Course Name: HLTH 235/3.0
Food Systems

NOT Offered 2020-2021

Course Instructor:

Contact Hours:
Lectures: 2 x 1.5 hrs/wk

Prerequisite:
HLTH 101/3.0, or SOCY 122/6.0 or GNDS 120/3.0 or GPHY 101/3.0
HLTH, KINE or PHED Plans (Level 2 or above)

Exclusion:

Course Description:
Food is a lens with which to explore and understand the world. In this course, we will examine the dominant industrialized food system and its impacts on the human and non-human animals who are part of it, as well as the environment. We will also consider alternatives to the dominant food system. We will be looking for the ways in which food production, distribution and consumption are socially patterned to find who has power and control, and the risks and benefits that accrue to different actors in the food system. We will examine the symbolic and material aspects of food; the ways in which experiences of food are both individual and social; and how food systems reflect and produce social inequalities.

Course Texts (Required):


Plus additional readings available online.

Top Hat
This course will use Top Hat to increase your engagement in class material and to give your professor feedback about your knowledge.

Intended Student Learning Outcomes:
- Describe the main features of the dominant industrial food system; Indigenous understandings of their traditional food system; and alternative food systems;
- Describe how food systems produce social patterning through food production, distribution and consumption;
- Identify and describe contemporary debates related to food systems;
- Identify and describe the effects of food systems on human and non-human animals and the

Course Evaluation:

Class 1 writing assignment 2%
Participation 6%
OnQ Biweekly mini-quizzes 12%

Essay
- References 5%
- Annotated Bibliography 10%
- Essay Outline 15%
- Final Essay 20%

Final Exam 30%
environment;
- Apply sociological concepts, including intersectionality; structure & agency; social inequality; globalization; and colonialism to understand food systems and how they change;
- Apply university-level critical thinking and writing skills to analyses of food systems.

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<th>Course Outline</th>
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<td>Introduction to the course and to food consumption</td>
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<tr>
<td>Food production</td>
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<td>Workers in the food system</td>
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<td>Globalization and trade</td>
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<td>Another way of growing food is possible</td>
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<td>Food and the environment</td>
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