### Queen's University School of Kinesiology and Health Studies



# Course Name: KNPE 430/4.5

# Student Experience Coordinator:

Ms. Michelle Shorey

### Course Coordinator:

Nicole Beamish

#### Athletic Therapy Internship

## Athletics & Recreation Liaison

Coordinator, Athletic Therapy Services Mr. Ryan Bennett

#### **Contact Hours:**

No formal contact sessions.

#### **Prerequisite:**

KNPE 330/4.5 and a GPA of 2.70
Permission of the Course Coordinator and the Department Manager and UG Chair.
Level 4 in a KINE plan.
Valid First Aid/CPR and CPIC required.

#### **Course Description:**

Students will work under the supervision of a certified athletic therapist and provide practice and game coverage for their designated team. This will include pre-event preparation (taping, etc.), on-field first aid and assessment, and postevent care of injuries. Some travel to away events should be expected. Students are also required to prepare an Emergency Action Plan for their respected sport, and submit an article critique.

#### **Required Readings:**

Student Trainer Manual

KNPE 430/4.5 is designed to expand on the student's field experiences from KNPE 330/4.5 to include the clinical care of injuries. While continuing to provide field coverage, under the supervision of a certified athletic therapist, students will also gain experience in the clinical assessment of injuries, use of therapeutic modalities, rehabilitative exercise prescription, and safe return to sport guidelines. Students will gain experience in the daily routine associated with running a therapy clinic. In addition, students *may* be expected to act as teaching assistants for the lab portion of KNPE 331/3.0. Students will be required to prepare an Emergency Action Plan for their assigned team, and undertake a comprehensive Literature Review on a relevant topic.

#### **Course Evaluation:**

Performance Evaluation 40% Includes quality of work, professionalism Organization, responsibility, engagement and presentation. Includes therapist and coach feedback.

Practical Skills Evaluation 15% Includes evaluation of 3 skills (clinical skills)

Literature Review 20%
Oral Presentation 10%
Poster for Oral Presentation 10%
Modality Review 5%

### **Learning Outcomes:**

- Model leadership and professional skills including initiative, responsibility, teamwork and decision making in an advanced practicum experience in athletic therapy.
- Perform emergency care, field assessments, first aid, taping, and stretching with varsity athletes.

- Practice clinical assessments of injuries, use of therapeutic modalities, rehabilitative exercise prescription, and safe return to sport guidelines.
- Recognize activities involved in the operation of an athletic therapy clinic.

  Practice effective communication skills (written, oral
- and/or visual)