

<p>Course Name: KNPE 237/3.0</p> <p>Child and Adolescent Motor Development</p>	<p>Course Instructor: Dr. Gerome Manson</p>	<p>Contact Hours: Fall 2020 – Remote Delivery</p> <hr/> <p>Prerequisites: Level 2 or above in a KINE or PHED plan.</p> <hr/> <p>Exclusion:</p>										
<p>Course Description:</p> <p>This course is designed to provide students with a foundation of knowledge that will help them understand the development of motor skills throughout the lifespan. This course is an exploration of the physiological, psychosocial, and pedagogical aspects of motor development.</p>		<p>Course Texts:</p> <p>Textbook &/or Courseware Package Haywood, K. M. & Getchell, N. (2020). Life span motor development (7th ed.). Champaign, IL: Human Kinetics.</p> <p>Course Notes Lecture notes and video content will be available through onQ (onq.queensu.ca).</p> <p>Readings Independent reading of the course text is expected. A student copy is available in Stauffer library. Additional required readings are posted on onQ.</p>										
<p>Student Learning Outcomes:</p> <ul style="list-style-type: none"> • Critically evaluate knowledge related to motor development. • Demonstrate an understanding of the physiological, psychosocial, and sociocultural aspects of motor development. • Analyze and understand a range of approaches and techniques for the evaluation of motor development. • Display an ability to read, synthesize, and translate research findings. • Evaluate experimental approaches to motor behaviour assessment 		<p>Course Evaluation:</p> <table style="width: 100%; border: none;"> <tr> <td>Participation</td> <td style="text-align: right;">5%</td> </tr> <tr> <td>Independent reading assignments (IRAs)</td> <td style="text-align: right;">15%</td> </tr> <tr> <td>Online Quizzes</td> <td style="text-align: right;">15%</td> </tr> <tr> <td>Midterm</td> <td style="text-align: right;">25%</td> </tr> <tr> <td>Final Examination</td> <td style="text-align: right;">40%</td> </tr> </table>	Participation	5%	Independent reading assignments (IRAs)	15%	Online Quizzes	15%	Midterm	25%	Final Examination	40%
Participation	5%											
Independent reading assignments (IRAs)	15%											
Online Quizzes	15%											
Midterm	25%											
Final Examination	40%											
<p>Course Outline</p>												

Course introduction	Development of Strength and Endurance
Fundamental concepts	Weight Status, Fitness, and Motor Competence
Theories in motor development	Perceptual-motor development
Principles of motion and stability	Socio-cultural constraints
Early Motor Development	Psychosocial constraints
Locomotion skills	Motor Learning and Interacting constraints
Ballistic skills	Guest lecture (DPA in schools)
Manipulative Skills	Physical literacy
Physical Growth and Aging	Assessment during development
Development and Aging Body systems	Positive Youth Development through sport