and cultural learning

GoEco, a leader in the volunteer travel industry, would like to introduce you to our [Volunteer Scholarship](#). This initiative was created with the intention of helping a selection of students who are in need of financial assistance, join one of our volunteering opportunities abroad!

This scholarship includes a flight voucher of up to \$1000 USD plus the full program cost, including insurance, for a maximum of 2 weeks.

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Contact Us



US: +1 646 240 4545 UK: +44 203 318 4004 AU: +61 2 8014 9393

[content@goeco.org](mailto:content@goeco.org)

[www.goeco.org](http://www.goeco.org)

**WEN-DO**  
WOMEN'S SELF-DEFENCE  
15 hour basic course FREE for women of all ages.  
Instructor: Deb Chard  
Note: usual fee is \$150 per woman

Sponsored by the Human Rights Office,  
Queen's University

JOIN US ON THE  
24th and  
25th

OF  
**JULY**

Visit <http://wendo.ca/> for more info

Snacks will be provided.  
Participants should pack a light lunch. Wear comfortable clothing.  
More details will be provided with registration confirmation.

**SEEU'THERE!**  
Register by emailing  
[bjl7@queensu.ca](mailto:bjl7@queensu.ca)

The poster features a purple background with a repeating pattern of white circles. Text is in white and black. A teal box contains the date '24th and 25th', and another teal box contains the word 'JULY'. A yellow box contains the phrase 'SEEU'THERE!'.

## Student Academic Success Services (SASS)

### IMPORTANT EVENTS AND UPDATES

From Student Academic Success Services(SASS)

### SASS Spring/summer appointments now available!

Schedule a 1:1 session with a professional writing consultant or learning strategist this summer! We can provide support for undergraduate essays and assignments; graduate essays, dissertations and other grad-related writing; English language learner issues (including presentation and academic language skills sessions); and issues with motivation, time management, procrastination, and managing academic stress.

**SPRING/  
SUMMER  
2018**



**The Writing Centre** (May 1 – July 28)

**Learning Strategies** (May through June)

To book a writing consultation or learning strategies advising appointment, access our online booking system <https://queensu.mywconline.com>.

## SKHS UNDERGRADUATE LOUNGE

**SUMMER HOURS:  
MON TO FRI  
8:30 - 4:30**

Taking an online course and staying in Kingston this summer?

Take advantage of a great (air-conditioned) study space and be with other HLTH, PHE and KIN students also working on courses.



Doing something interesting this summer? Whether it's canoeing in Algonquin, being a health peer adviser in Belize, studying at the BISC, biking across the country or planting trees, our students go many directions.

Keep in touch this summer by sending us a photo letting us know what you're up to and we'll post them on the [SKHS Facebook](#) page!

POST  
CARD



Email to [SKHS!](#)

School of Nursing  
Faculty of Health Sciences, Queen's University



## NURSING ELECTIVE – FALL 2018

### NURS 425: Managing for Success

#### Course Description:

This course focuses on three key skills that a successful manager possesses: an understanding of financial management, negotiation and influence. In the three components of the course learners will examine, among other things, basic ideas of finance and accounting and how health care is funded in various jurisdictions; styles of negotiation and bargaining for an agreement; how people are influenced and how to exert influence to achieve personal and organizational goals.

\*Please note that the passing grade for Nursing students is 60%. Students in other faculties are subject to the passing grade requirements of their home unit.

Weight: 3 credit unit course.

Schedule: Thursdays, 08:30 – 11:30

Prerequisite: Completion of 3<sup>rd</sup> year university or by permission of the instructor.

Instructor: David Edgar

For more information, please contact David Edgar ([edgard@queensu.ca](mailto:edgard@queensu.ca))

Please contact Mary Owens ([mo30@queensu.ca](mailto:mo30@queensu.ca)) to be enrolled in the course.

## QUEEN'S CAREER SERVICES

74 Union Street  
Gordon Hall, 3rd Floor  
Queen's University  
Kingston, ON K7L 3N6



## Summer Hours

### We're open!

Career Services will be open May 1<sup>st</sup> to August 31<sup>st</sup> from 8:30 a.m. – noon, and from 1:00 – 4:30 p.m.

From May to August, drop-in advising hours are scheduled for Monday to Thursday from 1:30 – 3:30 p.m.

### Did you just graduate?

Did you know that Career Services is open all summer and can help you for up to one year past graduation?

If you are outside Kingston and want to make an appointment with a career counsellor, we can conduct the appointment by telephone, if desired. For more information about telephone appointments please click [here](#).