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| <p>Course Name:</p> <p>HLTH 493/3.0</p> <p>Advanced Topics in Health Studies I Indigenous Resilience Not offered on a regular basis. Included in the Physical, Epidemiology, and Health Promotion category of the KINE plan requirements.</p> | <p>Course Instructor:</p> <p>Ms Brittany McBeath</p> | <p>Contact Hours:</p> <p>Sessions: 1 x 3.0 hrs / 12 weeks</p> <hr/> <p>Prerequisite:</p> <ul style="list-style-type: none"> • Restricted to students in HLTH Major or Medial Plans or KIN Plan, level 4 • Prerequisites will vary depending on area of study. <hr/> <p>Exclusion:</p> <p>None</p> | | | | | | | | |
| <p>Course Description:</p> <p>This seminar course will introduce students to Indigenous resilience and vitality by examining the socio-political history and current context of colonization on Turtle Island. Students will explore topics that focus on the emerging field of Indigenous Health Promotion including Indigenous conceptualizations of health, determinants of health, approaches to health care, medicine and cultural safety for health workers and practitioners. Students will engage with research, in both conventional and non-conventional forms, that is conducted by Indigenous peoples and that centers Indigenous voices. Readings for this course will exclusively highlight key research done by Indigenous scholars and grey literature published by Indigenous-led organizations This seminar will encourage transformative thinking by going beyond dominant Western bio-medical discourse through reflection, discussion, and experiential learning. By the end of this course students will be able to identify forms of Indigenous resilience and vitality so they can work alongside Indigenous movements of resistance and resurgence to promote the self-determination of Indigenous peoples' health.</p> | | <p>Course Texts:</p> <p>All required readings will be available to download through OnQ.</p> | | | | | | | | |
| <p>Learning Outcomes:</p> <ul style="list-style-type: none"> • Students will be able to accurately identify and reconstruct the components of past and current colonization as they have transformed the lives and health of Indigenous people, families and communities. | | <p>Course Evaluation:</p> <table> <tr> <td>Participation & Engagement</td> <td>20%</td> </tr> <tr> <td>Seminar Co-Facilitation & Discussion</td> <td></td> </tr> <tr> <td>Moderation</td> <td>20%</td> </tr> <tr> <td>Weekly Reflection Journal</td> <td>10%</td> </tr> </table> | Participation & Engagement | 20% | Seminar Co-Facilitation & Discussion | | Moderation | 20% | Weekly Reflection Journal | 10% |
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| <ul style="list-style-type: none"> • Students will be able to think critically and engage in reflexivity while analyzing literature, research and stories centering Indigenous voices on topics of Indigenous health & wellbeing, resilience & resistance efforts, epistemology & methodologies and cultural safety. • Students will learn how to respectfully engage with Indigenous peoples, communities and cultures through discussion-based and experiential learning opportunities. • Students will develop and practice leadership skills through classroom discussion, co-facilitation and community service. • Students will develop and practice analytical skills and academic writing skills through various written assignments. | Literature Review 20% Collective Study Unit Strategic Plan for Design and Evaluation 15% Final Report on Results and Outcomes 15% |
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Course Outline

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| Introductions and class discussion about syllabus, assignments, field trips. | Indigenous Language and Cultural Revitalization |
| Introduction to Canada’s Colonial History: What does resilience mean to Indigenous communities? | Indigenous Self-Determination and Sovereignty Grassroots Indigenous Community Mobilization |
| Exploring Indigenous Epistemology through Creation Stories | Indigenous-led Health Promotion |
| Relationality and Reciprocity Toward the Natural World | Indigenous Activism and Resistance Efforts |
| Indigenous Food Sovereignty and Traditional Ecological Knowledge | Promoting Indigenous Cultural Safety as a Health Practitioner |
| Indigenous Planning, Leadership and Governance | |