

<p>Course Name: HLTH 205/3.0</p> <p>Introduction to Health Promotion</p>	<p>Course Instructor: Dr. Jeffrey Masuda</p>	<p>Contact Hours: Fall 2020 – Remote Delivery</p>							
		<p>Prerequisite: HLTH 101/3.0 and Level 2 or above in a HLTH plan.</p>							
		<p>Exclusion:</p>							
<p>Course Description:</p> <p>This course introduces you to the practice of health promotion. The goals of this course are to give you a broad introduction to health promotion, and a general understanding of what health promoters do. It is a survey course in the sense that we will briefly touch upon a number of topics, each of which could be covered in an entire course on its own. The course will prepare you to learn about particular health promotion topics in more depth in courses such as HLTH 315 (Theory and Practice of Health Behaviour Change) and HLTH 415 (Program Design and Evaluation).</p> <p>This is <i>normally</i> a combined lecture and active-learning course designed for students who are majoring in health studies. In fall of 2020, we are moving to an online, asynchronous mode of learning, meaning that there will be no lectures. Rather, the course will involve self-directed study and group discussion, with course assessments emphasizing the quantity and quality of individual participation and student's ability to articulate learning through academic writing. Health studies is a field that is strongly informed by the social sciences, which means students should have some background, and be prepared to engage, in issues relating to society, culture, and political economy.</p>		<p>Course Texts:</p> <p>Gillett, James, Andrews, Gavin J., & Savelli, M. (2016). <i>Health & Society: Critical Perspectives</i>. Don Mills, Oxford.</p> <p>This book is REQUIRED reading for the course. Weekly discussions will be based on and expand upon the content of each chapter and you will be expected to draw from the book in completing other course assignments.</p> <p>Additional Readings, videos, and other materials will be posted in Piazza. Students will be expected to review all assigned material each week.</p>							
<p>Intended Student Learning Outcomes:</p> <p>The objectives for the course are that, at the end of the term, you will be able to</p> <ul style="list-style-type: none"> Describe the interdisciplinary field of health studies and its relationship to the social determinants of health and health equity; 	<p>Course Evaluation:</p> <table border="0"> <tr> <td>Participation</td> <td>60%</td> </tr> <tr> <td>Biography</td> <td>10%</td> </tr> <tr> <td>Health Equity on-Line Course</td> <td>10%</td> </tr> <tr> <td>Term Assignment</td> <td>20%</td> </tr> </table>	Participation	60%	Biography	10%	Health Equity on-Line Course	10%	Term Assignment	20%
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- Apply principles of planning and evaluation in the pursuit of health equity;
- Explain how race, culture, gender, Indigeneity, and other socially constructed categories influence how we understand health, as well as how the investigation of health reveals insights into the differentiation of society;
- To improve your proficiency in written and oral communication.

Additional, overarching objectives for the course are to introduce you to the opportunities and resources available to you in the SKHS, and to develop a sense of community amongst incoming Health Studies students.

Course Outline

Introduction: What is Health Studies?	Globalization and Health
Disciplinarity in Health Studies	The Medicalization of Health
Health as a Social Construction	The Social Determinants of Health
Health and Culture	Technology
Health, Identity, and Social Position	Term Assignment Review
The Politics of Health	