Queen's University School of Kinesiology and Health Studies



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Course Name: HLTH 437/3.0 Seminar on Harm Reduction	Course Instructor: Dr. Stevenson Fergus	Contact Hours: 1 x 3 hrs/wk / 12 weeks Prerequisite: HLTH 237/3.0 and Level 4 in a HLTH (Major or
		Joint Honours), or KIN Plan.
		Exclusion: No more than 3.0 units from HLTH 437/3.0; HLTH 493/3.0 topic ID Harm Reductions
Course Description:		Course Texts:
In this course we will study the history and philosophy of		Perusall (https://app.perusall.com/home) will be

In this course we will study the history and philosophy of harm reduction and learn about various approaches to harm reduction that have been implemented in Canada and around the world. Harm reduction has been defined by the International Harm Reduction Association (2010) as "policies, programs, and practices that aim primarily to reduce the adverse health, social and economic consequences of the use of legal and illegal psychoactive drugs without necessarily reducing drug consumption" (In Pates & Riley, 2012). Harm reduction has also been applied to other behaviours such as gambling and sexual behaviours.

This course will follow a seminar format in which student preparation, presentation, participation, and discussion are key requirements for learning. The class activities and assignments are intended to foster critical thinking.

Perusall (https://app.perusall.com/home) will be used to collaboratively annotate the readings. As students read they will be able to make comments, pose questions, and reply to other students in real time.

Learning Outcomes:

- Explain the philosophy of harm reduction,
- · Describe the history of harm reduction,
- Critique interventions using harm reduction principles,
- Demonstrate improved research, writing, and critical thinking skills

Course Evaluation:

Perusall participation	15%
Class attendance	5%
Encyclopedia entry	10%
Research study presentation	15%
Literature review	20%
Final essay prospectus	5%
Final essay	30%

Course Outline		
Course introduction and overview	Community advocacy and harm reduction	
An Introduction to harm reduction	Opposition to harm reduction	
The opioid overdose crisis	Managed alcohol programs; Harm reduction and e- cigarettes	
Supervised consumption services	Harm reduction and gambling	
Heroin assisted treatment and naloxone distribution	Other issues in and approaches to harm reduction	
Harm reduction in prisons and drug decriminalization		