

School of Kinesiology and Health Studies
The W. K. Rowe Revved Up Legacy Award

Award History:

The W. K. Rowe Revved Up Legacy Award is named in the honour of William Kirby Rowe. Kirby was among one of the first members to join Revved Up in 2007. He was a staunch supporter of the program ever since. While participating in Revved Up, Kirby aimed to not only improve his fitness but also offer informal mentorship to the Queen's University student-volunteers assisting with the program. Students who had the opportunity to work with Kirby were privileged to gain a deep understanding of the fullness and challenges of living life with a disability. In addition to the mentorship he offered students, Kirby also provided the Revved Up executive board guidance for optimizing program operations and sustainability. When imparting this knowledge to students and board members, Kirby drew upon his more than 40 years of professional experience advocating for Canadians with a disability in executive and leadership roles.

Description:

Awarded to one student in Kinesiology or Health Studies who best demonstrates exemplary commitment to the Kingston Revved Up Exercise program.

Eligibility:

Any Queen's student registered in a Kinesiology or Health Studies degree plan (Major, Medial or Minor) with 3rd or 4th year standing.

Minimum Criteria:

1. Has volunteered over 100 hours assisting Revved Up members. The applicant must be volunteering at least one hour per week for at least one semester during the academic year in which the nomination occurs.
2. Demonstrated strong leadership skills in activities associated with Kingston Revved Up
3. Has been influenced significantly by their Revved Up experience

Deadline March 4th - 4:30 pm

Please submit the following materials electronically to skhs.ugassist@queensu.ca

1. Application form
2. A recent headshot photograph including full name and student number

W.K. Rowe Revved Up Legacy Award Application Form

NAME OF APPLICANT: _____ Yr in Program: _____

Revved Up Mini-Stream OR DIPA Certificate Participant?

No Completed KNPE 336 Completed both KNPE 336 and KNPE436

TO BE COMPLETED BY APPLICANT

Please list Revved Up volunteer activities (activities within DIPA Certificate can be included).

Please list the names of up to three Revved Up members with whom you have worked. Members will be consulted in the application review process.

Please describe how you have contributed to Revved Up. What set your contribution apart from others?

Reflecting upon your experience with Revved Up, what have you gained from your involvement?

Other relevant comments (e.g., please provide any relevant context for assessing the candidate's level of volunteer contributions based on other time commitments):.

VERIFIERS: Please provide the names of two Revved Up staff (supervisors, trainers, co-ordinator) who you feel can verify your contributions.

1. Name: _____

2. Name: _____

Signature of Applicant: _____