



Queen's University
School of Kinesiology and Health Studies

<p>Course Name: KNPE 336/3.0 Community Field Placement in Disability and Physical Activity</p>	<p>DIPA Director: Dr. Jennifer Tomasone</p> <p>Revved Up Coordinator: Stephanie Corras</p>	<p>Contact Hours:</p> <p>Fall 2020 – Remote Delivery</p> <p>Due to a remote offering of KNPE336, weekly synchronous seminars will be scheduled on Wednesday between 8:30-10:00 am EST. You are required to attend these synchronous seminars for participation marks. Sessions will be recorded and available for your review on OnQ.</p> <p>You will also be required to complete 84 hours of online placement working with persons living with disabilities (PWD) over the semester.</p>
		<p>Prerequisite:</p> <p>Level 3 or above and (HLTH 200/3.0 or KNPE 255/3.0) Registration in the Certificate in Disability and Physical Activity (DIPA).</p> <p>Students must hold valid First Aid/CPR certification and CPIC.</p> <p>Course costs estimated cost \$25</p> <p>Corequisite/Prerequisite: HLTH 332/3.0</p>
<p>Course Description:</p> <p>This course has been designed for undergraduate students who want to explore community-based exercise programming for persons with disabilities and older adults. Through a combination of theoretical and experiential learning opportunities, this course offers an introduction to working with a variety of special populations in a community-based setting and online platform. Online modules and quizzes, online training sessions, and weekly seminars will help students learn principles of adapted exercise program design and develop skills for planning and implementing exercise and recreational opportunities for persons</p>	<p>Exclusion(s):</p> <p>Course Text:</p> <p>Required readings available on Queen's Library e-reserve system. There is a direct link to the e-reserve on onQ.</p> <p>Students are required to purchase a CSEP-PATH manual. The CSEP-CATH can be purchased online:</p> <p>https://store.csep.ca/collections/csep-path/products/copy-of-csep-path%C2%AE-manual-second-edition-digital-copy.</p>	

living with disability.															
<p>Learning Outcomes:</p> <p>By the end of this course, successful students will be able to:</p> <ul style="list-style-type: none"> • Demonstrate appropriate behaviour and communications skills when interacting with persons living with a disability in an online exercise program and telephone-based goal setting program. • Apply knowledge of disability groups and knowledge of exercise programming when promoting exercise and recreational opportunities for persons living with a disability. • Develop skills to conduct online exercise program reassessments for persons living with a disability (e.g., clinical exercise prescription). 	<p>Course Evaluation:</p> <table> <tr> <td>Internship Hours (84 hours total)</td> <td>40%</td> </tr> <tr> <td>Reassessment Practical Test</td> <td>15%</td> </tr> <tr> <td>5 online quizzes</td> <td>10%</td> </tr> <tr> <td>Weekly Reflections</td> <td>10%</td> </tr> <tr> <td>Seminar/case study participation</td> <td>5%</td> </tr> <tr> <td>Peer Video Review of Revved Up @ Home</td> <td>10%</td> </tr> <tr> <td>Final reflection paper</td> <td>10%</td> </tr> </table>	Internship Hours (84 hours total)	40%	Reassessment Practical Test	15%	5 online quizzes	10%	Weekly Reflections	10%	Seminar/case study participation	5%	Peer Video Review of Revved Up @ Home	10%	Final reflection paper	10%
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Course Outline – Seminar Schedule															
Training day	Intake assessments														
Basic strength and conditioning principles: Exercise prescription and progression	Reassessments														
Program design and structure, contraindications for exercise	Case studies (group problem solving)														
Exercise programming for persons with disabilities/chronic diseases	Group presentations														
Exercise readiness															