



Message from Jean Côté, Director

February 2017.

I hope that you are enjoying the winter sun as much as we are this week after a very grey January.

I have two important updates from the administrative team:

Firstly, after further consultation in the fall, the Dean of Arts and Science presented a motion to Faculty Board on January 27, 2017 to close the BPHE program. The motion was approved by Faculty Board and will now be brought to Senate for final

approval. Here is a link to the Queen's Gazette article about this latest decision:

<http://www.queensu.ca/gazette/stories/faculty-board-approves-closure-physical-and-health-education-program>

Secondly, we continue the hiring process for three new faculty positions in the School in the areas of: biomechanics/motor control; Indigenous/global health; and health equity and active aging. These positions will address critical gaps in our faculty complement and will strengthen our undergraduate offerings. I will introduce the successful candidates in the next alumni e-newsletter.

You'll find more updates below of goings-on in the School since our last newsletter.

As a reminder, please help spread the word to your peers that they need to submit updated email addresses to Queen's Advancement (records@queensu.ca) to receive these messages.

Yours sincerely,

Jean Côté, Ph.D.
Director, SKHS

All-Star Breakfast, November 2016



Congratulations to all of the HLTH, PHE & KIN academic all-stars! Students in SKHS were over-represented among the all-star group from all Faculties at Queen's (38/395), continuing a proud tradition of both athletic and academic excellence in the School.

The next generation



This has been a very productive year for SKHS faculty and staff! We are delighted to announce the following births:

George Watering (June 2016) - **Rob Watering**, Lab and Educational Coordinator

Oliver Latimer-Cheung (December 2016) - **Amy Latimer-Cheung**, Associate Professor and Canada Research Chair in physical activity promotion and disability

Benjamin Dowker (December 2016) - **Tim Dowker**, IT and Building Operations Manager

Arabelle Tomasone-Hall (January 2017) - **Jennifer Tomasone** (PHE '07), Assistant Professor

Faculty in the News

Mary Louise Adams. [City of Kingston staff recommends 'course' of action for Belle Park](#), Kingston Whig Standard, December 18, 2016.

Jean Côté. [It's just a game, but sports can have an impact](#), Queen's Gazette, November 18, 2016; and [Queen's professor research hits the hardwood](#), The Journal, November 25, 2016.

Brendon Gurd. [Is your workout not working? Maybe you're a non-responder](#), The New York Times, January 3, 2017; [If you're not seeing results, you might be doing the wrong workout](#), Huffington Post, January 5, 2017; [Non-responders](#), CBC Here

and Now, January 6, 2017; [Why Exercise Doesn't Always Lead to Weight Loss](#), Healthy Magazine, January 17, 2017; [If your workout isn't working, switch to another](#), Sarasota Herald-Tribune, January 17, 2017; [Why your gym workout plan yields no results, plus how to fix it: the science behind an exercise 'nonresponder'](#), Medical Daily, January 17, 2017; [Study: Here's How to Tell if Your Workouts are Working](#), Kingston Herald, January 19, 2017; and [Why your exercise routine might not be working - and the at-home test you can try to find out](#), the Telegraph, January 23, 2017.

Amy Latimer-Cheung. [Continuing research excellence](#), Queen's Gazette, December 2, 2016.

Elaine Power. [High-income men now outliving low-income women in Canada, study finds](#), The Globe and Mail, November 14, 2016; [It's time that food security be on the table](#), The Hill Times, December 15, 2016; and [Basic Income Guarantee public consultations](#), CBC Radio, January 9, 2017.

Bob Ross. [Why 'fitness is something we should be measuring' at the doctor's office](#), CBC News, November 28, 2016; and [An exercise in good health](#), Queen's Gazette, November 30, 2016.

Alumni in the News

Julie-Ann Staehli (HLTH '16, MSc Candidate). [Sumner wins Gold, Staehli becomes first Queen's Five-Time All-Canadian at U Sports Cross Country](#), www.gogaelsgo.com, November 12, 2016.

Celina Shirazipour (PhD '16). [A new study looks at the benefit of the Invictus Games on veterans](#), Global News, November 22, 2016

Kate Humphrys (PHE '01). [Up to the challenge for exam time](#), Queen's Gazette, December 2, 2016.

Jacob Bonafiglia (KIN '15). [What to do when your workout isn't working](#), Men's Journal, January 2017.

Kevin Bailie (HLTH '16, Law '18). [Abraham, Bailie and Ming named to Team Canada for FISU Winter Universiade](#), www.gogaelsgo.com, January 6, 2017; [Bailie receives Murray Douglas Scholarship](#), January 8, 2017; and [Pearson and Bailie named Gabriel Pizza Varsity Team Athletes of the Week](#),

PHEKSA promotional video: "Build Your Own Experience"



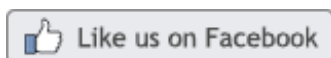
Check out the recent promotional video produced by PHEKSA about special opportunities in SKHS!

27th Annual Winter Adapted Games (January 2017)



Sarah Kelly (PHE '17), the Winter Adapted Games Co-Chair reports, "It's just such a fun day for everyone involved. They love every minute of it. They love getting the one on one attention from each of the Queen's students. Being in a group of individuals all around the same age as them is really important to them." See media report at: <http://www.ckwstv.com/2017/01/28/27th-annual-winter-adapted-games/>

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