

# Kinesiology & Health Studies PhD Map

*Applying to and Navigating Graduate Studies*



GRAD MAP FOR PhD STUDENTS →

## Why GRADUATE STUDIES in KINESIOLOGY & HEALTH STUDIES?

The Kinesiology and Health Studies programs offer you the opportunity to study health, exercise physiology, physical activity, movement, and socio-cultural phenomena of the body. Students may study the mechanics of movement; the body's physiological responses to exercise; physical activity at a population or global level; the promotion of health, wellbeing, and social justice among communities; the psychology of sport and physical activity; the effects of biological factors on individual health; and the effects of socio-cultural factors on individual, community and population health.

*"The SKHS graduate program draws students from diverse disciplines and provides them with a space where they can develop holistically through the personalized mentorship of dedicated, internationally-recognized faculty."*

- Colin Baillie, PhD Candidate

## Why QUEEN'S?

Our students have the opportunity to collaborate with internationally-recognized researchers on exciting, multi-disciplinary research projects in state-of-the-art facilities in our own, standalone building completed in 2009.



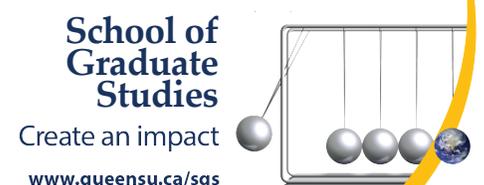
Cross-disciplinary opportunities with other Queen's departments enhance the graduate experience. Collaborations are available with Biomedical and Molecular Sciences, Commerce, Cultural Studies, Faculty of Education, Gender Studies, Global Development Studies, Mechanical and Materials Engineering, Psychology, Public Health Sciences, Geography and Planning, and Sociology. Students may pursue research activities with a number of our community-based partners, including the Boys and Girls Club of Kingston; HIV/AIDS Regional Services; Kingston, Frontenac and Lennox & Addington Public Health; and the Limestone District School Board.



## AVAILABLE Programs

- Biomechanics and Ergonomics
- Exercise Physiology
- Health Promotion
- Physical Activity Epidemiology
- Psychology of Sport and Physical Activity
- Socio-Cultural Studies of Sport, Health and the Body

Visit the [School of Kinesiology & Health Studies website](#) to read [faculty profiles](#) and learn more about faculty members' research areas. When you find a faculty member with similar research interests to your own, contact them to discuss how your background and related experience could form the basis of your doctoral studies.



# Kinesiology & Health Studies PhD Map\*

DOCTOR OF PHILOSOPHY (PhD)



Visit [careers.queensu.ca/gradmaps](https://careers.queensu.ca/gradmaps) for the online version with links!

\* This map is intended to provide suggestions for activities and careers, but everyone's abilities, experiences, and constraints are different. Build your own Grad Map using our online [My Grad Map tool](#).

# Graduate Studies FAQs

## How do I use this map?

Whether you are considering or have embarked on graduate studies at Queen's, use this map to plan for success in five overlapping areas of your career and academic life. The map helps you explore possibilities, set goals and track your individual accomplishments. Everyone's journey is different – the guide offers options for finding your way at Queen's and setting the foundation for your future. To make your own customized map, use the online [My Grad Map](#) tool.

## Where can I get help?

Queen's provides you with a broad range of support services from your first point of contact with the university through to graduation. Ranging from help with academics and careers, to physical, emotional, or spiritual resources – our welcoming environment offers the programs and services you need to be successful, both academically and personally. Check out the [SGS HABITAT](#) for available resources.

## What is the community like?

At Queen's, graduate students from all disciplines learn and discover in a close-knit intellectual community. You will find friends, peers and support among the graduate students enrolled in Queen's more than 130 graduate programs within 50+ departments & research centres. With the world's best scholars, prize-winning professional development opportunities, excellent funding packages and life in the affordable, historic waterfront city of Kingston, Queen's offers a wonderful environment for graduate studies. Queen's is an integral part of the Kingston community, with the campus nestled in the core of the city, only a 10-minute walk to downtown with its shopping, dining and waterfront. For more about Kingston's history and culture, see Queen's University's [Discover Kingston](#) page.

# Application FAQs

## What do I need to know to **APPLY**?

### ACADEMIC REQUIREMENTS

- Master's degree
- **Grade requirements:** B+ average in each of the last 2 years of study.

### ADDITIONAL REQUIREMENTS

- Prospective students who do not have English as a first language must meet the [English language proficiency requirements](#) in writing, speaking, reading, and listening.

### KEY DATES & DEADLINES

- **Application due:** March 1st to qualify for internal funding. Applications will be considered until the program is full.
- **Notification of acceptance:** Successful candidate will be notified by letter of offer via email followed by confirmation from the School of Graduate Studies.
- **OGS Application due:** March 1st. All eligible students are required to apply for OGS (Ontario Graduate Scholarship) funding. Details are available on the SKHS website.

Before you start your application, please review the [SKHS Graduate studies application process](#).

## What about **FUNDING**?

Doctoral studies in the School of Kinesiology and Health Studies are guaranteed a minimum combined annual funding package of \$18,000 for each of their first four years of full-time study. Funding packages may include an external funding award i.e. TriCouncil (CIHR/NSERC/SSHRC); an OGS (Ontario Graduate Scholarship); other internal fellowship award, SKHS scholarship, teaching assistantship(s), teaching fellowship(s), and research assistantship(s).

Queen's will automatically issue a one time \$10,000 award to Doctoral students who have won federal government tri-council awards. Visit Scholarships, Awards, and Funding on the SKHS website for more funding award details.



SCHOOL OF  
KINESIOLOGY AND  
HEALTH STUDIES

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