# Queen's University School of Kinesiology and Health Studies



Course Name: HLTH 300/3.0

Community-Based Practicum

#### **Course Instructor:**

Michelle Shorey

#### **Contact Hours:**

Seminars: 1.5 hours per week / 12 weeks

Practical: 7 hours per week (84 practicum hours)

## **Prerequisite:**

Level 3 or above in a HLTH (Major or Joint Honours) Plan.

Minimum cumulative GPA of 1.90

Requires Permission of the SKHS Student Experience Coordinator and SKHS Undergraduate Chair.

### **Exclusion:**

KNPE 300/3.0, KNPE 330/3.0, KNPE 346/4.5

## **Course Description:**

HLTH 300 provides students with a community-based practical placement opportunity related to their field of study, including but not limited to: fitness facilities, community health centres and allied healthcare clinics (e.g., physiotherapy, occupational therapy, chiropractic, athletic therapy, etc.). Through preplacement workshops, course seminars and their community-based placement, students will gain and utilize a wealth of professional development skills and experience. Please note that it is the responsibility of the student to seek, apply and arrange placements with assistance from the Student Experience Coordinator. All placements must be approved by the Student Experience Coordinator and Undergraduate Chair. Each placement will provide a unique opportunity for students to apply knowledge gained in theory-based courses and develop a range of workplace skills.

Note: Prior to undertaking the placement, workshops on professional development (i.e., resume preparation, interview skills and professional communication) are required, coordinated by Student Experience Coordinator and Career services.

### **Course Texts:**

N/A

Course notes and other information for this course will be posted on onQ. https://onq.queensu.ca/

## **Learning Outcomes:**

Using pre-placement workshops, course seminars and community-based internships as the key learning methods, students will:

- Apply professional development resources to prepare and utilize a professional cover letter and resume, as well as, employ effective interview and networking skills to secure a placement opportunity.
- Practice professional skills such as: leadership, adaptability, written & oral communication, inquiry and analysis, self-management, time management, collaboration and critical thinking through seminar and placement experience.
- Employ knowledge gained through theory-based courses in an intensive practicum experience (relevant to the field of study), to then critically reflect on connections and/or gaps between course content, scientific literature and observations of professional practice.
- Describe current advances, practices, organizational culture and professional etiquette used in field-related workplaces (e.g., local business, public sector, health care, and community-based settings).
- Evaluate and critique personal performance throughout practicum experience based on individualized placement learning objectives.
- Identify career options in the field of study, through seminar discussions around students' practicum experiences.

#### **Course Evaluation:**

Student Learning Plan	5%
Community Partner Profile Report	5%
3-2-1 Presentation	5%
Mid-term Supervisor evaluation	
(if applicable)	10%
Final Student Presentation	15%
Final Supervisor evaluation	25%
Instructor Evaluation	5%
Reflection Journal	10%
Reflection Paper	20%