

<p>Course Name: KNPE 363/3.0</p> <p>Team Dynamics in Sport: Theory and Practice</p>	<p>Course Instructor:</p> <p>Dr. Luc Martin</p>	<p>Contact Hours: Winter 2021 – Remote Delivery</p>										
		<p>Prerequisite: KNPE 265/3.0</p> <p>Level 3 or above in a KINE or PHED Plan.</p>										
		<p>Exclusion:</p>										
<p>Course Description:</p> <p>The purpose of this course is to have undergraduate students recognize the inevitability of group dynamics in sport. It will involve the integration of theory, research, and practice as they pertain to team dynamics. Students will be exposed to topics involving a team's structure (e.g., roles), its processes (e.g., communication), and emergent states (e.g., cohesion), and will be encouraged to critically analyze the body of research and discuss relevant practical implications.</p>		<p>Course Texts:</p> <p>There is no assigned textbook for this course. Lecture material will be supplemented with relevant peer-reviewed articles. Assigned reading material will be available on onQ (onq.queensu.ca).</p>										
<p>Course Objectives:</p> <ol style="list-style-type: none"> 1. To become aware of the salience of groups in sport contexts and recognize their significance in enabling productive and satisfying sport experiences. 2. To develop an understanding of seminal and contemporary research related to team dynamics. 3. To understand, synthesize, and critically evaluate research pertaining to team dynamics in sport. 4. To discuss how team-related constructs are used to enhance sport experiences and performance. 5. To be able to identify the theory and research that supports practical use of team strategies in the 'real world.' 		<p>Course Evaluation:</p> <table> <tr> <td>My Life With Groups (X2)</td> <td>10%</td> </tr> <tr> <td>SIRC Blog Post – Research to Practice</td> <td>20%</td> </tr> <tr> <td>Research Paper – Synthesis of the Literature</td> <td>20%</td> </tr> <tr> <td>Midterm</td> <td>20%</td> </tr> <tr> <td>Final Exam</td> <td>30%</td> </tr> </table>	My Life With Groups (X2)	10%	SIRC Blog Post – Research to Practice	20%	Research Paper – Synthesis of the Literature	20%	Midterm	20%	Final Exam	30%
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Course Outline												
Why we should care about team dynamics/course 'road map'	Cohesion											
Team development and importance of context	Social identity											
Athlete leadership	Team resilience											
Roles and norms	Team building interventions											
Subgroups/cliques	<i>Applied implications (the... so what?)</i>											
Communication	<i>Every team has structure</i>											
Cooperation and competition	<i>Interaction is key – the process</i>											
<i>Environmental bricolage – creating effective teams</i>	<i>Products of the rest – emergent states</i>											